

2010 Mt. Hood Twilight - 5/7/2010
Mt. Hood Community College
Results

Women 100 Meter Dash

	Name	School	Seed	Finals	H#
Finals					
1	James, Chanel	Spokane CC	11.81	12.05	4
2	Rhodes, Anaiah	Mt. Hood CC	12.34	12.30	4
3	Persaud, Stephanie	Concordia (Ore.)	12.27	12.32	4
4	Jameson, Kaley	Concordia (Ore.)	12.47	12.44	4
5	Nida, Nicole	Spokane CC	12.53	12.54	4
6	Arceneaux, Lokia	Pacific Lutheran	12.46	12.70	4
6	Davis, Bianca	Corban	13.03	12.70	2
8	Valentine, Myisha	Spokane CC	12.59	12.82	4
9	Powers, Carolanne	Western Oregon	12.65	12.89	3
10	Bailey, Mary	Western Oregon	12.88	12.90	3
11	Jackson, Shallyn	Spokane CC	12.89	12.97	3
12	Leininger, Siara	Concordia (Ore.)	13.01	12.98	3
13	Sehlke, Madison	Pacific Lutheran	13.03	13.15	2
14	Pieren, Emily	Western Oregon	13.23	13.20	2
15	Lawhead, Chelsea	Spokane CC	12.88	13.25	3
16	Gallagher, Addie	Clackamas CC	12.99	13.26	3
17	Stanton, Rebecca	Corban	13.41	13.43	2
17	Jones, Nicole	Pacific Lutheran	13.47	13.43	1
19	Adams, Erin	Warner Pacific	13.46	13.45	1
20	Booth, Katie	Treasure Valley CC	13.48	13.50	1
21	Martin, Sarah	Lane CC	13.39	13.68	2
22	Logan, Jazmyne	Central Oregon CC	13.60	14.55	1
23	Phillips, Linda	Pmtc	14.80	14.98	1

Women 200 Meter Dash

	Name	School	Seed	Finals	H#
Finals					
1	Rhodes, Anaiah	Mt. Hood CC	25.31	25.19	2
2	Persaud, Stephanie	Concordia (Ore.)	25.56	25.53	2
3	Jameson, Kaley	Concordia (Ore.)	25.71	25.73	2
4	Powers, Carolanne	Western Oregon	26.35	25.98	2
5	Good, Emma	Treasure Valley CC	26.54	25.99	2
6	Makinde, Eunice	Concordia (Ore.)	25.88	26.43	2
7	Leininger, Siara	Concordia (Ore.)	26.53	26.45	2
8	kitzman, alexis	Unattached		26.84	1
9	McDaniel, Rachel	Spokane CC	26.88	26.96	2
10	Pieren, Emily	Western Oregon	27.44	27.42	1
11	Hehn, Halley	Central Oregon CC	26.90	27.67	1
12	Wilson, Katie	Unat-Clackamas CC		28.19	1
13	Booth, Katie	Treasure Valley CC	28.20	28.84	1
14	Logan, Jazmyne	Central Oregon CC	27.90	29.77	1
15	Phillips, Linda	Pmtc	30.50	30.24	1

Women 400 Meter Dash

	Name	School	Seed	Finals	H#
Finals					
1	Sims, Catherine	Concordia (Ore.)	56.46	56.35	2
2	Luecht, Jennifer	Willamette	57.23	57.97	3

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Finals ... (Women 400 Meter Dash)

Name	School	Seed	Finals	H#
3 Good, Emma	Treasure Valley CC	59.60	58.44	2
4 Rhodes, Anaiah	Mt. Hood CC	59.99	58.77	2
5 kitzman, alexis	Unattached	1:00.60	1:00.04	2
6 Dinsmore, Jaela	Willamette	56.98	1:00.31	3
7 Taylor, Jacki	Corban	1:00.87	1:00.40	2
8 McDowell, Crystal	Western Oregon	59.21	1:00.81	3
9 Adams, Erin	Warner Pacific	1:01.57	1:01.26	2
10 Olson, Katie	Unat-Clackamas CC	1:03.45	1:02.37	1
11 Ames, Katavia	Lane CC	1:03.70	1:02.45	1
12 Ferris, Shawndra	Lane CC	1:03.61	1:02.47	1
13 Grubb, Emilee	Corban	1:03.70	1:03.13	1
14 Hicks, Ericka	Warner Pacific	1:03.04	1:05.27	1

Women 800 Meter Run

Name	School	Seed	Finals
Finals			
1 Porter, Shannon	Treasure Valley CC	2:16.00	2:16.90
2 Limage, Junia	Concordia (Ore.)	2:18.00	2:18.46
3 Moran, Lauren	Concordia (Ore.)	2:17.00	2:21.31
4 Castillo, Brittany	Unattached	2:20.00	2:22.89
5 Talford, Kim	Treasure Valley CC	2:30.05	2:28.25
6 Braniff, Ashley	Clackamas CC	2:36.06	2:32.34

