

# Pacific Northwest Relays

## Scores

### Women's:

#### **Mt Hood Community College 77.5**

Clackamas Community College 77  
Western Oregon University 57  
Willamette University 52  
Southwestern Oregon University 50.5  
Warner Pacific 47  
Clark College 21  
Corban College 17  
Evergreen College 10  
Central Oregon Community College 4  
Cascade College 1

### Men's:

Warner Pacific 81.5

#### **Mt Hood Community College 76**

Willamette University 65  
Clackamas Community College 62  
Western Oregon University 34  
Southwestern Oregon 33  
Corban College 29  
Bowerman Athletic Club 15  
Cascade College 13  
Evergreen College 9.5  
Clark College 8  
NW Christian College 4  
Willamette Striders Track Club 4  
Central Oregon Community College 2

# Pacific Northwest Relays - 4/10/2009

Oregon City High School  
Results

## Women 200 Meter Dash

Name	Year School	Finals	Wind	H#
<b>1 Sims, Catherine</b>	<b>Mt. Hood CC</b>	<b>26.07</b>	-0.3	1
2 Ricker, Haley	Warner Pacific	26.34	-0.3	1
<b>3 Sims, Crystal</b>	<b>Mt. Hood CC</b>	<b>26.54</b>	-0.3	1
4 St. John, Kaitlin	Willamette	26.76	-0.2	2
5 Reid, Kaitlyn	Clackamas CC	26.85	-0.3	1
6 Dittmar, Stefani	Western Oregon	26.87	-0.3	1
7 Dinsmore, Jaela	Willamette	27.09	-0.3	1
8 Minor, Carrie	Unat-Western Ore	27.66	-0.2	2
9 Nhim, Samantha	Willamette	27.91	-0.2	2
10 Vander Meulen, Janna	Western Oregon	27.94	-0.3	1
11 Skordahl, Zoe	Western Oregon	27.96	-0.2	2
12 Boehle-Silva, Kali	Willamette	28.64	-0.1	3
13 Barnett, Danielle	Willamette	29.11	-0.1	3
14 Shafer, Aimee	Clackamas CC	29.56	-0.1	3
15 Shafer, Lauren	Clackamas CC	29.66	-0.1	3
<b>16 Tune, Kim</b>	<b>Mt. Hood CC</b>	<b>29.83</b>	-0.1	3
<b>17 Bird, Stacy</b>	<b>Mt. Hood CC</b>	<b>31.95</b>	-0.2	2
18 Coleman, Evelyn	Evergreen	34.05	-0.1	3

## Women 3000 Meter Run

Name	Year School	Finals
1 Harper, Jessica	Unattached	10:33.20
2 Johnson, Jen	Unattached	10:55.00
3 Casillas, Ana	Evergreen	11:00.30
4 Peterson, Britta	Evergreen	11:29.50
5 Macias, Leslie	Unat-Cascade Col	12:01.20
6 Lopez, Amanda	Unat-Cascade Col	12:10.50
7 Baker, Emily	Evergreen	12:26.20
8 Hicks, Ericka	Warner Pacific	12:49.30
9 Westlake, Samantha	Warner Pacific	13:32.50
10 Estrella, Krystal	Warner Pacific	14:12.00

## Women 5000 Meter Run

Name	Year School	Finals
1 Howard, Janet	Unattached	19:52.70
2 Winkle, Kayla	Warner Pacific	20:35.40
3 Ballard, Leah	Warner Pacific	20:35.60

## Women 100 Meter Hurdles

Name	Year School	Finals	Wind	H#
<b>1 Schumacher, Terra</b>	<b>Mt. Hood CC</b>	<b>15.14</b>	NWI	1
2 Vander Meulen, Janna	Western Oregon	15.51	NWI	1
3 Keifer, Mandy	Western Oregon	15.79	NWI	1
4 Mosher, Ali	Western Oregon	16.52	NWI	1
5 Annas, Katie	Warner Pacific	16.62	NWI	1
<b>6 Sims, Catherine</b>	<b>Mt. Hood CC</b>	<b>16.72</b>	NWI	1
<b>7 Sims, Crystal</b>	<b>Mt. Hood CC</b>	<b>16.85</b>	NWI	2

