



MT. HOOD
COMMUNITY COLLEGE

Mental Health/Human Service
Associate of Applied Science and
Youth Worker Certificate
Program Application For
Fall 2010



Greetings Mental Health/Human Service Applicant!

Thank you for your interest in the Mental Health/Human Service program at Mt. Hood Community College. We hope you will find the enclosed information helpful. The packet does contain a lot of information but it is important for you to understand your options clearly. This packet contains information regarding the 2-year Mental Health/Human Service program and the 1-year Youth Worker Certificate.

Please take the time to read each section carefully.

This packet includes the following:

Program Outline	Courses by Specialty Track
Admission Guidelines and Criteria	Frequently asked Questions
Cost sheet	Helpful Hints for Success
MHCC Student Admission Form	Further Considerations Before Applying

The primary approach in this program is "hands on" learning. This means there are experiential parts to the classes including fieldwork, group work, and videotaped interviewing sessions. This kind of training prepares graduates for immediate employment upon graduation. Most graduates who seek employment find work before or shortly after graduation, other graduates elect to go on for a four-year degree. We have excellent transfer opportunities to local universities.

A graduate of this program can expect to find employment in a wide variety of settings at a wage of \$10.00 to \$20.00 an hour. Currently jobs are available in the areas of chemical dependency treatment, youth work, community corrections, developmental disabilities, case management, and older adult programs, working with the mentally ill and child welfare. The required fieldwork portion of this program provides excellent opportunities for finding employment through networking with other professionals.

Thanks again for your interest. If you have any questions about the admissions process to this program, please call 503-491-7256. If you have **program** questions, please call Leslie at 503-491-7178 or email at Leslie.Allen@mhcc.edu or visit <http://www.mhcc.edu/pages/1228.asp>

Sincerely,

Leslie Joan Allen
Program Director
Mental Health/Human Service

Dr. Ann Bonner
Program Advisor
Mental Health/Human Service

Kathleen Hannigan-McNamara
Program Advisor
Mental Health/Human Service



PROGRAM OUTLINE

FACULTY ADVISORS	TELEPHONE	EMAIL
Leslie Joan Allen (Director)	503-491-7178	Leslie.Allen@mhcc.edu
Ann Bonner	503-491-7425	Ann.Bonner@mhcc.edu
Kathleen Hannigan-McNamara	503-491-7403	Kathleen.Hannigan-McNamara@mhcc.edu

PROGRAM OPTIONS: Mental Health/Human Service has two options listed below.

- 2-year Associate of Applied Science Degree or
- 1-year Youth Worker Certificate.

The application process is the same for both options. Candidates will designate which option they are pursuing admission for on the application materials.

INFORMATION SESSIONS: Are held monthly. See <http://www.mhcc.edu/pages/1656.asp> or page 3 of this application.

LENGTH OF PROGRAM

- 6 terms (excluding summer) or longer if needed
- Part time option is **easily** available; (See program advisors)
- Youth Worker Certificate: 1-year (4 terms)

PROGRAM BEGINS EACH FALL

Students must apply and be accepted into the program to have their major changed to Mental Health/Human Service.

APPLICATION DEADLINE – May 7, 2010 at 5:00 p.m.

STUDENT ENROLLMENT THE FIRST YEAR – limit is 32 plus alternates

ORIENTATION PROCESS FOR ACCEPTED STUDENTS

A program orientation is offered each September, the Thursday before school starts. This orientation is mandatory. Program instructors are generally available during the academic year, less so in the summer.

IMMUNIZATIONS

Accepted students must have verification of measles (Rubella) immunization prior to beginning spring term of the first year.

CRIMINAL BACKGROUND CHECKS AND DRUG TESTING: The Mental Health/Human Service Program does not require students to complete criminal background checks or drug testing for application or acceptance at this time. **However, individual internship sites** (agencies, hospitals, and schools) used as part of the instructional requirements may require students to complete these as a part of their agency requirements. You may review a list of potentially disqualifying crimes listed later in this packet. If you have concerns about your background and success in the Mental Health/ Human Service program, please attend an informational session to discuss your concerns with program faculty.

DEGREE / CERTIFICATE AWARDED WITH COMPLETION OF REQUIRED COURSEWORK

Students select one of these programs:

- Associate of Applied Science (AAS)
- Certificate

TRANSFER CONSIDERATIONS TO 4-YEAR COLLEGES/UNIVERSITIES

All courses are transfer level. The program has transfer agreements with Portland State University Child and Family Studies and with Concordia University Social Work program for bachelor degrees.