Women 1500 Meter Run

Name	School	Seed	Finals
Finals			
1 Botti, Audrey	Unat-Oregon State	4:50.00	4:46.79
2 Clark, Ariel	Oregon State	4:51.00	4:48.15
3 Graebner, Lauren	Oregon State	4:50.23	4:48.78
4 Zambon, Erica	Western Oregon	4:50.80	4:51.78
5 Cruz, Lorine	Oregon State	4:49.78	4:55.70
6 Dart, Megan	Spokane CC	4:48.73	4:56.69
7 Wright, Amanda	Western Oregon	4:55.95	4:58.59
8 Sweeney, Melissa	Spokane CC	5:04.77	5:02.84
9 Faggard, Amanda	Mt. Hood CC	4:59.50	5:07.38
10 Owens, Katie	Spokane CC	5:03.44	5:07.75
11 Bailey, Armarose	Spokane CC	5:02.81	5:10.22
12 Parks, Laurel	Oregon State	5:05.10	5:15.58
13 Smith, Amanda	Mt. Hood CC	5:15.84	5:36.00
14 Dougherty, DeeAnn	Unattached	5:41.85	5:41.40
15 Davis, Holli	Mt. Hood CC	6:00.00	5:50.19

Women 5000 Meter Run

Name	School	Seed	Finals
Finals			
1 Porter, Shannon	Treasure Valley CC	17:23.29	17:44.09
2 Frantz, Seena	Unattached	17:46.00	17:48.16
3 Castillo, Brandy	Unattached	18:30.00	19:08.15
4 Peters, Melanie	Clackamas CC	19:49.37	19:57.76
5 Faggard, Amanda	Mt. Hood CC	19:50.20	20:14.44

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Finals ... (Women 5000 Meter Run)

Name	School	Seed	Finals
6 Smith, Amanda	Mt. Hood CC	20:10.11	20:17.12
7 Bird, Stacy	Unat-Mt. Hood CC	20:12.10	21:21.49

Women 10000 Meter Run

Name	School	Seed	Finals
Finals			
1 O'Connor, Jenny	Oregon State	40:00.00	41:07.92
2 Pesanti, Maggie	Concordia (Ore.)	43:00.00	44:16.08
--- Corredor, Joslynn	Oregon State	40:00.00	DNF
--- Frantz, Seena	Unattached	36:50.00	DNF
--- Young, Lorene	Oregon State	38:00.00	DNF
--- Nowlin, Taylor	Oregon State		DNF

Women 100 Meter Hurdles

Name	School	Seed	Finals	H#
Finals				
1 Makinde, Eunice	Concordia (Ore.)	14.28	14.70	2
2 Mosher, Ali	Western Oregon	15.70	15.67	2
3 Martin, Sarah	Lane CC	16.50	15.85	1
4 Millager, Kelly	SW Oregon CC	16.77	15.93	1
5 Poppe, Samantha	Lane CC	16.22	16.21	2
6 McNairy, Michaela	Clackamas CC	16.18	16.71	2
7 Kohl, Eliya	Corban	17.15	16.97	1
8 Stanton, Rebecca	Corban	17.53	17.20	1
9 Smith, Sarah	SW Oregon CC	17.78	18.37	1
10 Winters, Chloe	Treasure Valley CC	17.76	18.79	1

Women 400 Meter Hurdles

Name	School	Seed	Finals
Finals			
1 Smith, Jocelynn	Corban	1:08.00	1:05.34
2 Charlton, Auna	Treasure Valley CC		1:08.36
3 Tracy, Kate	Corban	1:11.50	1:11.21
4 Winters, Chloe	Treasure Valley CC		1:16.45

Women 3000 Meter Steeplechase

Name	School	Seed	Finals
Finals			
1 McKillip, Lyndsey	Unattached	11:01.00	11:34.34
2 Everetts, Megan	Western Oregon	11:50.00	12:00.22
3 Long, Brittany	Unattached	12:21.00	12:22.33
4 Haack, Shey	Lane CC	13:07.44	12:28.62

Women 4x100 Meter Relay

Team	Relay	Seed	Finals
Finals			
1 Concordia (Ore.)	A	48.55	47.16
2 Spokane CC	A	47.25	47.18
3 Pacific Lutheran	A	48.33	48.23
4 Corban	A	50.23	50.28
5 Warner Pacific	A	51.42	51.23

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Women 4x400 Meter Relay

Team	Relay	Seed	Finals
Finals			
1 Spokane CC	A	3:56.71	3:55.03
2 Concordia (Ore.)	A	3:55.00	3:56.21
3 Corban	A	4:01.37	4:02.42
4 Treasure Valley CC	A	4:10.79	4:16.35

Women High Jump

Name	School	Finals
Finals		
1 Millager, Kelly	SW Oregon CC	1.67m 5-05.75
2 Ferguson, Danielle	Concordia (Ore.)	1.55m 5-01.00
3 Neilson, Kelsey	Western Oregon	J1.55m 5-01.00
4 Oenning, Kristin	Oregon State	1.50m 4-11.00
5 Filipetti, Erica	Clackamas CC	J1.50m 4-11.00
5 Hehn, Halley	Central Oregon CC	J1.50m 4-11.00
5 Hartshorn, Kaylee	Spokane CC	J1.50m 4-11.00
8 Poppe, Samantha	Lane CC	J1.50m 4-11.00
9 Hausler, Alyssa	Lane CC	1.45m 4-09.00
10 Baskoro, Chandra	Corban	1.40m 4-07.00
11 Murray, Riley	Warner Pacific	1.35m 4-05.00
11 Harman, Jenny	Corban	1.35m 4-05.00
11 Spiering, Adrienne	Warner Pacific	1.35m 4-05.00
--- Brauer, Kyra	Corban	NH
--- Arceneaux, Sarah	Concordia (Ore.)	NH
--- Hehn, Cassey	Central Oregon CC	NH

