

ADDICTIONS - OUTPATIENT TREATMENT

Cascadia-Addictions Treatment Services

503-238-0769

Alcohol and drug treatment, integrated treatment-mental health and gambling treatment. Accepts all OHP contracts with Care Oregon, Family Care, open card, insurance or sliding fee. Call for locations Mon-Thur 9am-5pm and Friday 9am-4pm.

www.cascadiabhc.org

Central City Concerns Recovery Center

503-944-4410 726 W Burnside Portland OR 97205

Services include alcohol, and drug counseling. Go through medical provider for acupuncture treatment and naturopathic health treatments. Accepts some OHP. Call for specifics

Change Point

503-253-5954 1949 SE 122nd Ave. Port 97233

Outpatient substance abuse treatment, domestic violence intervention for adult males, gender specific groups, intensive outpatient. Fee varies, some sliding scale fees.

Website: www.changepointinc.com

Hours: Mon-Thurs. 9:00am-7:30pm and Fri. 9am-6pm

CoDA/Alpha Family Treatment

503-761-6006 1427 SE 182nd Ave. Portland, OR 97233

AFTC provides residential and outpatient drug and alcohol treatment for up to 50 adults offering both short and long term intensive treatment. Treatment areas include drug and alcohol education, relapse prevention, craving management, emotional management, cognitive restructuring, parenting education, family counseling, cultural sensitivity, HIV/AIDS education, prevention, living skills, criminality, and introduction to 12-Step support programs.

www.codependents.org

Hooper Memorial Detoxification Center

503-238-2067 20 NE MLK Jr. Blvd. Portland, OR 97232

Medical detoxification center. Acupuncture treatment for withdrawal and sobering services. Sliding fee scale, no one will be turned away for inability to pay. Must be there at 7:45 a.m. to check in.

www.centralcityconcern.org

LifeWorks NW

(503) 645-3581 Mailing: 14600 NW Cornell Road Portland 97229

Monday - Thursday 8 a.m. – 7 p.m., Friday 8 a.m. - 5 p.m.

Community-based agency offering outpatient services such as therapy, mental health assessment, medication management, skills training and consultation, drug and alcohol treatment. Youth addictions provides drug and alcohol treatment services for youth 12—21 years old and their families. \$115.00 per appointment will bill OHP, other insurance.

www.lifeworksnw.org

NARA Native American Rehabilitation Youth Programs & Administration

503-224-1044 1776 SW Madison Portland, OR 97205

Groups/individual sessions for people with alcohol and/or drug dependencies & dual diagnosis. Parenting health & fitness classes. Accepts OHP, ODS, Care Oregon, and Native American's open card.

www.naranorthwest.org

ADDICTIONS- OUTPATIENT TREATMENT (CONT.)

NARA Outpatient Chemical Dependency

(503) 231-2641 1631 SW Columbia, Portland 97201

Monday - Friday 8 a.m. – 5 p.m. - Business/ 5 – 8 p.m. - Groups

Groups and individual sessions for people with alcohol and/or drug dependencies.

Accepts OHP, and Native American's open card.

www.naranorthwest.org

OHSU Behavior Health

503-494-4745 **621 SW Alder St. #520 Portland, OR 97205**

Outpatient mental health services offers: drug, alcohol and gambling addictions and women's groups. One-on-one mental health counseling at cost, accepting OHP Plus & private ins. Call for appointment.

www.ohsu.edu

Hours: Mon-Fri 8:30am-5:00pm

Oregon Gambling Help Line

1-800-522-4700 24-hour hotline

Referral service

Oxford House of Oregon

1-800-689-6411

Non-profit corporation which will provide Charters to recovering alcoholics who want to provide group housing for themselves. Oxford housing provides housing for "men only," "women only," and housing which will accept "women with children."

www.oxfordhouse.org

Quest Center for Integrative Health

503-238-203 2901 E. Burnside, Portland, OR

Community-based nonprofit health center which has outpatient chemical dependency services.

Website: www.quest-center.org

SMART Recovery (Self Management & Recovery Training)

440-951-5357 4550 Kruse Way Lake Oswego, OR 97035

Self-help group for people who want to abstain from alcohol or other mood altering substance but who do not want to declare themselves powerless over their problems or turn their life over to a "higher-power". Call for meeting times and locations.

www.smartrecovery.org

St. Vincent

503-574-9200 24-hour line

Outpatient treatment services. Medical cards accepted, covered by most insurance plans. Will arrange payment plans, call intake first for more information about services and insurance plan acceptance.

In-Patient: 52nd & Glisan

Out-Patient: Providence St. Vincent in Beaverton

Unity Recovery Service Club – URS, Inc.

503-253-9321 17200 SE Stark St. Portland, OR 97215

A clean and sober 12-step recovery club for anyone with an alcohol or drug problem. Socialization, snack bar, 12-step meetings, summer porch, non-smoking except for outside on porch. Social events.

Fee: \$15 per month to join, visitor's and guest's welcome without fee.

www.ursclub.com

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