CAREER DESCRIPTION

A graduate of this program of study will find opportunities in a variety of job settings. A Human Service Worker often works in a team setting, with Bachelor and Mastered Degree Colleagues. Duties may include interviewing, client advocacy, intake, assessment and referral, and case management. They may also participate in one-to-one and/or group counseling activities. Employment opportunities exist in working with:

- Victims of Domestic Violence
- Children & adolescents in group home settings
- Schools
- Community corrections for juveniles and adults
- Homeless youth and adults
- Individuals with physical and mental disabilities.
- The elderly
- Services to children and families
- Individuals with mental illness
- Counseling and treatment of substance abuse and addictions

APPROXIMATE STARTING SALARY

\$10.00 to \$20.00 an hour

EMPLOYMENT OPPORTUNITIES

Generally and locally: Excellent

BOARD EXAMS AND/OR LICENSING

None required. In Drug/Alcohol Treatment, a certificate is available from another source (CADC). Application for that certificate requires 1000 hours of work experience. Your MHCC internship usually provides 480 of these hours. See Mental Health/Human Service web page for link to Addiction Counselor Certification Board of Oregon (ACCBO). These requirements are subject to change by ACCBO and the state of Oregon.

PHYSICAL AND EMOTIONAL DEMANDS

Demands vary considerably depending on the type of employment/practicum site you desire. Emotional stress is normal in learning to work as a helper.

ADMISSION PROCESS

Admission of all students is centralized in the Admissions, Registration and Records Office. Admission to the College does not guarantee admission to the Mental Health/Human Service program. The Admissions, Registration and Records Office has the final authority on what constitutes equivalency for all admission criteria and has the sole authority to inform students of their admission status.

If you have questions regarding admission procedures please contact the Admissions, Registration and Records Office at 503-491-7256.

APPLICANT ASSESSMENT

The admission process is designed to ensure that each admitted applicant is prepared to be successful in the program and the career field.

- Meeting Minimum Skills Proficiency (Reading, Writing and Mathematics)
- Program Application
- Written Responses to Questions included within this application
- Attendance of an Information Session (strongly advised)

ADMISSIONS PROCESSING TIMELINE

Dates	Action
November 2, 2009	• Application available & may be submitted to the Admissions, Registration & Records Office
May 7, 2010 at 5:00 p.m.	• Application deadline – by 5:00pm or post marked - no exceptions
June 2010	• Notification of Admissions status will be mailed to students applying by the deadline
September 2010	• Mandatory Orientation before school begins.
September 20, 2010	▪ School begins

Dates are subject to change without notice.

INFORMATION SESSION DATES:

It is **strongly recommended** that you attend an information meeting before applying to this program. Information meetings are held monthly from October through May.

Dates for 2009-2010

Thursday, October 29, 2009	Wednesday, January 20, 2010	Wednesday, April 7, 2010
Thursday, November 19, 2009	Wednesday, February 17, 2010	Wednesday, April 21, 2010
Thursday, December 3, 2009	Wednesday, March 10, 2010	Wednesday, May 5, 2010

Times

All sessions are offered from 12:00 – 12:30 p.m.

Location

All sessions are held in Room 2761, the Allied Health Conference Room Gresham Campus.

ADMISSIONS CRITERIA

Regardless of college coursework completed or how long ago you completed the requirements, all applicants must adhere to the application requirements listed below.

1. Minimum Skills Proficiency

Success in the program requires certain skill levels in three areas: reading, writing and math. The minimum skill proficiencies required for admission to this program are equal to:

Reading:	Placement into Reading 115	or	Completion of Reading 90
Writing:	Placement into Writing 115 is acceptable for applying to the program, however Writing 115 must be completed before classes begin in September of 2010*	or	Completion of Writing 115 before classes begin in September of 2010
Math:	Placement into Math 20	or	Completion of Math 10

**This program requires students complete WR115 or higher with a "C" grade or higher before being admitted.*

You can demonstrate your Minimum Skills Proficiency through one of the following processes:

