

MENTAL HEALTH

Multnomah County Crisis Line

503-988-4888 or 1-800-716-9769

Call the crisis phone number for information about where to go. Urgent walk-in clinics for adults, families, teens, and children (no appointment needed).

Columbia Counseling Associates

503-492-4492 1450 NE Village St. Fairview, OR 97024

CCA provides individual, couple & family counseling. They have staff that is trained in advanced EMBR. Also specializing in sexual abuse, eating disorders, addictions, fertility issues, child play therapy and drug and alcohol issues.

Website: <http://therapistsunlimited.com>

Clackamas County Crisis Line

503-988-4888 or 1-800-716-9769 24 hours a day

Same services as Multnomah County Crisis Line.

Washington County Crisis Line

503-291-9111

Depression and Bipolar Support Alliance

1-800-826-3632

312-642-0049

Website: www.dbsalliance.org

Low Cost or Free Mental Health Services

Website: www.mhcc.edu

National Mental Health Information Center

1-800-789-2647 PO Box 42557 Washington, DC 20015

1-866-889-2647 hearing impaired

Children's mental health services, anxiety information, suicide prevention initiative.

Information also available in Spanish.

Hours: Mon—Fri 8:30am-5pm (Eastern Standard Time)

Website: www.mentalhealth.org

Oregon Mental Health Counselors Association

1-877-77-OMHCA PO Box 641 Beaverton, OR 97075

Offers counseling for people with mental health problems.

Website: www.omhca.com