

# ALCOHOL/DRUGS

## SUPPORT GROUPS

### **Al-Anon/Al-Ateen**

**503-292-1333** 1750 SW Skyline Blvd. Suite #133 Portland, OR 97221

Hope and support for friends and families who are affected by someone else's drinking through attendance at support meetings. Al-Ateen for ages 6-20 and Al-Anon for adults. We offer meeting locations, literature and, during office hours, there are staff people available to speak with.

Website: [www.al-anonportlandoregon.org](http://www.al-anonportlandoregon.org)

### **Alcoholics Anonymous (AA)**

**503-223-8569** 1212 SE Division St. Portland, OR 97202

24-hour hotline. Free self-help groups for alcoholics. Call for meeting times and locations. Latina meetings available.

Website: [www.pdxaa.com](http://www.pdxaa.com)

### **Alcoholic Victorious**

**503-245-9629**

Free Christian non-denominational 12-step program. Call for time and location of group nearest you.

Website: <http://av.ivgm.org>

### **Cocaine Anonymous**

**503-256-1666 or 1-800-662-2463**

Serves cocaine addicts/anyone who wants to stop. Free self-help group for recovering cocaine users. 12-step program, same model as AA. Call for meeting times and locations.

Website: [www.caorwa.org](http://www.caorwa.org)

### **East County Alano Club**

**503-661-4734** 1015 NE Roberts Ave. Gresham, OR 97030

Many 12-step recovery meetings offered. Call for times and locations.

Website: [www.pdxaa.com/meetings/alanoclubs.asp](http://www.pdxaa.com/meetings/alanoclubs.asp)

### **MADD – Mothers Against Drunk Driving**

**503-723-5040 or 1-877-Maddhelp** 9375 SW Wilsonville Rd. Suite B Wilsonville OR 97070

MADD's mission is to stop drunk driving, support the victims of this violent crime and prevent underage drinking. Membership is free

Mon-Thurs. 9:00am-2:00pm Fri. 10am-2pm

Website: [www.madd.org](http://www.madd.org)

## **ALCOHOL/DRUGS SUPPORT GROUPS (CONT.)**

### **Narcotics Anonymous**

**503-727-3733** 24-hour hotline

Website: [www.portlandna.com](http://www.portlandna.com)

### **Oregon Drug & Alcohol Help Line**

**1-800-923-4357**

This is a statewide alcohol and drug referral line. They will complete a brief assessment over the phone then refer clients for a drug and alcohol evaluation to an agency that best fits the client's needs.

### **SMART Free Support Group**

**503-699-5197**

Self-help group for people who want to abstain from alcohol or other mood altering substance but who do not want to declare themselves powerless over their problems or turn their life over to a "higher-power". Call for meeting times and locations.

Website: [www.portlandhumanists.org](http://www.portlandhumanists.org)

### **The Center for Family and Adolescent Research**

**503-243-1065**

812 SW Washington St Suite 500 Portland OR 97250

Offer free treatment services for teens refusing help. They develop strategies to invite the teen to voluntarily join and then provide family treatments.

Website: [www.ori.org/CFAR/Portland](http://www.ori.org/CFAR/Portland)

Email: [cfarportland@ori.org](mailto:cfarportland@ori.org)