A. The Mt. Hood Community College Placement Test (CPT)

- The CPT is a non-timed skills assessment test given on a walk-in basis. There is no fee to take the CPT. Scores will be available upon completion of the test.
- CPT scores are valid for two years
- For purposes of admission to the Mental Health/Human Services program, the CPT must be taken at Mt. Hood Community College. Applicants who live more than two hours away may take the test by proctor. Please call the MHCC Testing Services for more information, 503-491-7678.
- If you are only taking portions of the CPT you'll need to obtain a "waiver" form by bringing appropriate transcripts to the Academic Advising and Transfer Center.
- Students who choose to retest in reading, writing or math will need to complete a Retest Self-Referral Form, which is available in the Testing Center or Academic Advising and Transfer Center and pay a \$10 per subject re-test fee. If your CPT scores indicate you are not ready for the Mental Health/Human Services program, you will be advised to take a course or courses in preparation to apply to the program at a later date. CPT scores that are older than two years at the time of MHHS program application are not valid and applicants will need to re-test for placement.

OR

B. Prior College Coursework*

- The CPT may be waived if an applicant has completed college coursework with a "C" or higher grade in RD90, WR90 and MTH10 or higher.
- Official transcripts* must be submitted to the Admissions, Registration and Records Office.
- Students who have completed a bachelor's degree from an accredited school and submit authorized documentation (official transcripts or diploma) may have the reading and writing portion of the test waived and will be considered proficient for admission purposes for this program.

***Transcript Requirements:**

Recent documents: we recommend that you send recently dated official transcripts. Any transcripts received in prior years will not be guaranteed to be on file.

Non-accredited college transcripts: They will not be considered in the initial evaluation of your application nor can they be considered toward any degree requirements.

Transfer coursework from foreign Institutions: Such coursework must be evaluated by the application deadline by an outside credential evaluation service. The evaluation company must be either

AACRAO Foreign Education Credential Service (www.aacrao.org) or a member of the National Association of Credential Evaluation Services (NACES). For a list of NACES memberships, please refer to their web site at www.naces.org. The evaluation must be a course-by-course evaluation with an official copy submitted to the Admissions, Registration and Records Office. The coursework must be considered to be at a post-secondary level, have comparable MHCC accreditation status and be parallel in content to MHCC coursework. The outside evaluation must also be completed for secondary level education for any evaluation of that coursework toward MHCC admission requirements.

2. Required Documents

A checklist of required documents is provided as part of the application packet. The checklist must be submitted as well. The documents include:

- Mental Health/Human Service Admission Form: (Please see Application Packet Checklist.)
- Signed Mental Health/Human Service Application Checklist (you can find the Application Packet Checklist at the end of this packet.)
- Written Responses to Mental Health Human Service program questions.*
- Program Application Fee: The program fee of \$25.00 is in addition to the admission fee and is due by the application deadline. Your application will not be considered without the program fee.
- Other official documents as described in the packet and on the application checklist.

3. Questions – Submit handwritten responses*

The following three questions are part of your application to the Mental Health Human Service program. Please write each response in two paragraphs or less.

1. What led you to choose Mental Health and Human Service as a career path?
2. Please explain why you believe you would make an effective Human Service professional.
3. Describe specific qualities and/or personal strengths that you will bring to the Human Service profession.

NOTE: Please put your name at the top of each page you submit and number each response to coordinate with the question. Submissions with no names will not be considered.

CONSIDERATIONS BEFORE YOU APPLY

COPING WITH THE RIGORS OF STUDY AND THE PROFESSION

Applicants to the Mental Health and Human Service program must be physically and mentally able to cope with the rigors of the curriculum and the nature of behavioral healthcare profession and Codes of Ethics. Established academic and clinical requirements are essential to the program of instruction, apply to all students and cannot be waived. Attempts will be made to accommodate and retain qualified applicants with disabilities unless results of evaluations indicate that, given reasonable accommodation, an individual will still not be able to perform the essential functions required by the program. Persons with questions concerning particular qualifications are encouraged to contact the Office of Disability Services to arrange an appointment for individual consultation and advice prior to application

Recent state law mandates that students born on or before January 1, 1957, must have had a second measles inoculation before they begin their fieldwork. Additional information and explanatory forms are available from program instructors.

STUDENTS IN RECOVERY FROM ADDICTIONS

We encourage students who are recovering from drug and/or alcohol addiction issues to be very strongly into their recovery with substantial support and a plan for managing stress. Many students recovering from addictions are successful in this program if they have a secure recovery and outside support. It is suggested you have at least 1-2 years of sobriety from drugs and alcohol.

