

Health Web Sites

Quality consumer health information from reputable and reliable sources

Agency for Healthcare Research and Quality

www.ahrq.gov/

The Agency for Healthcare Research and Quality (AHRQ) research provides evidence-based information on health care outcomes; quality; and cost, use, and access. Information from AHRQ's research helps people make more informed decisions and improve the quality of health care services.

AIDS Education Global Information System

www.aegis.com/

The "magic bullet" to cure or prevent HIV infection has not been found, and too many people with or affected by HIV/AIDS are isolated by cultural, geographic, and economic barriers. In these times, how must we fight AIDS and relieve the human suffering it causes? We believe the answer will be found in the transformation of information into knowledge.

Alzheimer's Association

www.alz.org

Extensive information on Alzheimer's including understanding the disease, medical issues of diagnosis and treatment, resources for families and caregivers and reports on research initiatives.

American Academy of Family Physicians

www.aafp.org/family/patient.html

Offers health information for patients covering more than 250 health topics, arranged into four main categories:

- Common Conditions/Diseases/Disorders
- The Body
- Treatments
- Healthy Living

American Association for Health Education (AAHE)

www.med.usf.edu/~kmbrown/AAHE.htm

The American Association for Health Education (formerly known as the Association for the Advancement of Health Education). AAHE is a membership organization representing 7,500 health educators and health promotion specialists and is the oldest and largest health education association. AAHE's members are leaders in the field, educators at every level of academia and practitioners in all corners of society.

American Autoimmune Related Diseases Association

www.aarda.org

AARDA is a national organization dedicated to addressing the problem of autoimmunity, the major cause of chronic illness. Its site offers patient information on more than 56 autoimmune-related diseases.

American Cancer Society

www.cancer.org

The ACS Web site patient resource center addresses both the most common and less common types of cancer, providing information about the nature of cancer, its causes and risk factors, strategies for prevention, diagnostic techniques and treatments. It also features news, research and local ACS resource information.

American Diabetes Association

www.diabetes.org

Internationally recognized with a membership of over 300,000, ADA offers online research and patient information, news, nutrition information, advocacy and legal resources and journal and magazine articles for both consumers and health professionals.

American Heart Association

www.americanheart.org

A wealth of online materials including the Heart and Stroke A-Z Guide, a home, health and family section featuring recipes and cookbook promos, resources for exercise, health news and healthful lifestyle needs and an interactive risk assessment test for heart disease. A health care professionals section features updates on scientific statements, treatment guidelines and other medical information.

American Medical Association

www.ama-assn.org

Provides resources for health care professionals as well as consumers, including general health, family health and fitness information, doctor finder, hospital finder and American Medical News and journals information.

American Sign Language and Deaf Culture

www.aslinfo.com

Arthritis Foundation

www.arthritis.org

A source of help for the nearly 40 million Americans who have arthritis, the foundation's web site provides a resource room for patients and health professionals, news, research and advocacy resources and information for contacting local resources.

ASCO Online

www.asco.org/ac/1,1003,_12-002138,00.asp

A resource site for cancer patients, doctors and researchers provided by the American Society of Clinical Oncologists. Resources include a cancer glossary, general cancer information, Web resources, cancer in the news and information on advocacy and getting involved in the battle against cancer.

National Cancer Institute (NCI)

www.nci.nih.gov/

The National Cancer Institute's cancer trials information site provides information for advances in cancer care, understanding and finding clinical trials and deciding whether to participate in a clinical trial.

Center for AIDS Prevention Studies

www.caps.ucsf.edu/

The Center for AIDS Prevention Studies (CAPS) was established in 1986 to: Conduct local, national, and international interdisciplinary research on methods to prevent HIV infection and its consequences. Stimulate collaboration among academic researchers, public health professionals, and community-based organizations.

The Center for Cross Cultural Health

www.crosshealth.com/

The mission of the Center for Cross Cultural Health is *'to integrate the role of culture in improving health.'* Our vision is to ensure that diverse populations receive culturally competent and sensitive health and human service.

Center for Science in the Public Interest

www.cspinet.org

A great watchdog group from Washington DC

Centers for Disease Control and Prevention

www.cdc.gov

This site provides news, travelers' health information, information on diseases, health risks and prevention guidelines from the Centers for Disease Control and Prevention.