Women Pole Vault

Name	School	Finals
Finals		
1 Mueller, Michayla	Spokane CC	3.40m 11-01.75
2 Fisher, Kasey	Pacific (Ore.)	3.25m 10-08.00
2 Gillespie, Kaycee	Concordia (Ore.)	3.25m 10-08.00
4 Smith, Sarah	SW Oregon CC	2.95m 9-08.00
5 Ferguson, Danielle	Concordia (Ore.)	2.80m 9-02.25
6 Jones, Nicole	Pacific Lutheran	2.65m 8-08.25

Women Long Jump

Name	School	Finals
Finals		
1 Putnam, Chelsea	Pacific Lutheran	5.31m 17-05.25
2 Jackson, Shalyn	Spokane CC	5.09m 16-08.50
3 Sims, Catherine	Concordia (Ore.)	5.04m 16-06.50
4 Davis, Bianca	Corban	4.90m 16-01.00
5 Hehn, Halley	Central Oregon CC	4.84m 15-10.50
5 Bailey, Mary	Western Oregon	4.84m 15-10.50
7 St. Paul, Bryanna	Clackamas CC	4.76m 15-07.50
8 Childers, Kelsey	Corban	4.37m 14-04.00
9 Leaf, Nicole	SW Oregon CC	3.89m 12-09.25

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Women Triple Jump

Name	School	Finals	
Finals			
1 Ferguson, Danielle	Concordia (Ore.)	11.05m	36-03.00
2 Kohl, Eliya	Corban	10.60m	34-09.50
3 St. Paul, Bryanna	Clackamas CC	10.30m	33-09.50
4 Hehn, Cassey	Central Oregon CC	9.12m	29-11.25
5 Childers, Kelsey	Corban	8.95m	29-04.50
6 Leaf, Nicole	SW Oregon CC	8.83m	28-11.75

Women Shot Put

Name	School	Finals	
Finals			
1 Strot, Kelsey	Mt. Hood CC	13.25m	43-05.75
2 Mosier, Christy	Corban	12.50m	41-00.25
3 Dixson, Gabriella	Concordia (Ore.)	11.97m	39-03.25
4 Brooks, Anna	Spokane CC	11.84m	38-10.25
5 Tank, Haley	Pacific (Ore.)	11.66m	38-03.25
6 Wentz, Breezy	Concordia (Ore.)	11.65m	38-02.75
7 Sosnowski, Jessica	Spokane CC	11.49m	37-08.50
8 Redmayne-Titley, Emily	Concordia (Ore.)	11.23m	36-10.25
9 Miller, Rian	Corban	10.98m	36-00.25
10 Naumes, Julia	Pacific (Ore.)	10.77m	35-04.00
11 Nowak, Kallie	Lane CC	10.41m	34-02.00
12 Thompson, Samantha	Clackamas CC	10.30m	33-09.50
13 Jennifer, Guzman	Lane CC	9.81m	32-02.25
14 Baily, Jyl	SW Oregon CC	9.46m	31-00.50
15 Valentine, Briana	SW Oregon CC	9.45m	31-00.00
16 Willmann, Sondra	Spokane CC	9.30m	30-06.25
17 Galart, Rebecca	Unattached	7.57m	24-10.00

Women Discus Throw

Name	School	Finals	
Finals			
1 Dixson, Gabriella	Concordia (Ore.)	46.34m	152-00
2 Redmayne-Titley, Emily	Concordia (Ore.)	45.49m	149-03
3 Wentz, Breezy	Concordia (Ore.)	39.82m	130-08
4 Sosnowski, Jessica	Spokane CC	39.71m	130-03
5 Wordell, Chelsea	Unat-Spokane CC	38.18m	125-03
6 Rodriguez, Adrianna	Spokane CC	36.86m	120-11
7 Strot, Kelsey	Mt. Hood CC	36.59m	120-00
8 Mosier, Christy	Corban	35.36m	116-00
9 Miller, Rian	Corban	32.70m	107-03
10 Jennifer, Guzman	Lane CC	32.39m	106-03
11 Valentine, Briana	SW Oregon CC	31.33m	102-09
12 Thompson, Samantha	Clackamas CC	31.16m	102-03
13 Willmann, Sondra	Spokane CC	30.73m	100-10
14 Elder, Amy	Western Oregon	29.98m	98-04
15 Nowak, Kallie	Lane CC	29.36m	96-04
16 Harman, Jenny	Corban	27.11m	88-11
17 Baily, Jyl	SW Oregon CC	20.88m	68-06

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Finals ... (Women Discus Throw)

Name	School	Finals	
18 Yokbay, Kayla	SW Oregon CC	16.80m	55-01

Women Hammer Throw

Name	School	Finals	
Finals			
1 Wordell, Chelsea	Unat-Spokane CC	48.00m	157-06
2 Dixson, Gabriella	Concordia (Ore.)	47.39m	155-06
3 Federicci, Amanda	Concordia (Ore.)	47.15m	154-08
4 Wallace, Jasmine	Pacific Lutheran	44.72m	146-09
5 Edwards, Andrea	Spokane CC	44.63m	146-05
6 George, Anna	Spokane CC	39.99m	131-02
7 Wentz, Breezy	Concordia (Ore.)	38.89m	127-07
8 Redmayne-Titley, Emily	Concordia (Ore.)	37.50m	123-00
9 Jennifer, Guzman	Lane CC	37.12m	121-09
10 Dittmar, Stefani	Western Oregon	34.77m	114-01
11 Nowak, Kallie	Lane CC	33.86m	111-01
12 Tank, Haley	Pacific (Ore.)	32.56m	106-10
13 Elder, Amy	Western Oregon	32.54m	106-09
14 Filipetti, Erica	Clackamas CC	32.53m	106-09
15 Thompson, Samantha	Clackamas CC	29.92m	98-02
16 Randall, Brook	Spokane CC	28.65m	94-00
17 Miller, Rian	Corban	26.31m	86-04
18 Mosier, Christy	Corban	20.16m	66-02