WORK LIMITATIONS WHILE IN PROGRAM

Demands on full time students, particularly during practicum experiences, allow restricted amounts of time for other responsibilities including other work and family life. Part-time options are available.

SIMILAR PROGRAMS IN THE REGION

The nearest programs are: Portland Community College – Drug/Alcohol Program only and Chemeketa Community College – Human Services Program.

WHAT WE EXPECT FROM OUR STUDENTS

- Attend classes regularly, arrive on time and stay for duration of class.
- Keep and read course outline/syllabus. It contains important information about assignments, tests, and other requirements of the class.
- Learning involves the processing of new information by discussion and consideration of ideas. In class, the courtesy of not talking when another is talking facilitates the learning process.
- If problems arise that interfere with your learning, it is important that you talk with the instructor when it is happening, not after it is too late to do anything.



APPLICATION PACKET CHECKLIST –All Documents are turned in to the Admissions Office.

Name: _____ Email: _____

Your completed packet must include the items listed below. Include this checklist with your application materials. Any item being mailed must be postmarked on or before the application deadline. **Please send this checklist with your application packet.**

PROGRAM SELECTION

- Designate which program you are applying for:
 - Mental Health/Human Service two-year program
 - Youth Worker Certificate one-year program

GENERAL DOCUMENTS

- This Application Checklist – signed and dated
- Mental Health/Human Service Admission Form – **This form is required as part of the limited/restricted entry application process** even if you were or are a student at MHCC. You are not required to pay the \$25.00 admission fee as part of the MHHS application process. If you have not paid the fee in the past, it will automatically be added to your bill for tuition the first time you register for classes. If you have taken credit courses at MHCC prior to Summer 2003, you will not be required to pay this fee.
- Program Application Fee Receipt for Mental Health/Human Service (This fee is independent of the MHCC admissions fee and due at time of application.)

MINIMUM SKILLS PROFICIENCY DOCUMENTATION

- Reading Proficiency – I am using...(check the appropriate box)
 - MHCC College Placement Test scores
 - Official college transcript
- Writing Proficiency – I am using...(check the appropriate box)
 - MHCC College Placement Test scores
 - Official college transcript
- Math Proficiency - I am using...(check the appropriate box)
 - MHCC College Placement Test scores
 - Official college transcript

HAND WRITTEN RESPONSES TO QUESTIONS WITHIN APPLICATION

Due to the high volume of program applicants, candidates are not guaranteed notification of missing application items. It is the applicant's responsibility to ensure all items are received by the application deadline. Only complete applications will be evaluated for admission.

Applicant's signature

Date



Mental Health/Human Service ADMISSION FORM

Admissions, Registration and Records Office, 26000 S.E. Stark Street, Gresham, OR 97030

This form is required as part of the limited / restricted entry application process even if you were or are a student at Mt. Hood Community College (MHCC). You are not required to pay the \$25.00 admission fee as part of the MH/HS application process. If you have not paid the fee in the past, it will automatically be added to your bill for tuition the first time you register for classes. If you have taken credit courses at MHCC prior to Summer 2003, you will not be required to pay this fee.

*Providing your social security number (SSN) is voluntary. If you provide it, MHCC will use your SSN for keeping records, doing research, reporting, extending credit, and collecting debts. MHCC will not use your number to make any decision directly affecting you or any other person. Your SSN will not be given to the general public. If you choose not to provide your SSN, you will not be denied any rights as a student. Please refer to the Disclosure Statement listed on the MHCC Web site at www.mhcc.edu/ssn, which describes how your number will be used. Providing your SSN means that you consent to the use of your number in the manner described.

Returning Students: MHCC ID Number _____

Term Summer Fall Winter Spring
Year _____

* Social Security Number _____

Previous college(s) attended _____

Name _____
LAST FIRST M.I.

Previous name(s) _____

Address _____ Apt# _____

CITY STATE ZIP

COUNTY (i.e. Multnomah) _____

E-mail _____

MHCC Major _____ Mental Health / Human Service _____

Phone _____ Gender: M F

Racial / Ethnic Information:

(Your response is voluntary)

Do you consider yourself to be Hispanic or Latino:

Yes No

In addition, select one or more of the following racial categories to describe yourself:

-American Indian or Alaskan Native -Asian

-African American or Black -White

- Native Hawaiian or Other Pacific Islander

Date of Birth ____ / ____ / _____

Mother's Maiden Name _____

Residency Status – required for assessing tuition charges.