8	Yeldon, Chloe	Warner Pacific	17.10	NWI	2
9	Avalos, Andrea	Clark College	17.37	NWI	2
10	Ricco, Danielle	Warner Pacific	17.67	NWI	2
11	Smith, Jocelyn	Corban	17.69	NWI	1
12	Chong, Dianne	SW Oregon CC	17.77	NWI	2
13	Johnson, Kelsea	SW Oregon CC	19.52	NWI	2

Women 4x100 Meter Relay

School		Finals
<b>1</b>	<b>Mt. Hood CC 'A'</b>	<b>49.16</b>
	1) Pitts, Stephany	2) Sims, Crystal
	3) Schumacher, Terra	4) Sims, Catherine
2	Clark College 'A'	51.01
	1) Avalos, Andrea	2) Bryant, Hailey
	3) Kent, Kandra	4) Holton, Brooklyn
3	Clackamas CC 'A'	51.25
	1) Nogle, Bailey	2) Monterola, Keisa
	3) Aellert, Briana	4) Reid, Kaitlyn
4	Corban 'A'	53.24
	1) Smith, Jocelyn	2) Renfro, Amy
	3) Welling, Courtney	4) davis, bianca

Women 4x800 Meter Relay

School		Finals
1	Warner Pacific 'A'	9:53.67
	1) Ballard, Leah	2) Hicks, Ericka
	3) Yeldon, Chloe	4) Annas, Katie
2	Willamette 'A'	10:03.82
	1) Greene, Kaitlin	2) Horning, Megan
	3) Madden, Erin	4) Spartas, Elizabeth
3	Corban 'A'	10:09.94
	1) Renfro, Amy	2) Welling, Courtney
	3) jennifer, hague	4) davis, bianca
<b>4</b>	<b>Mt. Hood CC 'A'</b>	<b>10:33.66</b>
	1) Baker, Amanda	2) Gustafson, Hannah
	3) Tune, Kim	4) Payment, Whitney
5	Clackamas CC 'A'	11:26.02
	1) Olson, Katie	2) Gopher, Raevyn
	3) Spring, Crystal	4) Braniff, Ashley
6	SW Oregon CC 'A'	11:43.23
	1) Damon, Emily	2) Adams, Alexa
	3) Frasier, Francesca	4) Nelson, Kendra

Women 4x1600 Meter Relay

School		Finals
1	Willamette 'A'	20:34.06
	1) Polanco, Edith	2) Mattox, Kimber
	3) Winger, Jena	4) Coffman, Maddie
2	Willamette 'B'	22:57.31
	1) Patel, Tina	2) Venable, Sally
	3) Ueki, Laura	4) Tollefson, Phoebe
3	Clackamas CC 'A'	24:58.35
	1) Osten, Karly	2) Spring, Crystal
	3) Braniff, Ashley	4) Olson, Katie
--	Willamette 'C'	DNF

- |                   |                     |
|-------------------|---------------------|
| 1) Maki, Ali      | 2) McSweeney, Sarah |
| 3) Monahan, Cathy | 4) Velez, Maya      |