Women Javelin Throw

Name	School	Finals	
Finals			
1 Schmidt, Kai	Concordia (Ore.)	44.55m	146-02
2 George, Anna	Spokane CC	40.09m	131-06
3 Buchholz, Emma	Clackamas CC	39.17m	128-06
4 Depaolo, Andrea	Unat-Spokane CC	37.22m	122-01
5 Fenton, Kelly	Pacific Lutheran	36.53m	119-10
6 Hartshorn, Kaylee	Spokane CC	36.39m	119-05
7 Uhlich, Natalee	Willamette	36.14m	118-07
8 Harman, Jenny	Corban	35.44m	116-03
9 Mull, Ayla	Pacific Lutheran	33.84m	111-00
10 Yokbay, Kayla	SW Oregon CC	32.99m	108-03
11 Thompson, Samantha	Clackamas CC	32.77m	107-06
12 Rodriguez, Adrianna	Spokane CC	32.75m	107-05
13 Macauley, Mariah	Western Oregon	32.25m	105-10
14 Galart, Rebecca	Unattached	29.59m	97-01
15 Hehn, Cassey	Central Oregon CC	22.15m	72-08
--- Hatch, Karin	Pacific Lutheran	ND	

Men 100 Meter Dash

Name	School	Seed	Finals	H#
Finals				
1 Strong, Micah	Mt. Hood CC	11.01	10.94	5
2 Dahl, Eric	Unattached	10.74	10.95	5
3 Andres, Chris	Concordia (Ore.)	11.37	11.27	4

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Finals ... (Men 100 Meter Dash)

Name	School	Seed	Finals	H#
4 Maldonado, Brian	Spokane CC	11.32	11.28	4
5 Moore, Ethan	Clackamas CC	11.28	11.30	5
6 Thomas, Tyler	Unattached	11.22	11.31	5
7 Burningham, Landon	Unattached	11.42	11.45	4
8 Feemster, Trace	SW Oregon CC	11.50	11.50	4
9 Schwanz, Trevor	Concordia (Ore.)	11.57	11.65	4
9 Waller, Mike	Unat-Pacific Lutheran	11.59	11.65	3
11 Freeman, Chris	Western Oregon	11.66	11.66	3
12 Goodwin, Robert	Treasure Valley CC	11.54	11.68	4
13 Shamberger, David	SW Oregon CC	11.80	11.71	3
14 Kovalchuck, Denis	Unattached	11.60	11.84	3
14 Nelson, Erik	Unattached	11.98	11.84	2
16 Futter, Jameson	Concordia (Ore.)	11.24	11.90	5
17 Richardson, Nick	Unat-Mt. Hood CC	11.62	11.93	3
18 crago, brian	Unattached	11.22	12.04	5
19 Brewer, Robert	Warner Pacific		12.14	1
20 Branch, Ross	Treasure Valley CC	11.93	12.26	3
21 LaFontaine, Anthony	Mt. Hood CC	12.37	12.46	2
22 Scholer, Matt	Warner Pacific	12.43	12.47	2
23 Banuelos, Fidel	Otc Masters	12.51	12.59	1
24 Blair, Angus	Central Oregon CC	12.61	12.64	1
25 Carabes, Jose	Mt. Hood CC	12.45	12.71	2
26 Miller, Martin	Spokane CC		14.17	1

Men 200 Meter Dash

Name	School	Seed	Finals	H#
Finals				
1 Vetter, Michael	Spokane CC	21.71	22.01	6
2 moore, joshua	Unattached	22.43	22.03	6
3 Diamond, Peter	Unattached	21.89	22.14	6
4 Peterson, Cody	Spokane CC	22.49	22.29	6
5 Strong, Micah	Mt. Hood CC	22.54	22.31	6
6 Boyd, Dustin	Western Oregon	22.67	22.66	5
7 Wordell, Spencer	Spokane CC	22.55	22.71	5
7 Burningham, Landon	Unattached	22.32	22.71	6
9 Thomas, Tyler	Unattached	22.69	22.78	6
9 Nokes, Jason	Spokane CC	22.78	22.78	5
11 Maldonado, Brian	Spokane CC	22.93	22.84	4
12 Andres, Chris	Concordia (Ore.)	23.01	22.99	4
13 Martin, Malik	Spokane CC	23.11	23.10	4
14 Ramos, Jimmy	Spokane CC	22.73	23.11	5
15 Meuser, Andy	Unattached	22.91	23.21	5
16 St. Peter, Beau	Corban	23.45	23.54	4
17 South, Garrett	Warner Pacific	24.06	23.65	2
18 rushton, andrew	Unattached	24.00	23.70	3
19 Richardson, Nick	Unat-Mt. Hood CC	24.03	23.73	2
20 Nado, Scott	Mt. Hood CC	23.89	23.87	3
21 Moore, Cody	Warner Pacific	23.85	23.93	3
22 Sheets, Loren	Unattached	23.45	23.97	4
23 Brewer, Robert	Warner Pacific	24.00	24.02	3