Will you have lived in Oregon 90 days prior to the 1st day of the term?

-yes -no AND, check one below:

-Permanent resident of Oregon, CA, ID, WA or NV

-Permanent resident outside of Oregon, CA, ID, WA or NV

-International Student (requires an I-20)

-International Visitor (B, J, H or other non-student Visa)

please tell us your Visa type: _____

What is your attendance history at MHCC?

-New Student

-Attended MHCC more than four terms ago

What is your current high school education?

(D)-Adult High School Diploma, Yr _____

(G)-GED, Yr _____

(H)-High School Graduate, Yr _____

(N)-Did not complete

(S)-Still in High School

Name of last high school attended _____

State _____

Check here if Home Schooled _____

What is the highest level of education / training you have received beyond high school?

(0)-None

(1)-Some college, short-term training, private vocational school

(2)-1-year certificate from a community college

(3)-2-year degree from a community college

(4)-Bachelor's degree

(5)-Master's degree

(6)-Ph.D. / Professional degree

Do you plan to earn a degree, certificate or diploma at MHCC?

(A)-Yes, a 1-year certificate or 2-year degree

(B)-Yes, High School diploma or GED

(C)-No, here to take classes

(D)-Undecided

Select the one main reason for attending MHCC this term.

(A)-Take classes to transfer to a 4-year college

(B)-Learn skills to get a job

(C)-Improve existing job skills

(D)-Explore career or educational options

(E)-Take classes to finish High School or GED

(F)-Improve reading, writing or math skills

(G)-Learn English

(H)-Personal interest / enrichment

(I)-Other

Will you be employed while attending classes this term?

(F)-Yes, full-time (35+ hours per week)

(P)-Yes, part-time (Less than 35 hours per week)

(N)-No, not employed

Check here if you are a U.S. Veteran:

Yes

“Student Right to Know”

information is available at

<http://www.mhcc.edu/pages/1451.asp>

If you need assistance due to a disability, please contact the

Disability Services Office at (503)-491-6923 or at (503)-491-7670 (TDD)

Student Signature _____ Date: _____

Read before submitting: I acknowledge I am legally obligated to pay all charges incurred by registering. Charges may include late fees, reasonable collection costs, attorney fees, and Oregon Department of Revenue charges to the collection of all delinquent debts owed to the college. To have course tuition/fee charges removed, I must process a drop or withdrawal on MyMHCC or through the Admissions, Registration and Records Office within the refund period. (Form Updated: 6/25/2009)



ASSOCIATE OF APPLIED SCIENCE CURRICULUM (subject to yearly changes)

FIRST YEAR			SECOND YEAR		
FALL – 1 st Term	Credits		FALL - 4 th Term	Credits	
HS101 Introduction to Social Services	3		HS265 Intervention Strategies I	3	
HS107 Orientation to Mental Health Careers	3		HS291 Practicum Seminar	2	
HS111 Interviewing Skills I	2		WE280HS_ Cooperative Education Internship	4	
HS111L Interviewing Skills I Lab			PSY 225 Group Counseling: Theory and Practice I	3	
PSY235 Human Development I: Infancy-Adolescence	3		WR 122 Writing: Critical Thinking	3	
HE207 Stress Control – Activity Intervention	1		HS142-Track A –Addiction Theories	3-5	
WR121 English Composition	3		HS154-Track B – Juvenile Risk Assessment		
			Transfer Elective Track C- See advisor		
Term Total	15		Term Total I	18-20	
WINTER - 2 nd Term			WINTER - 5 th Term		
HS112 Interviewing Skills II	2		AH 210 Research for Allied Health	1	
HS112L Interviewing Skills II Lab			HS266 Intervention Strategies II	3	
HS135 Case Management I	2		WE280HS_ Cooperative Education Internship	4	
HS141 Pharmacology of Psychoactive Substances	3		HS291 Practicum Seminar	2	
HS150 The Effective Helper, A Personal Skills Approach	3		HDFS224 Abuse in the Family	3	
PSY 222 Diagnosis and Treatment: Clinical	2		PSY 226 Group Counseling: Theory and Practice II	3	
PSY236 Human Development II: Adolescence to Aging	3				
Term Total	13		Term Total I	16	
SPRING - 3 rd Term			SPRING - 6 th Term		
HS113 Interviewing Skills III: Cross Cultural	3		SW201 The Field of Social Welfare	3	
HS113L Interviewing Skills III: Cross Cultural Lab			WR123 English Composition: Research *	3	
HS136 Case Management II	2		HS291 Practicum Seminar	2	
HS291 Practicum Seminar	2		WE280HS_ Cooperative Education Internship	4	
WE280HS_ Cooperative Education Internship	4		HE 208 AIDS and other STDs	1	
HE202 Adult Development and Aging	1		HS143 – Track A – Treatment of Addiction	3	
HS 223 Diagnosis and Treatment: Personality	2		HS153 – Track B – Principles of Youth Development		
Math 65 or higher	4		or Transfer Elective Track C See advisor		
Term Total	18		Term Total I	16-18	