Women 800 Sprint Medley

School	Finals
<b>1 Mt. Hood CC 'A'</b>	<b>1:50.15</b>
1) Pitts, Stephany	2) Schumacher, Terra
3) Sims, Catherine	4) Sims, Crystal
2 Western Oregon 'A'	1:54.11
1) Skordahl, Zoe	2) Dittmar, Stefani
3) Butcher, Meryl	4) Zambon, Erica
3 Corban 'A'	1:55.92
1) Smith, Jocelyn	2) Welling, Courtney
3) davis, bianca	4) Renfro, Amy
4 Clackamas CC 'A'	1:56.39
1) St. Paul, Bryanna	2) Filipetti, Erica
3) Nogle, Bailey	4) Reid, Kaitlyn
5 Central Oregon CC 'A'	1:59.58
1) Berg, Marissa	2) Butler, Amanda
3) Hehn, Halley	4) Sentgeorge, Katrina
6 SW Oregon CC 'A'	2:01.31
1) Chong, Dianne	2) Harrington, Courtney
3) Johnson, Kelsea	4) Nelson, Kendra

Women Distance Medley

School	Finals
1 Evergreen College 'A'	13:26.61
1) Peterson, Britta	2) Carlson, Karissa
3) Farah, Lindsey	4) Casillas, Ana
<b>2 Mt. Hood CC 'A'</b>	<b>13:51.78</b>
1) Gustafson, Hannah	2) Baker, Amanda
3) Pitts, Stephany	4) Payment, Whitney
3 Warner Pacific 'A'	14:20.59
1) Westlake, Samantha	2) Cooley, Stephanie
3) Winkle, Kayla	4) Hicks, Ericka
4 Clackamas CC 'A'	14:38.49
1) Osten, Karly	2) Gopher, Raevyn
3) Spring, Crystal	4) Braniff, Ashley

Women High Jump

Name	Year School	Finals
1 Richardson, Andrea	Willamette	1.52m 4-11.75
<b>2 Pitts, Stephany</b>	<b>Mt. Hood CC</b>	<b>1.47m 4-09.75</b>
2 Skordahl, Zoe	Western Oregon	1.47m 4-09.75
2 Neilson, Kelsey	Western Oregon	1.47m 4-09.75
2 Johnson, Kelsea	SW Oregon CC	1.47m 4-09.75
2 Hehn, Halley	Central Oregon C	1.47m 4-09.75
2 Keifer, Mandy	Western Oregon	1.47m 4-09.75
8 Nogle, Bailey	Clackamas CC	1.42m 4-07.75
9 Filipetti, Erica	Clackamas CC	1.37m 4-06.00
-- Farah, Lindsey	Evergreen	NH
-- Butler, Amanda	Central Oregon C	NH
-- Coleman, Evelyn	Evergreen	NH
-- Heckerth, Courtney	Clackamas CC	NH
-- Cobby, Jessica	Willamette	NH

-- Sentgeorge, Katrina Central Oregon C NH

Women Pole Vault

Name	Year School	Finals
1 Monterola, Keisa	Clackamas CC	3.81m 12-06.00
<b>2 Schumacher, Terra</b>	<b>Mt. Hood CC</b>	<b>3.66m 12-00.00</b>
3 Andrews, Elizabeth	Willamette	3.05m 10-00.00
4 Smith, Sarah	SW Oregon CC	2.75m 9-00.25
-- Shafer, Lauren	Clackamas CC	NH
-- Butler, Amanda	Central Oregon C	NH
-- Sentgeorge, Katrina	Central Oregon C	NH
-- Shafer, Aimee	Clackamas CC	NH