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	Name	School	Seed	Finals	H#
24	Kovalchuck, Denis	Unattached	23.54	24.06	3
25	Nelson, Erik	Unattached	24.64	24.27	2
26	Scovel, T.J.	Unattached	24.00	24.37	3
27	Branch, Ross	Treasure Valley CC	24.45	24.60	2
28	Aiken, Jason	Warner Pacific	24.69	24.84	1
29	Scholer, Matt	Warner Pacific	24.63	25.07	2
30	LaFontaine, Anthony	Mt. Hood CC	25.69	25.72	1
31	Carabes, Jose	Mt. Hood CC	26.30	26.09	1
32	Forrest, Jefferson	Corban	25.85	26.12	1
33	Banuelos, Fidel	Otc Masters	25.50	27.19	1
34	Miller, Aaron	Central Oregon CC		27.49	1

Men 400 Meter Dash

	Name	School	Seed	Finals	H#
Finals					
1	Zeller, Chris	Mt. Hood CC	49.52	49.03	4
2	Brown, Jasen	Unat-Spokane CC	50.55	49.08	4
3	Hope, Nathan	Mt. Hood CC	50.94	50.03	3
4	Thomas, Terriel	Treasure Valley CC		50.65	1
5	Romero-Clark, Martin	Concordia (Ore.)	50.82	51.11	4
6	Skidmore, Trevor	Treasure Valley CC	50.77	51.21	4
7	James, Seth	Corban	52.82	51.65	2
8	Rose, Chris	Spokane CC	50.89	51.93	3
9	Richardson, Nick	Unat-Mt. Hood CC	52.23	51.96	2
10	Nado, Scott	Mt. Hood CC	52.08	52.21	3
11	Sheets, Loren	Unattached	52.11	52.40	2
12	kilgore, Ian	Treasure Valley CC		52.64	1
13	Burrus, Josh	Concordia (Ore.)	51.52	52.81	3
14	South, Garrett	Warner Pacific	53.30	53.82	2
15	Beller, Byrke	Unattached	54.50	54.48	2
16	Scovel, T.J.	Unattached	55.00	55.52	2
17	Moore, Colton	Central Oregon CC	1:13.99	1:11.46	1

Men 800 Meter Run

	Name	School	Seed	Finals
Finals				
1	Ward, Kurt	Treasure Valley CC	1:55.88	1:54.33
2	Vuksich, Kyle	Unat-Clackamas CC	1:55.15	1:56.39
3	Swanson, Jonathan	Unattached	1:55.37	1:57.00
4	Brown, Anthony	Spokane CC	1:58.25	1:57.30
5	Begay, Atcitty	Treasure Valley CC	2:00.76	2:00.75
6	Merioles, Josh	Northwest Nazarene	1:58.00	2:01.30
7	Pugil, Cody	Treasure Valley CC	2:02.17	2:02.14
8	Teall, Sterling	Lane CC		2:04.15
9	Bozarth-Dreher, Mark	Mbd Productions	2:00.03	2:04.53
10	Bellamy, Michael	Lane CC	2:01.90	2:04.86
11	Tisdell, Jacob	Warner Pacific	2:07.51	2:07.09
12	Rowland, Zack	Central Oregon CC	2:03.00	2:09.18
13	Jensen, Andrew	Central Oregon CC	2:04.00	2:22.22
14	Cole, Steven	SW Oregon CC	2:30.67	2:32.90

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Men 1500 Meter Run

	Name	School	Seed	Finals
Finals				
1	Coyle, Sean	Unattached	3:54.00	3:59.49
2	Huston, Andrew	Bac	4:00.00	4:00.29
3	Jacob, David	Spokane CC	4:05.19	4:00.62
4	Sprinkle, Dan	Western Oregon	4:01.10	4:01.63
5	Bozarth-Dreher, Mark	Mbd Productions	4:03.33	4:02.69
6	Shirley, Tyler	Spokane CC	4:00.08	4:03.44
7	Chapman, Ryan	Western Oregon	4:10.65	4:04.12
8	Baghdadi, Hossein	Bac	4:01.20	4:04.16
8	Chakisso, Tahir	Unattached	4:02.10	4:04.16
10	Wilson, Nick	Spokane CC	4:07.27	4:05.57
11	VanDeBrake, Cody	Spokane CC	4:07.85	4:05.97
12	Ferraris, Dominick	Western Oregon	4:07.80	4:08.51
13	Snell, Paden	Unattached	4:04.34	4:09.38
14	Miller, Ray	Treasure Valley CC	4:14.48	4:09.62
15	Ginn, Zachariah	Concordia (Ore.)	4:15.00	4:11.49
16	Teall, Sterling	Lane CC	4:08.50	4:13.98
17	Croft, James	Western Oregon	4:18.21	4:19.26
18	Aubol, Kevin	Willamette	4:05.00	4:21.34
19	Zitzer, Dylan	Concordia (Ore.)	4:16.00	4:21.99
20	White-Duong, Han	Warner Pacific	4:18.32	4:23.64
21	Rowland, Zack	Central Oregon CC	4:17.00	4:26.33
22	Fleishman, Kevin	Warner Pacific	4:31.37	4:26.67
23	Tisdell, Jacob	Warner Pacific	4:28.96	4:29.93
24	Bateman, Erik	Lane CC		4:43.67
25	Jensen, Andrew	Central Oregon CC	4:24.91	4:49.11
26	Davis, Marcus	Warner Pacific	4:44.02	4:58.32
27	Cole, Steven	SW Oregon CC	5:20.60	5:02.34