Note: The course requirements for this program are subject to change each academic year. For MHCC certificate/degree requirements, a student must follow the program requirements the year the student is officially admitted to the program or the year the student is completing the program.

*Do not enroll for WR123 prior to being accepted to the program. There is a special section of this course for Mental Health/Human Service students in spring of the second year.

MHHS YOUTH WORKER CERTIFICATE CURRICULUM (subject to yearly changes)

FALL – 1 st Term		Credits	FALL - 4 th Term		Credits
HS101	Introduction to Social Services	3	HS291	Practicum Seminar	2
HS111	Interviewing Skills I	2	WE280HS_	Cooperative Education Internship	4
HS111L	Interviewing Skills I Lab		PSY225	Group Counseling: Theory and Practice I	3
PSY235	Human Development I: Infancy-Adolescence	3	HS154--	Juvenile Risk Assessment	1-3
HE207	Stress Control – Activity Intervention	1	or Related Elective (see advisor)		
WR121	English Composition	3	Term Total		10-12
Term Total		12			
WINTER - 2 nd Term					
HS112	Interviewing Skills II	2			
HS112L	Interviewing Skills II Lab				
HS141	Pharmacology of Psychoactive Substances	3			
HS 135:	Case Management I	2			
HS150	The Effective Helper, A Personal Skills Approach	3			
MTH65	Beginning Algebra II or higher	4			
Term Total		14			
SPRING - 3 rd Term					
HS113	Interviewing Skills III: Cross Cultural	3			
HS113L	Interviewing Skills III: Cross Cultural Lab				
HS291	Practicum Seminar	2			
WE280HS_	Cooperative Education Internship	4			
HE 208		1			
Term Total		10			

Note: The course requirements for this program are subject to change each academic year. For MHCC certificate/degree requirements, a student must follow the program requirements the year the student is officially admitted to the program or the year the student is completing the program.

Courses open to students considering the program: See <http://www.mhcc.edu/pages/3149.asp>

If you plan to apply to the Mental Health/Human Service program, you may take these courses prior to applying for the program. **Please consult course grid and courses by track.**

Classes for students considering entry in 2010-11

- WR121 English Composition, WR 122 English Composition
- WR 123 MUST BE TAKEN SPRING TERM IN 2nd YEAR OF PROGRAM
- HE207 Stress Control, HE208 AIDS and Other Sexually Transmitted Infections
- HE202 Adult Development and Aging
- PSY 222, HS 223, and HS 141
- Math requirement: Math 65 for completion of the MHCC certificate or degree.
If transferring to Concordia continue through Math 105 or Math 111.
- Science requirement: If student plans to transfer to 4 year college, a science with a lab is necessary.

Optional: • ASL101 American Sign Language

- RUS111 Beginning Russian Conversation
- SPAN 101 Beginning Spanish

PROGRAM COSTS

Item	Cost
Books (per term)	\$200-300
Graduation Fee	\$ 15.00
Tuition per credit	\$78.25
Cap and Gown	\$30.00

These costs are approximations and are subject to change without notice. They are listed only as a guide for your financial planning. Tuition is as of summer 2009 and subject to change without notice.

The costs listed above are for your core classes only and do not include costs for the general and related electives required for the Associate of Applied Science Degree in Mental Health/Human Service.

Note: Students are responsible for transportation costs to clinical practicum sites. Books, graduation fees, licensure fees and travel are not included in financial aid reimbursable expenses.