Women Triple Jump

Name	Year School	Finals	Wind
1 Keifer, Mandy	Western Oregon	10.89m	NWI 35-08.75
2 Chong, Dianne	SW Oregon CC	10.74m	NWI 35-03.00
3 Yeldon, Chloe	Warner Pacific	10.21m	NWI 33-06.00
4 Skordahl, Zoe	Western Oregon	10.13m	NWI 33-03.00
5 Johnson, Kelsea	SW Oregon CC	9.97m	NWI 32-08.50
6 St. Paul, Bryanna	Clackamas CC	9.87m	NWI 32-04.75
7 <b>Tune, Kim</b>	<b>Mt. Hood CC</b>	<b>9.77m</b>	<b>NWI 32-00.75</b>
8 Iveans, Kyla	SW Oregon CC	9.66m	NWI 31-08.50
9 Filipetti, Erica	Clackamas CC	9.57m	NWI 31-04.75
10 <b>Bird, Stacy</b>	<b>Mt. Hood CC</b>	<b>9.32m</b>	<b>NWI 30-07.00</b>
11 Ciccarelli, Maria	SW Oregon CC	9.28m	NWI 30-05.50
12 Newby, Rachel	Warner Pacific	9.13m	NWI 29-11.50
13 Heckerth, Courtney	Clackamas CC	9.05m	NWI 29-08.25
14 Kent, Kandra	Clark College	8.87m	NWI 29-01.25
-- Cobley, Jessica	Willamette	FOUL	NWI
-- Holton, Brooklyn	Clark College	FOUL	NWI
-- Ricker, Haley	Warner Pacific	FOUL	NWI

Women Shot Put

Name	Year School	Finals
1 Garcia, Rachel	Unattached	13.47m 44-02.50
<b>2 Strot, Kelsey</b>	<b>Mt. Hood CC</b>	<b>12.46m 40-10.50</b>
3 Edholm, Christina	Willamette	11.47m 37-07.75
<b>4 Ramos, Chelsey</b>	<b>Mt. Hood CC</b>	<b>11.45m 37-06.75</b>
5 Taylor, Alyssa	Western Oregon	11.40m 37-05.00
6 Wentz, Breezy	Clark College	11.08m 36-04.25
7 McLaughlin, Melanie	SW Oregon CC	11.06m 36-03.50
8 Bryant, Hailey	Clark College	10.73m 35-02.50
9 Morgan, Caitlin	Warner Pacific	10.64m 34-11.00
10 Cuthbertson, Justine	SW Oregon CC	10.54m 34-07.00
11 Santiago, Fatina	Cascade College	9.67m 31-08.75
12 Hess, Sierra	Clackamas CC	9.62m 31-06.75
13 Goodman, Michelle	SW Oregon CC	9.61m 31-06.50
14 Phillips, Shawwna	Warner Pacific	9.21m 30-02.75
15 Beardsley, Tamara	SW Oregon CC	9.03m 29-07.50
16 Heckerth, Courtney	Clackamas CC	8.66m 28-05.00
17 Filipetti, Erica	Clackamas CC	7.31m 23-11.75
18 Johnson, Corby	Warner Pacific	7.00m 22-11.75

Women Discus Throw

Name	Year	School	Finals	
1 Garcia, Rachel		Unattached	39.70m	130-03
2 Hess, Sierra		Clackamas CC	38.74m	127-01
3 Santiago, Fatina		Cascade College	34.66m	113-08
4 Taylor, Alyssa		Western Oregon	33.77m	110-09
5 McLaughlin, Melanie		SW Oregon CC	33.66m	110-05
6 Wentz, Breezy		Clark College	32.37m	106-02
7 Edholm, Christina		Willamette	31.73m	104-01
8 Beardsley, Tamara		SW Oregon CC	31.62m	103-09
<b>9 Strot, Kelsey</b>		<b>Mt. Hood CC</b>	<b>31.05m</b>	<b>101-10</b>
10 Goodman, Michelle		SW Oregon CC	30.70m	100-09
11 Cuthbertson, Justine		SW Oregon CC	28.52m	93-07
12 Lane, Stephanie		Western Oregon	24.81m	81-05
13 Johnson, Corby		Warner Pacific	24.49m	80-04
14 Peoples, Jill		Warner Pacific	23.61m	77-05
15 Peterson, Katie		Willamette	23.30m	76-05
16 Morgan, Caitlin		Warner Pacific	21.37m	70-01
17 Shafer, Aimee		Clackamas CC	15.30m	50-02
18 Shafer, Lauren		Clackamas CC	15.15m	49-08