City of Hope

www.cityofhope.org/home.htm

Cancer research and treatment center.

College Drinking: Changing the Culture (NIAAA)

www.collegedrinkingprevention.gov/

NIAAA has maintained a small portfolio of grants on this issue for many years; however, this Task Force represents an effort to address this issue in the most coordinated, comprehensive manner possible.

Combined Health Information Database

www.chid.nih.gov/welcome/welcome.html

CHID is a database produced by health-related agencies of the federal government. It provides titles, abstracts, and availability information for health information and health education resources.

Maintained by the National Institutes of Health, this database lists a wealth of health promotion and education materials and program descriptions that are not indexed elsewhere on the Web.

Consumer Health Information Page (NIH)

www.nih.gov/health/consumer/conicd.htm

A growing, online collection of the most requested publications from the National Institutes of Health.

Create-a-Diet

www.nhlbisupport.com/cgi-bin/chd/diet.cgi

The goal of this activity is to show how to select foods on the Step II Diet. You will be given the opportunity to select foods from a variety of choices and then receive a report on how closely you were able to match your Step II Diet goals for saturated fat, fat, cholesterol, sodium and calories.

Crohn's and Colitis Foundation of America

www.ccfa.org

A comprehensive site on Crohn's disease and ulcerative colitis. The section called Medical Central (registration required) includes articles on numerous aspects of inflammatory bowel diseases (IBD), including diagnosis and treatment, complications and coping day to day. The site also has a research section and asks the Specialist section where volunteer physicians answer questions about IBD on bulletin board.

Consumer Health Information Page (NIH)

www.nih.gov/health/consumer/conicd.htm

A growing, online collection of the most requested publications from the National Institutes of Health.

Depression and Related Affective Disorders Association

www.med.jhu.edu/drada/

The Depression and Related Affective Disorders Association (DRADA) works in cooperation with the Department of Psychiatry at the Johns Hopkins University School of Medicine. Their site includes research papers, book reviews and personal accounts.

Digestive Health Resource Center
www.gastro.org/digestinfo.html

This collection of online resources and references on digestive health and digestive diseases provided by the American Gastroenterological Association includes extended information on peptic ulcer, viral hepatitis and colorectal cancer.

Diversity Rx
www.diversityrx.org/

Discover how language and culture affect the delivery of quality services to ethnically diverse populations.

Easter Seals
www.seals.com

Numerous rehabilitation and support services to meet the needs of people with disabilities. Resources include children's services, medical and health services, vocational services, adult and senior services, residential services, camping and leisure services, assistive technology and in-home services.

Eating Disorder Referral and Information Center
www.edreferral.com/

We are dedicated to the prevention and treatment of eating disorders. Edreferral.com provides information and treatment resources for all forms of eating disorders. Our goal is to provide assistance, in the form of information and resources, to those suffering with eating disorders to get them started on the road to recovery and healthy living.

The Emergency Contraception Website
ec.princeton.edu/

This server is designed to provide accurate information about emergency contraception derived from the medical literature and a directory of clinicians willing to provide emergency contraceptives in your area. All forms of emergency contraception described on this server require a prescription.

EurekaAlert!
www.eurekaalert.org

EurekaAlert!, a comprehensive Web site about the latest research advances in science, medicine, health and technology, is produced by the American Association for the Advancement of Science. About 20 news releases from universities and research organizations are posted on a daily basis.

FDA
www.fda.gov

Information from the U.S. Food and Drug Administration, the nation's foremost consumer protection agency. Site contains specific consumer topics including consumer advice on food and nutrition, consumer drug information, food information and seafood hotline, AIDS clinical trials information, breast implant information line and special information for patients, women and kids.

FDA Consumer
www.fda.gov/fdac/default.htm

The consumer magazine of the U.S. Food and Drug Administration, this publication reports on current FDA activities to ensure the products the agency regulates - food, drugs, medical devices, cosmetics, biologics - are fit for use.

Gay and Lesbian Medical Association
www.glma.org/home.html

Founded in 1981 as the American Association of Physicians for Human Rights, GLMA "came out" as an organization in 1994 with a name change as part of the broader

expansion of our visibility, leadership, education, and advocacy. Since then our membership has grown significantly -- our 2,000 - plus members.