Financial Aid – You are encouraged to apply for financial aid. Many students find they are eligible when they apply. Please visit <http://www.mhcc.edu/pages/113.asp> or call 503-491-7262

POTENTIAL JOB TITLES

For many students entering the Mental Health/Human Service Program, their choice of a career is just beginning. This program can offer a student the first step in a career path to advanced degrees of bachelor, master or doctorate. Many students also seek the associate degree as an opportunity for employment.

Many students will work in community based social service programs with the associate degree. The following listing provides a sample of some position titles currently held by graduates of this program. A second column lists some of the advanced degree positions sought by graduates of this program.

JOB TITLES WITH AN ASSOCIATE DEGREE

- Activity Director In A Nursing Home
- Advocate
- Alcohol Counselor
- Certified Alcohol/Drug Counselor
- Chemical Dependency Counselor
- Community Resource Coordinator
- Counselor
- Court Advocate
- Drug Counselor
- Employment Counselor
- Family Resource Specialist
- Gambling Counselor
- Job Coach
- Job Developer
- Mental Health Technician
- Mental Health Therapist Medical Settings, In Patient Psychiatric Units
- Parent/Trainer
- Personal Skills Trainer
- Probation/Parole Technician
- Program Coordinator
- Qualified Mental Health Associate
- Rehabilitation Counselor
- Residential Aide
- Social Service Assistant
- Social Service Director In A Nursing Home/Long Term Care
- State Worker For DHS
- Student Aid/Tutors
- Teaching Assistant – With Special Needs/At Risk Youth
- Work In Domestic Violence
- Youth Development Specialist

JOB TITLES WITH AN ADVANCED DEGREE

- Counseling psychologist
- Counselor
- Family therapist
- Grant Writer
- Private Practice
- Program Director
- QMHP (Qualified mental health professional)
- School counselor
- Social worker
- Specialized Counseling
CACD I, II, III,
Gambling
Sex Addiction

HELPFUL HINTS FOR SUCCESS

GOING TO SCHOOL IS LIKE A FULL-TIME JOB!

Some students expect their 12- 18 hours of class time per week to feel like a part-time job. When you add the 1-3 hours of homework for each class hour, you end up with the equivalent of a full-time job!

BEING A STUDENT IS HARD WORK

The numerous responsibilities of school, work, family, child care, friends and so on can combine to create stress. Scheduling time for relaxation is important.

COLLEGE IS A NEW WORLD

Learning how the college operates is also part of the process of your education. Reading directions, asking questions, allowing plenty of time, and being patient can help you be successful.

YOUR PERSONAL DISCOVERIES MAY EFFECT FAMILY AND FRIENDS

About one-half of what you learn in this program is about yourself. You will discover a lot about yourself as a helper; including your communication skills and personal style. Issues of your own may be triggered along the way. Throughout the coursework you may find your views of the world and your behavior changes. Family members and friends may not enjoy the new you. Coping with confusion and stress will be necessary.

GET A HEAD START

Many students have taken a class called EL 115 Academic Success Strategies. This class teaches you how to prepare for exams, take tests, take notes, and read for the greatest amount of understanding.

THE COLLEGE PLACEMENT TEST

Some students practice or brush up on reading, writing and math skills prior to the test. Students find they are more confident and comfortable if they spend a little time reviewing basic concepts like using fractions and decimals.

BEFORE YOU APPLY

Attend an information session. You'll get a chance to meet the instructors and talk to other interested students just like you. Please see the schedule of information sessions above.

CHECK OUT FINANCIAL AID

Everyone qualifies for some kind of aid. Federal programs include grants, loans, and work-study options. We also offer many kinds of scholarships. Call 503-491-7262 for more details.

FREQUENTLY ASKED QUESTIONS

How do I know what classes to take before I get into the program?

You are invited to attend informational sessions (go to <http://www.mhcc.edu/pages/1656.asp>) that happen once a month in the Allied Health Conference room. You may also seek advising from professional advisers at the college. **See list above for optional classes.** Make sure you tell them you are applying for the Mental Health and Human Service program. You may visit the college catalog page describing the program class outline as well. *It is highly recommended that students take EL115, RD115, and PSY201 before entering the program.* These are not required for graduation from the program but will assist substantially in student success.

How heavy is the workload?

The answer to this question may be very individual. If you have a job and a family the workload will be heavier than if you are not working nor have fewer responsibilities. We offer **both** full and part-time options. Full-time students take 12-15 credits per quarter. Part-time students take less than 12 credit hours.

