

## **ADDICTIONS - OUTPATIENT TREATMENT**

### **Cascadia-Addictions Treatment Services**

**503-230-9654**

Alcohol and drug treatment, integrated treatment-mental health and gambling treatment. Accepts all OHP contracts with Care Oregon, Family Care, open card, insurance or sliding fee. Call for locations and times.

Website: [www.cascadiabhc.org/php/what/addictions.html](http://www.cascadiabhc.org/php/what/addictions.html)

### **Change Point**

**503-253-5954** 1949 SE 122<sup>nd</sup> Ave. Port 97233

Outpatient substance abuse treatment, domestic violence intervention for adult males, gender specific groups, intensive outpatient. Fee varies, some sliding scale fees.

Website: [www.changepointinc.com](http://www.changepointinc.com)

### **CoDA/Alpha Family Treatment**

**503-761-6006** 1427 SE 182<sup>nd</sup> Ave. Portland, OR 97233

AFTC provides residential and outpatient drug and alcohol treatment for up to 50 adults offering both short and long term intensive treatment. Treatment areas include drug and alcohol education, relapse prevention, craving management, emotional management, cognitive restructuring, parenting education, family counseling, cultural sensitivity, HIV/AIDS education, prevention, living skills, criminality, and introduction to 12-Step support programs.

Website: [www.codependents.org](http://www.codependents.org)

### **Hooper Memorial Detoxification Center**

**503-238-2067** 20 NE MLK Jr. Blvd. Portland, OR 97232

Medical detoxification center. Acupuncture treatment for withdrawal and sobering services. Sliding fee scale, no one will be turned away for inability to pay. Must be there at 7:45 a.m. to check in.

### **Oregon Gambling Help Line**

**1-800-522-4700** 24-hour hotline

Referral service

### **NARA Native American Rehabilitation Youth Programs & Administration**

**503-224-1044** 1776 SW Madison Portland, OR 97205

Groups/individual sessions for people with alcohol and/or drug dependencies & dual diagnosis. Parenting health & fitness classes. Accepts OHP, ODS, Care Oregon, and Native American's open card.

Website: [www.ncuih.org/urbanhealth/or\\_native.html](http://www.ncuih.org/urbanhealth/or_native.html)

## **ADDICTIONS- OUTPATIENT TREATMENT (CONT.)**

### **OHSU Behavior Health**

**503-494-4745** 621 SW Alder St. #520 Portland, OR 97205

Outpatient mental health services offers: drug, alcohol and gambling addictions and women's groups. One-on-one mental health counseling at cost, accepting OHP Plus & private ins. Call for appointment.

Website: [www.ohsu.edu](http://www.ohsu.edu)

**Portland Addictions Acupuncture Center****503-944-4410** 625 SW 12<sup>th</sup> St. Portland, OR 97205

Services include alcohol, and drug counseling. Go through medical provider for acupuncture treatment and naturopathic health treatments. Accepts some OHP. Call for specifics.

**SMART Recovery (Self Management & Recovery Training)****503-635-2489** 4550 Kruse Way Lake Oswego, OR 97035

Self-help group for people who want to abstain from alcohol or other mood altering substance but who do not want to declare themselves powerless over their problems or turn their life over to a "higher-power". Call for meeting times and locations.

Website: [www.smartrecovery.org](http://www.smartrecovery.org)

**Life Works Northwest****503-234-3400** 4531 SE Belmont Suite #300 Portland, OR 97215

Youth Program: provides alcohol, tobacco, and other drug prevention and treatment service for youth ages 13-21. New options for women providing counseling, case management and other services for women with history in the sex industry. Family and Community Alliance provide family support services for families who have been reported for suspected child abuse who desire voluntary support. Client eligibility and fee varies. Other various programs throughout Multnomah Co.

Website: [www.lifeworksnw.org](http://www.lifeworksnw.org)

**Unity Recovery Service Club – URS, Inc.****503-253-9321** 17200 SE Stark St. Portland, OR 97215

A clean and sober 12-step recovery club for anyone with an alcohol or drug problem. Socialization, snack bar, 12-step meetings, summer porch, non-smoking except for outside on porch. Social events. Fee: \$12 per month to join, visitor's and guest's welcome without fee.

**St. Vincent****503-574-9200** 24-hour line

Outpatient treatment services. Medical cards accepted, covered by most insurance plans. Will arrange payment plans, call intake first for more information about services and insurance plan acceptance.

In-Patient: 52<sup>nd</sup> & Glisan

Out-Patient: Providence St. Vincent in Beaverton

**Oxford House of Oregon****1-800-689-6411**

Non-profit corporation which will provide Charters to recovering alcoholics who want to provide group housing for themselves. Oxford housing provides housing for "men only," "women only," and housing which will accept "women with children."

Web site: [www.oxfordhouse.org](http://www.oxfordhouse.org)