Gay, Lesbian, Bisexual, Transgender Health Web Pages

www.metrokc.gov/health/glb/

Most of the health concerns of GLBT people are no different from those of anyone else. For example, we can all benefit from eating five fruits and vegetables a day, exercising for at least 30 minutes four times a week, washing our hands regularly, and always wearing our seat belts.

Glaucoma Research Foundation

www.glaucoma.org

In addition to news and patient information, the Glaucoma Research Foundation site facilitates access to the Glaucoma Support Network, a national telephone-based peer-support network for people with glaucoma and their families.

Health Hotlines (NLM)

www.sis.nlm.nih.gov/hotlines/index.html

A National Library of Medicine database of health-related organizations operating toll-free telephone services. Also includes information on services and publications available in Spanish.

Healthfinder

www.healthfinder.gov

healthfinder is a gateway consumer health and human services information Web site from the U.S. government. healthfinder links to selected online publications, clearinghouses, databases, web sites, and support groups, as well as government agencies and not-for-profit organizations that produce reliable information for the public.

HealthGate

www.healthgate.com

A leading provider of many respected and widely used medical resources on the Web. HealthGate provides more than 50 resources for a various audiences, including clinicians, researchers and patients. Created to facilitate improvements in biomedical research, medical education, public health, patient education and patient care, HealthGate is owned by HealthGate Data Corp., and operates independently. Many free resources are provided, including MEDLINE, AIDSDRUGS, AIDSLINE, AIDSTRIALS, BIOETHICSLINE, CANCERLIT, Diagnostic Procedures, HealthSTAR, a healthy living series and a wellness center. Other databases are provided for an access fee.

Health on the Net

www.hon.ch

An international initiative, Health on the Net Foundation (HON) is a non-profit organization, headquartered in Geneva, Switzerland. Dedicated to realizing the benefits of the Internet, the foundation's site facilitates access to support communities, medical resources, health care news, health databases and other support systems for individuals, health professionals and health care providers.

Healthy People 2010

www.health.gov/healthypeople/

Healthy People 2010 challenge's individuals, communities, and professionals—indeed, all of us— to take specific steps to ensure that good health, as well as long life, are enjoyed by all.

Hepatitis C

www.epidemic.org

One of the best sites about Hep C. Easy to understand information for patients and practitioners. Links to other liver disease and hepatitis information, support groups, and research.

International Society of Travel Medicine

www.istm.org/

The International Society of Travel Medicine (ISTM) is committed to the promotion of healthy and safe travel. In cooperation with national and international health care providers, academic centers, the travel industry and the media, ISTM advocates and facilitates education, service, and research activities in the field of travel medicine.

JAMA

www.ama-assn.org/public/journals/jama/jamahome.htm

Publication site for the Journal of the American Medical Association. Includes latest news, current issue table of contents, past issues, CME, books, journals, new media review index and letters to the editor. Users can also register to get the JAMA table of contents via e-mail.

Journal of the American Medical Association HIV/AIDS Resource Center

www.ama-assn.org/special/hiv/hivhome.htm

The *JAMA* HIV/AIDS Resource Center is designed as a resource for physicians and other health professionals. The site is produced and maintained by *JAMA* editors and staff.

JAMA Information Centers

www.ama-assn.org/special/infhome.htm

Maintained by the Journal of the American Medical Association, a series of peer-reviewed resources on specific conditions, designed primarily for physicians and other health professionals. Topics include HIV/AIDS, asthma, migraine and women's health.

Johns Hopkins AIDS Service

www.hopkins-aids.edu

The information presented represents the policies, recommendations and standards of care of The Johns Hopkins AIDS Service. Included are the full text of a book, "Medical Management of HIV Infection," and a bimonthly newsletter, "Hopkins HIV Report," along with a regular Ask-the-Doc feature.

Johns Hopkins Breast Center

www.med.jhu.edu/breastcenter/

The Web site for the Johns Hopkins Breast Center, ranked among the top 10 breast cancer centers in the nation for quality of care by *Self Magazine* in October, 1997. The site includes a free "Webzine" featuring the latest research advances, a breast cancer patient's bill of rights and an interactive patient satisfaction survey.