If I am a part-time student, how do I know which classes to take?

You are encouraged to attend an information session to speak with program advisors. A guide for part-time students is available outside office 2765 after November 1st. Upon admission to the Mental Health and Human Service program you will receive a list of classes you should register for if you are part-time. You will also be assigned a personal adviser who will assist you with course selection. Many students choose the part-time option.

What career options are out there for me with a two-year degree?

While we cannot describe all of the employment opportunities, here is a sample. We have graduates working as Mental Health Technicians at local residential and hospital treatment facilities; Social Service Assistants with Dept. of Human Services; Case Managers with agencies serving the elderly and mentally ill, Counselors in residential treatment facilities for teens and adults; Drug and Alcohol Counselors in a wide variety of human service agencies; Mediation and Negotiation specialists with families; Program Developers and Grant Writers. These are just a FEW of the many opportunities that await our graduates.

Can I transfer to another college or university after completing this program?

Yes! Your Mental Health/Human Service degree transfers directly to Concordia University Social Work program and to Portland State University Child and Family Studies program. Some students attend Marylhurst University, University of Portland social work program, the University of Oregon, Oregon State University, University of Washington, Western Oregon University and some may elect to do on-line bachelor degrees in a social science.

Are there classes offered in the evening or weekends for those that work?

The core program classes are mainly offered during the day. We do offer a significant amount of course work in the evenings and on weekends. These courses may be taken as part of your degree program or for continuing education for professionals working in the field.

CRIMINAL BACKGROUND CHECK (PLEASE NOTE: THE MHHS PROGRAM DOES NOT REQUIRE THE CRIMINAL BACKGROUND CHECK FOR ADMISSION TO THE PROGRAM) (Individual internship sites may request them. Please speak to program faculty for more information)

LIST OF POTENTIALLY DISQUALIFYING CRIMES

• Abandonment of a child	• Intimidation I and II
• Abuse of corpse I and II	• Kidnapping I and II
• Adult using minor in commission of controlled substance offense	• Manslaughter I and II
• Aggravated animal abuse I	• Murder
• Aggravated murder	• Paying for sexual view of children
• Aggravated theft I	• Penalty for manufacture/delivery of controlled sub. w/in 1000 ft of School
• Animal abuse I and II	• Possession of materials depicting sexually explicit conduct of a child I & II
• Any federal crime, and any unclassified felony	• Possession of precursor substance w/ intent to manufacture
• Application of controlled substance to the body of another person	• Possession of weapons by certain felons
• Arson I	• Possession of weapons by inmates of institutions
• Assault I, II, III and IV	• Prohibited acts (regarding the practice of medicine)
• Assault of public safety officer	• Prohibited acts for registrants (w/ St. Brd of Pharmacy; re: felony crimes)
• Bigamy	• Prohibited acts generally (regarding drug crimes)
• Burglary I	• Promoting prostitution
• Buying or selling a person under 18 years of age	• Providing hypodermic device to minor prohibited
• Cellular counterfeiting I	• Racketeering activity unlawful
• Certain short-barreled firearms and firearm silencers	• Rape I, II, and III
• Child neglect I and II	• Riot
• Compelling prostitution	• Robbery I, II, and III
• Criminal homicide	• Sadoomasochistic abuse or sexual conduct in live show
• Criminal mistreatment I and II	• Sale of drug paraphernalia prohibited
• Criminally negligent homicide	• Sale sexual condition of children
• Custodial interference I	• Sending obscene materials to minors
• Dealing sexual condition of children	• Sexual abuse I, II, and III
• Displaying obscene materials to minors	• Sexual assault of animal
• Disseminating obscene material	• Sodomy I, II, and III
• Distribution to minors	• Stalking
• Encouraging child sexual abuse I, II, and III	• Strangulation
• Endangering the welfare of a minor	• Tear gas, or mace I
• Escape I and II	• Theft by extortion
• Exhibiting an obscene performance to a minor	• Theft of services
• Failure to report as a sex offender	• Treason
• Failure to report child pornography	• Unlawful possession of machine guns
• Female genital mutilation	• Unlawful sexual penetration I and II
• Firearms used in felony	• Unlawful use of an electrical stun gun
• Furnishing obscene materials to minors	• Unlawful use of weapon
• Hindering prosecution	• Using child in display of sexually explicit conduct
• Incest	