Men 5000 Meter Run

	Name	School	Seed	Finals
Finals				
1	Sorenson, Ryan	Unattached	15:07.00	14:57.69
2	Urbanski, Matthew	East County	15:09.00	14:58.19
3	Sheaffer, Chris	Run Portland	15:35.00	15:09.63
4	Ghelfi, Ryan	Sou Track Club	15:06.00	15:13.07
5	Jimenez, Rigoberto	Spokane CC	15:18.85	15:16.49
6	Jones, Alex	Unattached	15:49.00	15:28.69
7	McChesney, Jesse	East County	15:11.00	15:33.62
8	Yung, Steven	Treasure Valley CC	15:52.90	15:45.44
9	Finney, Grant	Run Portland	15:33.00	15:47.35
10	Dolezal, Eric	East County	16:09.00	15:52.23
11	dieterich, martin	Run Portland	15:57.51	15:56.08
12	Woticha, Anteneh	Unattached		16:12.66
13	Chakisso, Tahir	Unattached	15:10.35	16:18.51
14	Hartmeier, Joey	Spokane CC		16:36.24
15	Miller, Ray	Treasure Valley CC	16:43.82	16:43.97
16	Ward, Casey	Treasure Valley CC	18:14.32	16:44.57
17	Teachout, Hayden	Unattached	16:40.00	16:49.49

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Finals ... (Men 5000 Meter Run)

Name	School	Seed	Finals
18 Hathaway, Eric	Unattached	17:15.00	16:56.79
19 Pugil, Cody	Treasure Valley CC		16:57.55
20 Begay, Atcitty	Treasure Valley CC	17:00.00	17:09.40
21 Lopez, Derek	Western Oregon	16:35.00	17:10.45
22 Schwarz, Sam	Central Oregon CC	17:40.00	17:45.69

Men 110 Meter Hurdles

Name	School	Seed	Finals
Finals			
1 Victor, Austin	Spokane CC	14.88	15.25
2 Wilson, Chris	Concordia (Ore.)	14.78	15.45
3 James, Kevin	SW Oregon CC	15.87	15.95
4 Colignon, Evin	Willamette	15.94	16.41
5 Young, Zach	Mt. Hood CC	16.06	16.73
6 Shalk, Tanner	Spokane CC	15.43	16.95
7 Wise, Chris	SW Oregon CC	16.55	17.01

Men 400 Meter Hurdles

Name	School	Seed	Finals	H#
Finals				
1 Young, Zach	Mt. Hood CC	54.96	54.74	3
2 Shalk, Tanner	Spokane CC	54.57	56.06	3
3 Meuser, Andy	Unattached	57.01	56.40	2
4 Alexander, Colin	Pacific Lutheran	58.00	57.02	2
5 Bellefeuille, Jed	Unat-Clackamas CC	57.01	57.68	2
6 Wilson, Chris	Concordia (Ore.)	56.56	57.80	3
7 Nell, Carter	Spokane CC	58.27	58.24	2
8 Anderson, David	Corban	53.53	58.41	3
9 O'Connell, Shane	Western Oregon	57.53	58.47	2
10 DeLaCruz, Juan	Warner Pacific		59.07	1
11 Hope, Nathan	Mt. Hood CC	59.57	59.19	2
12 Vogel, Dylan	Spokane CC		1:00.08	1
13 James, Seth	Corban		1:01.26	1
14 Scholer, Matt	Warner Pacific	1:04.22	1:01.69	1
15 Grossnicklaus, Christian	Lane CC	59.98	1:01.74	2
16 Wise, Chris	SW Oregon CC	1:02.09	1:03.13	1
17 Aiken, Jason	Warner Pacific	1:04.11	1:04.30	1
18 Pengra, Travis	Warner Pacific		1:06.57	1

Men 3000 Meter Steeplechase

Name	School	Seed	Finals
Finals			
1 Rebol, Nicholas	Willamette	9:27.22	9:24.29
2 Cesal, Andrew	Spokane CC	9:44.55	9:35.64
3 Donovan, Ben	Willamette	9:21.80	9:42.24
4 Goodrick, Trevin	Spokane CC	9:46.41	9:44.82
5 Platano, Chris	Willamette	9:32.00	9:49.96
6 Gongora, Gilmer	Mt. Hood CC	10:29.90	10:21.79
7 Ward, Casey	Treasure Valley CC	10:26.38	10:28.76
8 Hughes, Wes	Mt. Hood CC	10:40.55	10:41.01

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Finals ... (Men 3000 Meter Steeplechase)

Name	School	Seed	Finals
9 Reese, Nate	Unattached	10:20.00	10:49.24
10 Melles, Ben	Unattached	10:23.00	10:51.75
11 Aguirre, Uriel	SW Oregon CC		11:15.67
12 Fund, Zach	Unat-Clackamas CC	11:39.83	11:16.07
--- Pinkstaff, Brian	BP Racing, Llc	10:40.00	DNF
--- Mount, Andy	Run Portland	10:20.00	DNF

Men 4x100 Meter Relay

Team	Relay	Seed	Finals
Finals			
1 Mt. Hood CC	A	42.60	43.00
2 Concordia (Ore.)	A	43.59	43.47
3 Warner Pacific	A	44.01	44.12
4 Treasure Valley CC	A	43.71	44.44
5 SW Oregon CC	A	44.12	45.67
6 Central Oregon CC	A	43.90	54.60
--- Spokane CC	A	41.69	DQ