Johns Hopkins Infectious Diseases Site

www.hopkins-id.edu

Presents the policies, recommendations and standards of care of The Johns Hopkins University Division of Infectious Diseases. The site provides a wealth of data including travel medicine, hepatitis and tuberculosis information, in addition to other diseases.

Johns Hopkins InfoNet

www.med.jhu.edu

A server Web site for Johns Hopkins Medical Institutions. Contains a wealth of health and health care information published on the Web by the many affiliate medical departments, groups and organizations of JHMI.

Johns Hopkins Medicine Website
hopkins.med.jhu.edu

The Johns Hopkins Medicine Web site is the front door to America's top-ranked hospital and its associated Schools of Medicine, Nursing, and Public Health. It contains various online publications, full-text press releases, and information on how to make appointments by clinical specialty.

Johns Hopkins Oncology Center
www.med.jhu.edu/cancerctr/hematol/protocol.htm

An NCI-designated Comprehensive Cancer Center, the Johns Hopkins Oncology Center maintains a Web site with detailed clinical protocols on more than a dozen types of cancer, including extensive information on bone marrow transplantation and hematological malignancies.

Johns Hopkins Orthopedic Surgery Site
www.med.jhu.edu/ortho/sports/guides.htm

The Johns Hopkins Department of Orthopedic Surgery has posted nine consumer guides to common sports injuries on its Web site. Here are easy-to-understand diagrams and explanations of everything from rotator cuff tendonitis to ACL reconstruction. The site also includes four step-by-step rehabilitation programs for various injuries and procedures.

Johns Hopkins Pancreatic Cancer Site
www.path.jhu.edu/pancreas

The Johns Hopkins Medical Institutions has become the leading center for the treatment and study of pancreatic cancer (the nation's fifth leading cause of death by cancer). This Web site details the very latest research and clinical developments. It also has a very active "chat room" for patients and family members to share ideas and support, and an Ask our Social Worker page.

Joint Commission on Accreditation of Healthcare Organizations
www.jcaho.org

The "Joint" – accrediting body for most hospitals in the US. Set standards for healthcare organizations.

Leukemia Society
www.leukemia.org

The Leukemia Society of America offers health information and service resources for leukemia, lymphoma, Hodgkin's disease and myeloma. Online and print materials are available as well as news, chapter finder services and links to other web resources.

March of Dimes
www.modimes.org

With a mission to prevent birth defects and infant mortality, the March of Dimes offers a site with multiple information resources, including birth defects information, having a healthy baby, public and professional education and worksite programs.

Mayo Clinic-Food and Nutrition Center
www.mayoclinic.com/findinformation/healthylivingcenter/centers.cfm?objectid=000851DA-6222-1B37-8D7E80C8D77A0000&

This site includes information about healthy eating habits, weight management, supplements, nutrition issues, and more.

MDCConsult
www.mdconsult.com

Designed primarily for physicians, MD Consult is a medical information resource that includes content from more than 50 publishers, organizations and societies. Site sections include Journal Search, Practice Guidelines, Reference Books, Patient Education, Today in Medicine, Drug Information, CME Center and Clinical Topic Tours. Service fees are required for membership - 10-day free pass available.

Medline: Smoking Cessation

www.nlm.nih.gov/medlineplus/smokingcessation.html

MEDLINEplus has extensive information from the National Institutes of Health and other trusted sources on over 500 diseases and conditions. There are also lists of hospitals and physicians, a medical encyclopedia and dictionaries, health information in Spanish, extensive information on prescription and nonprescription drugs, health information from the media, and links to thousands of clinical trials. MEDLINEplus is updated daily and can be bookmarked at the URL: medlineplus.gov.

Medscape

www.medscape.com

Serving primarily health care professionals, Medscape features thousands of full-text peer-reviewed journal articles, medical news, medical databases and interactive quizzes. Organized by medical specialty and health professions, Medscape was created by SCP Communications, Inc. in 1995, and is now owned and operated by Medscape, Inc.

Multiple Sclerosis

www.nmss.org

Working to end the devastating effects of MS, the National Multiple Sclerosis Society features this Web site containing news, disease information, clinical and research bulletins, legislative alerts and person-to-person stories from people with MS.

