

## Sample Weekly Lesson Plan Preschoolers

Area	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Early Morning Activities</b>					
Assessment or teacher strategy					
<b>Art</b>	Explore blue paint on newspaper on tabletops with medium sized paintbrushes.	Explore blue yarn on large contact paper.	Explore blue paint, shaving cream, and large white paper with round, stubby brushes.	Explore blue yarn on large contact paper.	Explore blue paint on newspaper on tabletops with medium sized paintbrushes.
Assessment or teacher strategy					
<b>Food Prep / Cooking</b>	Slice bananas.				
Assessment or teacher strategy	Teacher models slicing with butter knife.				
<b>Gross Motor</b>	Roll soft balls at target (plastic 2 liter bottles).	Jump from step stools onto tumbling mats.	Roll soft balls at target (plastic 2 liter bottles).	Balance/walk on raised balance beam.	Jump from step stools onto tumbling mats.
Assessment or teacher strategy					
<b>Health, Safety and Nutrition</b>			Create a classroom collage depicting fruits and vegetables.		
Assessment or teacher strategy			Teacher talks about healthy foods.		
<b>Literacy</b>	Simplified version of "City Mouse & Country Mouse" story and plush props.	Take walks through the center and point out letters and symbols in the hallways and classrooms.	Take walks through the center and point out letters and symbols in the hallways and classrooms.	Take walks through the center and point out letters and symbols in the hallways and classrooms.	Simplified version of "City Mouse & Country Mouse" story and plush props.
Assessment or teacher strategy	Teacher tells the story and asks children to talk about similar experiences or routines that occur in their own				Teacher tells the story and asks children to talk about similar experiences or routines that occur in their own

	lives.				lives.
<b>Math</b>	Sort "items you would use to clean something" from "items you would use to take a nap."	Count items in sorting game. (1-3).	Sort "items you would use to clean something" from "items you would use to take a nap."	Count items in sorting game. (1-3).	Sort "items you would use to clean something" from "items you would use to take a nap."
Assessment or teacher strategy					
<b>Social Studies</b>		Match photo's of primary caregivers with children's photos.		Match photo's of primary caregivers with children's photos.	Scribble notes home.
Assessment or teacher strategy					Teacher models and writes accompanying note to family.
<b>Science</b>	Prepare carrot tops for sprouting in shallow dishes of water (4)	Re-pot our fern	Re-pot one of our African Violets	Re-pot the other African Violet	Observe our carrot tops for changes.
Assessment or teacher strategy	Teachers build vocabulary around the scientific process of sprouting	Teacher takes children onto the deck to observe and assist with the re-potting.	Teacher takes children onto the deck to observe and assist with the re-potting.	Teacher takes children onto the deck to observe and assist with the re-potting.	Teachers bring children's attention to the changes that are occurring in our carrot tops
<b>Music and Movement</b>	Move bodies to music, including the song "Duck Waddle."	Move bodies to music – children's choice.		Move bodies to music, including the song "Duck Waddle."	Move bodies to music – children's choice.
Assessment or teacher strategy					
<b>Sensory</b>	Explore water with measuring cups and water wheels in sensory table.	Explore water with measuring cups and water wheels in sensory table.	Explore water with measuring cups and water wheels in sensory table.	Explore water with measuring cups and water wheels in sensory table.	Explore water with measuring cups and water wheels in sensory table.
Assessment or teacher strategy					
<b>Small Group</b>	Sing "The Wheels on the Bus" with stick puppets.	"What's missing" game.	Sing "The Wheels on the Bus" with stick puppets.	"What's missing" game.	Sing "The Wheels on the Bus" with stick puppets.
Assessment or teacher strategy		Teacher presents children with a simple set of items on a tray and helps describe the items' attributes, then uses		Teacher presents children with a simple set of items on a tray and helps describe the items' attributes, then uses	

		these attributes as clues when children are trying to recall which item is missing.		these attributes as clues when children are trying to recall which item is missing.	
<b>Fine Motor</b>	Cut and slice Playdough with plastic knives on trays.	Cut and slice Playdough with plastic knives on trays.	Cut and slice Playdough with plastic knives on trays.	Cut and slice Playdough with plastic knives on trays.	Cut and slice Playdough with plastic knives on trays.
Assessment or teacher strategy	Teacher documents child's skill with anecdotal notes.	Teacher documents child's skill with anecdotal notes.	Teacher documents child's skill with anecdotal notes.	Teacher documents child's skill with anecdotal notes.	Teacher documents child's skill with anecdotal notes.