Men 4x400 Meter Relay

Team	Relay	Seed	Finals
Finals			
1 Treasure Valley CC	A	3:21.64	3:24.70
2 Corban	A	3:28.50	3:26.20

Men 4x800 Meter Relay

Team	Relay	Seed	Finals
Finals			
1 Concordia (Ore.)	A	7:50.00	7:45.07

Men High Jump

Name	School	Finals
Finals		
1 Cooper, Marcus	Concordia (Ore.)	2.00m 6-06.75
2 Wegner, Robert	Western Oregon	1.80m 5-10.75
3 Schwanz, Trevor	Concordia (Ore.)	J1.80m 5-10.75
3 Cobbs, Evander	Spokane CC	J1.80m 5-10.75
5 Massari, Zach	Western Oregon	J1.80m 5-10.75
6 Scheetz, Daniel	Concordia (Ore.)	1.75m 5-08.75
7 Vogel, Dylan	Spokane CC	J1.75m 5-08.75
--- Wise, Chris	SW Oregon CC	NH
--- Melum, Trevor	Clackamas CC	NH

Men Pole Vault

Name	School	Finals
Finals		
1 Giddens, Jayce	Western Oregon	4.45m 14-07.25
2 Nell, Carter	Spokane CC	J4.45m 14-07.25
3 Roberts, Austin	Western Oregon	4.25m 13-11.25
4 Streed, Connor	Warner Pacific	J4.25m 13-11.25
4 Nordstrom, Tyrel	Clackamas CC	J4.25m 13-11.25
6 Stone, Kyle	Spokane CC	J4.25m 13-11.25

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Finals ... (Men Pole Vault)

	Name	School	Finals	
7	Yaden, Jon	Warner Pacific	3.80m	12-05.50
8	Stecker, Nathan	Warner Pacific	J3.80m	12-05.50
8	Kowalko, Lukas	Warner Pacific	J3.65m	11-11.75
---	Cordell, Seth	Concordia (Ore.)	NH	
---	Dahle, Cole	Concordia (Ore.)	NH	
---	Alexander, Colin	Pacific Lutheran	NH	

Men Long Jump

	Name	School	Finals	
Finals				
1	Futter, Jameson	Concordia (Ore.)	6.72m	22-00.75
2	Hamilton, Cameron	Warner Pacific	6.50m	21-04.00
3	Cobbs, Evander	Spokane CC	6.38m	20-11.25
4	jones, Kelvin	Treasure Valley CC	6.32m	20-09.00
5	Goodwin, Robert	Treasure Valley CC	6.19m	20-03.75
6	Marchand, Will	Spokane CC	6.08m	19-11.50
7	Cunningham, Noah	Corban	6.03m	19-09.50
8	Melum, Trevor	Clackamas CC	6.02m	19-09.00
9	Freeman, Chris	Western Oregon	5.99m	19-08.00
10	crago, brian	Unattached	5.98m	19-07.50
11	Marshall, Stephen	Concordia (Ore.)	5.72m	18-09.25
12	Card, Rassuda	SW Oregon CC	5.70m	18-08.50
13	Wise, Chris	SW Oregon CC	5.44m	17-10.25
14	Vogel, Dylan	Spokane CC	5.04m	16-06.50

Men Triple Jump

	Name	School	Finals	
Finals				
1	Marshall, Stephen	Concordia (Ore.)	13.48m	44-02.75
2	Moore, Ethan	Clackamas CC	13.41m	44-00.00
3	Dressler, Tim	Concordia (Ore.)	13.11m	43-00.25
4	Marchand, Will	Spokane CC	13.02m	42-08.75
5	James, Kevin	SW Oregon CC	12.77m	41-10.75

Men Shot Put

	Name	School	Finals	
Finals				
1	Whalen, Eric	Concordia (Ore.)	16.76m	55-00.00
2	Velasquez, Jr.	Mt. Hood CC	16.67m	54-08.25
3	Slowey, Jason	Western Oregon	16.14m	52-11.50
4	Furgason, Derek	Concordia (Ore.)	14.96m	49-01.00
5	Kuster, Erik	Concordia (Ore.)	14.88m	48-10.00
6	Larkins, Bobby	Pacific (Ore.)	14.71m	48-03.25
7	Vavricka, Mike	Pacific Lutheran	14.32m	46-11.75
8	Walk, Miles	Lane CC	14.17m	46-06.00
9	Jones, Griffon	Spokane CC	13.97m	45-10.00
10	Brim, Marlowe	Spokane CC	13.51m	44-04.00
11	weidemann, kevin	Unattached	13.47m	44-02.50
12	Gutzman, Paul	Western Oregon	13.43m	44-00.75
13	Busek, Murphy	Pacific (Ore.)	13.33m	43-09.00

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Finals ... (Men Shot Put)