National Associations of Anorexia Nervosa and Associated Disorders

www.anad.org/

ANAD serves the nation, and increasingly the world, as an Association concerned with and providing programs for the entire eating disorders field. Twenty-three years after its inception on March 4, 1976, ANAD leads the fight in the battle against deadly disorders with a multi-faceted program.

National Eating Disorders Association

www.nationaleatingdisorders.org/p.asp?WebPage_ID=337

We have been providing life-saving information to individuals affected by eating disorders and reaching countless others with innovative prevention and education programs for more than a decade.

National Clearinghouse for Alcohol and Drug Information

www.health.org/features/multicultural/

The mission of the RADAR Network is to strengthen communication, prevention, and treatment activities so that a broad range of organizations can communicate and help each other prevent substance abuse problems.

National Collegiate Athletic Association

www.ncaa.org/

The NCAA Committee on Competitive Safeguards and Medical Aspects of Sports works closely with the division football committees to construct a sound model of sports-medicine practices that protect the welfare of football student-athletes.

National Down Syndrome Society

www.ndss.org

Focused on people with Down syndrome and their ability to achieve full potential in

community life, the National Down Syndrome Society provides general, clinical and educational information and resources designed for individuals with Down syndrome, parents, teachers, researchers and health professionals.

National Institutes of Health

www.nih.gov/icd/

News, research information and professional and consumer health information from the multiple Health Institutes that are part of the U.S. Department of Health and Human Services, among them the National Cancer Institute, the National Heart, Lung, and Blood Institute, the National Institute of Allergy and Infectious Diseases, the National Institute of Diabetes and Digestive and Kidney Diseases, the National Institute of Neurological Disorders and Stroke; the National Institute of Arthritis and Musculoskeletal and Skin Diseases, the National Institute of Mental Health; and the National Institute on Aging.

National Library of Medicine

www.nlm.nih.gov

Every significant program of the Library is represented, from medical history to biotechnology. Multiple medical databases are available, including Medline, CancerLit and AIDSline.

National Mental Health Association

www.nmha.org/

The National Mental Health Association is the country's oldest and largest nonprofit organization addressing all aspects of mental health and mental illness. With more than 340 affiliates nationwide, NMHA works to improve the mental health of all Americans, especially the 54 million people with mental disorders, through advocacy, education, research and service.

The National Minority AIDS Council

www.nmac.org/

The National Minority AIDS Council (NMAC), established in 1987, is the premier national organization dedicated to developing leadership within communities of color to address the challenges of HIV/AIDS.

National Psoriasis Foundation

www.psoriasis.org

Information about psoriasis and psoriatic arthritis from the National Psoriasis Foundation. Site sections include disease and research information, psoriasis therapies, news, services and publications, Web resource links and a section just for kids and teens.

National Women's Health Information Center

www.4women.gov/

Welcome to the National Women's Health Information Center (NWHIC), a service of the Office on Women's Health in the Department of Health and Human Services. The NWHIC provides a gateway to the vast array of Federal and other women's health information resources. Our site on the World Wide Web can help you link to, read, and download a wide variety of women's health-related material developed by the Department of Health and Human Services, other Federal agencies, and private sector resources.

New England Journal of Medicine Online

www.nejm.org

NEJM Online provides a selection of full-text articles, abstracts of current articles and an archive of past issues. A CareerLinks area offers a searchable database of employment opportunities for medical professionals.

Northwest Coalition for Alternative to Pesticides
www.efn.org/~ncap

The Northwest Coalition for Alternatives to Pesticides (NCAP) works to protect people and the environment by advancing healthy solutions to pest problems.

Office of Rare Diseases
rarediseases.info.nih.gov/ord/

National Institutes of Health information on more than 6,000 rare diseases, including current research, publications from scientific and medical journals, completed research, ongoing studies and patient support groups.

Osteoporosis Foundation
www.nof.org

A leading resource for people seeking up-to-date, medically sound information on osteoporosis. Includes disease information, risk factors, bone health, prevention and treatment information. Sections for health professionals, support groups and advocacy are also featured.

