

LOW COST COUNSELING SERVICES

Albertina Kerr Centers

(503) 255-4205 722 NE 162nd Ave. Portland, OR 97233

Offers outpatient counseling, residential care, group homes, and alternative school for children and their families. Fee is based on the ability to pay. Takes most forms of health insurance including the Oregon Health Plan.

Website: www.albertinakerr.org

Cascadia Mental Health

(503) 674-7777 Emergency Walk-ins Call 503-674-7777

Counseling fee based on the ability to pay. Cash or Oregon Health Plan only. Call for times and locations.

Website: www.cascadiabhc.org

Dougy Center

(503) 775-5683 3909 SE 52nd Ave. Portland, OR 97206

Offer peer support groups to children and their families after the death of a loved one. Office hours: Mon—Fri 9am-5pm call for group times: offers different age groups for young ages/teens/young adults

Website: www.dougy.org

Morrison Center

(503) 258-4600 2951 NW Division, Gresham, Or 97030

Offers outpatient counseling for children and their families emotional and social disorders on the Oregon Health Plan only.

Website: www.morrisonkids.org

Northwest Catholic Counseling Center

503-253-0964 8383 NE Sandy Blvd. Suite #205 Portland, OR 97220

For people of all faiths wanting to build a strong foundation. Including marriage, parental and financial counseling.

Website: www.nwcounseling.org

Psychological Services Center

503-352-2400 511 SW 10th St. Suite #400 Portland, OR 97205

Counseling on a sliding scale fee based on the ability to pay. \$20-85 on sliding scale.

Counseling provided by students working on their PhD.

Mon-Thurs 9:00am-9:00pm, Fri 9:00am-5:00pm, Sat 8:30am-3:30pm.

Website: www.spp.pacificu.edu/psc

Samaritan Counseling Center

503-281-3318 1817 NE 17th Ave. Portland, OR 97212

Cost varies between \$40-\$110 will make adjustments on ability to pay. Takes Pacific Source Ins. OHP Family Care.

Counseling for Individuals and Couples. Parenting classes for teens.

Hours: Mon-Sat. 8:30am-7:30pm

Website: www.sccpdx.org

LOW COST COUNSELING SERVICES (CONT.)

The Grotto

503-261-2425 8840 NE Skidmore Portland, OR 97294

Counseling on a sliding scale fee, based on the ability to pay. Counseling provided by interns. Website: www.grotto.org

William Temple House

503-226-3021 2023 NW Hoyt St. Portland, OR 97209

Counseling for Individual and families, some classes available.

Call to find out the session fees. (Closed on Fridays to public without appointment)

Website: www.williamtemple.org

YWCA Counseling Center

503-294-7440 111 SW 10th Ave Portland, OR 97205

Offers individual, couple and group counseling on a sliding scale fee based on the ability to pay.

Website: www.ywca.pdx.org

Kerr Family Services

503-255-4205 722 NE 162nd Ave. Portland, OR 97233

Offers outpatient counseling for children and their families on a sliding scale fee based on the ability to pay. Takes most forms of health insurance including OHP.

Website: www.albertinakerr.org