	Name	School	Finals	
14	Nielsen, Jeff	Pacific Lutheran	13.28m	43-07.00
15	Colignon, Evin	Willamette	13.18m	43-03.00
16	Case, Levi	Treasure Valley CC	12.87m	42-02.75
17	cruise, greg	Unattached	12.50m	41-00.25
18	Palmquist, Sam	Warner Pacific	12.47m	40-11.00
19	Weber, Adrian	Mt. Hood CC	12.24m	40-02.00
20	Ransavage, Ryan	Pacific Lutheran	12.19m	40-00.00
21	Arenas, Paco	Western Oregon	11.98m	39-03.75
22	Callagan, Mark	Lane CC	11.52m	37-09.50
23	Lemafa, Shaun	Clackamas CC	11.40m	37-05.00
24	McNutt, Brett	Mt. Hood CC	11.19m	36-08.50
25	Blair, Angus	Central Oregon CC	11.06m	36-03.50
26	Wilkins, Taylor	Corban	11.04m	36-02.75
27	Glaser, Dustin	Unat-Clackamas CC	10.99m	36-00.75
28	Jones III, Reginald	Treasure Valley CC	10.77m	35-04.00
29	Moore, Cody	Warner Pacific	10.43m	34-02.75
30	Rosenberg, Robert	Central Oregon CC	10.09m	33-01.25
31	Horton, Kenny	Central Oregon CC	9.23m	30-03.50
32	Moore, Colton	Central Oregon CC	7.27m	23-10.25
---	Haakenson, Dan	Unat-Pacific Lutheran		ND

Men Discus Throw

	Name	School	Finals	
Finals				
1	Kuster, Erik	Concordia (Ore.)	51.00m	167-04
2	Jones, Griffon	Spokane CC	47.95m	157-04
3	Slowey, Jason	Western Oregon	46.77m	153-05
4	Stewart, Parker	Western Oregon	46.12m	151-04
5	Furgason, Derek	Concordia (Ore.)	46.11m	151-03
6	Whalen, Eric	Concordia (Ore.)	45.06m	147-10
7	cruise, greg	Unattached	44.06m	144-07
8	Weber, Adrian	Mt. Hood CC	43.79m	143-08
9	Velasquez, Jr.	Mt. Hood CC	41.59m	136-05
10	Lemafa, Shaun	Clackamas CC	39.43m	129-04
11	Brim, Marlowe	Spokane CC	38.66m	126-10
12	Walk, Miles	Lane CC	38.45m	126-02
13	Gutzman, Paul	Western Oregon	38.03m	124-09
14	Hutchinson, Cody	Spokane CC	37.86m	124-02
15	Echternkamp, Kenny	Clackamas CC	36.51m	119-09
16	McNutt, Brett	Mt. Hood CC	36.10m	118-05
17	Callagan, Mark	Lane CC	34.67m	113-09
18	Glaser, Dustin	Unat-Clackamas CC	34.45m	113-00
19	Wilkins, Taylor	Corban	31.28m	102-07
20	Palmquist, Sam	Warner Pacific	23.86m	78-03

Men Hammer Throw

	Name	School	Finals	
Finals				
1	Bassett-Smith, Trevor	Willamette	54.02m	177-03
2	McNeill, Conor	Pacific Lutheran	51.70m	169-07

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Finals ... (Men Hammer Throw)

Name	School	Finals	
3 Schryvers, Matt	Western Oregon	49.16m	161-03
4 Collins, Steve	Willamette	47.72m	156-07
5 Clowe, Tyree	Spokane CC	46.85m	153-08
6 Ransavage, Ryan	Pacific Lutheran	45.28m	148-07
7 Pierce, Jackson	Pacific Lutheran	44.71m	146-08
7 Alnassim, Jaime	Spokane CC	44.71m	146-08
9 Haakenson, Dan	Unat-Pacific Lutheran	44.59m	146-03
10 Busek, Murphy	Pacific (Ore.)	43.60m	143-00
11 Furgason, Derek	Concordia (Ore.)	41.82m	137-02
12 Reavis, Kody	Western Oregon	40.59m	133-02
13 Walk, Miles	Lane CC	40.18m	131-10
14 Kuster, Erik	Concordia (Ore.)	40.02m	131-03
15 Callagan, Mark	Lane CC	39.73m	130-04
16 Arenas, Paco	Western Oregon	38.77m	127-02
17 Lemafa, Shaun	Clackamas CC	38.05m	124-10
18 weidemann, kevin	Unattached	37.10m	121-09
19 Glaser, Dustin	Unat-Clackamas CC	36.66m	120-03
20 Echterkamp, Kenny	Clackamas CC	31.78m	104-03

Men Javelin Throw

Name	School	Finals	
Finals			
1 Halley, Scott	Oregon Throwers Academy	69.35m	227-06
2 Weidman, Ryan	Unat-Spokane CC	66.13m	216-11
3 Roshau, Paul	Concordia (Ore.)	63.65m	208-10
4 Staub, Jesse	Concordia (Ore.)	59.93m	196-07
5 Whalen, Eric	Concordia (Ore.)	58.65m	192-05
6 Echterkamp, Kenny	Clackamas CC	58.64m	192-05
7 McCoy, Randy	Unat-Spokane CC	57.18m	187-07
8 Hutchinson, Cody	Spokane CC	56.70m	186-00
9 Taylor, Joseph	Spokane CC	55.26m	181-03
10 Reavis, Kody	Western Oregon	54.79m	179-09
11 Scherer, Lukas	Spokane CC	53.84m	176-08
12 Nell, Carter	Spokane CC	52.82m	173-03
13 Case, Levi	Treasure Valley CC	49.52m	162-06
14 Stonelake, Kyle	Pacific (Ore.)	47.27m	155-01
15 Nicola, Jacob	Western Oregon	46.94m	154-00
16 Glaser, Dustin	Unat-Clackamas CC	36.33m	119-02
17 Forrest, Jefferson	Corban	31.54m	103-06

Women - Team Rankings - 1 Events Scored

1) Concordia (Ore.)	29	2) Mt. Hood CC	15
3) Willamette	11	4) Treasure Valley CC	10
5) Western Oregon	6	6) Corban	2