Quackwatch
www.quackwatch.com

Quackwatch, Inc., a member of Consumer Federation of America, is a nonprofit corporation whose purpose is to combat health-related frauds, myths, fads and fallacies. It has extensive online reports about practices ranging from chelation therapy to weight control gimmicks and frauds.

Pain Management Sites
www.edc.org/CAE/PainLink/
oncolink.upenn.edu/specialty/pain/
www.ampainsoc.org/
www.painmed.org/
www.cityofhope.org/medinfo/mayday.htm

Rape Abuse and Incest National Network
www.rainn.org/

The Rape, Abuse & Incest National Network is the nation's largest anti-sexual assault organization and operates the National Sexual Assault Hotline at 1.800.656.HOPE. Comprised of more than 1,000 local affiliates, the hotline has helped more than half a million victims of sexual assault since 1994.

Research Funding Sources
Centers for Disease Control Funding
www.cdc.gov/funding.htm

Robert Wood Johnson Foundation
www.rwjf.org

Reuters Health Information Services
www.reutershealth.com

With over 20 full-text news items published online every day, the Reuters Health Information Services site is a valuable resource for both health care professionals and consumers interested in the latest news from the medical world.

RxList
www.rxlist.com

Managed by Neil Sandow, Pharm.D., manager of technologies for a major pharmaceutical distributor, RxList provides general drug information on over 4000 U.S. drug products and is intended to supplement the advice of a physician. A "Top 200" feature provides generic prescribing information on 200 products that represent nearly 2/3 of all prescriptions filled in the United States and the majority of searches of the RxList database.

Stanford University Best Practices for Patient Safety Links
healthpolicy.stanford.edu/PtSafety/Useful_Links.htm

Tufts Nutrition Navigator
www.navigator.tufts.edu/

The *Tufts University Nutrition Navigator* is the first online rating and review guide that solves the two major problems Web users have when seeking nutrition information: how to quickly find information best suited to their needs and whether to trust the information they find there. The *Tufts University Nutrition Navigator* is designed to help you sort through the large volume of nutrition information on the Internet and find accurate, useful nutrition information you can trust.

US Centers for Disease Control and Prevention: Tobacco
www.cdc.gov/tobacco/

Tobacco use remains the leading preventable cause of death in the United States, causing more than 440,000 deaths each year and resulting in an annual cost of more than \$75 billion in direct medical costs. Nationally, smoking results in more than 5.6 million years of potential life lost each year.

Wilmer Eye Institute
www.wilmer.jhu.edu

The top-ranked Wilmer Eye Institute at Johns Hopkins provides a wealth of patient information and links for ophthalmologic conditions ranging from diabetic retinopathy to cataracts to macular degeneration.

Health Search Engines

Clinical Trials.gov

www.clinicaltrials.gov/

The U.S. National Institutes of Health, through its National Library of Medicine, has developed *ClinicalTrials.gov* to provide patients, family members and members of the public current information about clinical research studies.

Dogpile

www.dogpile.com

metasearch engine

Family Doctor.org

www.familydoctor.org/

All of the information within familydoctor.org has been written and reviewed by physicians and patient education professionals at the American Academy of Family Physicians. The information is regularly reviewed and updated.

Google Scholar

scholar.google.com/

metasearch engine that focuses on journal publications

Hot web sites! (from Drs. McGonigle and Eggers)

cac.psu.edu/~dxm12/web3.html

Another compilation of websites with some excellent additions not included in this compilation.

Medlineplus

www.medlineplus.gov/

MEDLINEplus has extensive information from the National Institutes of Health and other trusted sources on over 500 diseases and conditions. There are also lists of hospitals and physicians, a medical encyclopedia and dictionaries, health information in Spanish, extensive information on prescription and nonprescription drugs, health information from the media, and links to thousands of clinical trials. MEDLINEplus is updated daily.

MegaCrawler

www.megacrawler.com

a great search engine –

Medsurf

www.medsurf.com/newsite/

At MedSurf, our goal is to empower physicians with web-based treatment management tools for effective interpretation of diagnostic tests.

MDchoice

www.mdchoice.com/

Has medical information for children health, HIV and AIDS, allergies, cancer, and health issues.

Physician's Guide to the Internet

www.webcom.com/pgi/

This site includes topics such as physician's well being and health, medical specialties, personal finance, today's news, and employment for new physicians.