Women Hammer Throw

Name	Year	School	Finals	
1 Edholm, Christina		Willamette	40.71m	133-07
2 Taylor, Alyssa		Western Oregon	37.40m	122-08
<b>3 Kennedy, Lacy</b>		<b>Mt. Hood CC</b>	<b>36.16m</b>	<b>118-08</b>
4 Wentz, Breezy		Clark College	33.36m	109-05
5 Peterson, Katie		Willamette	30.42m	99-10
<b>6 Strot, Kelsey</b>		<b>Mt. Hood CC</b>	<b>27.85m</b>	<b>91-04</b>

Women Javelin Throw

Name	Year	School	Finals	
<b>1 Kennedy, Lacy</b>		<b>Mt. Hood CC</b>	<b>43.18m</b>	<b>141-08</b>
2 Lorenzen, Jillian		Western Oregon	38.51m	126-04
3 Peterson, Katie		Willamette	37.90m	124-04
4 Peoples, Jill		Warner Pacific	37.05m	121-07
<b>5 Ramos, Chelsey</b>		<b>Mt. Hood CC</b>	<b>35.57m</b>	<b>116-08</b>
6 Keifer, Mandy		Western Oregon	35.48m	116-05
7 Newby, Rachel		Warner Pacific	35.18m	115-05
8 Lane, Stephanie		Western Oregon	35.16m	115-04
9 Hess, Sierra		Clackamas CC	34.99m	114-09
10 Phillips, Shawna		Warner Pacific	34.82m	114-03
11 Morris, Caitlyn		Western Oregon	34.78m	114-01
12 Bryant, Hailey		Clark College	34.11m	111-11
13 Yokbay, Kayla		SW Oregon CC	33.73m	110-08
14 Young, Kyleigh		Unattached	32.06m	105-02
15 Iveans, Kyla		SW Oregon CC	30.77m	100-11
16 Nogle, Bailey		Clackamas CC	30.72m	100-09
17 Johnson, Corby		Warner Pacific	30.11m	98-09
18 Spring, Crystal		Clackamas CC	29.09m	95-05
19 Finch, Aubri		SW Oregon CC	27.75m	91-00

Men 200 Meter Dash

Name	Year	School	Finals	Wind H#
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1	Washington, Nate	Clark College	22.20	-0.2	1
2	Garner, Demarcus	Clackamas CC	22.21	-0.2	1
3	Keller, Wesley	Clackamas CC	22.56	-0.2	1
4	Nollan, Robby	Clackamas CC	22.88	1.0	2
5	Bourne, Alex	Western Oregon	23.00	NWI	4
6	Meuser, Andy	Willamette	23.30	1.0	2
6	Dick, Nate	Willamette	23.30	-0.2	1
8	Moland, Abe	Willamette	23.31	-0.2	1
<b>9</b>	<b>Strong, Micah</b>	<b>Mt. Hood CC</b>	<b>23.35</b>	-0.2	1
10	Howard, Neal	Willamette	23.45	-0.2	1
11	Remesnik, Dustin	Unat-Cascade Col	23.57	NWI	3
12	Bodding-Long, Tristan	Willamette	23.62	1.0	2
13	Tolento, Eric	Clackamas CC	23.75	1.0	2
14	Smith, Isaiah	Western Oregon	24.03	NWI	4
15	Shoemaker, Jason	Evergreen	24.75	NWI	4
<b>16</b>	<b>Wall, Brett</b>	<b>Mt. Hood CC</b>	<b>24.86</b>	NWI	3
17	Aiken, Jason	Unattached	24.92	NWI	3
<b>18</b>	<b>Frischman, Beau</b>	<b>Mt. Hood CC</b>	<b>25.29</b>	NWI	3
19	Pirkl, Drew	Clark College	25.37	1.0	2
20	Scholer, Matthew	Unattached	25.69	NWI	4

#### Men 3000 Meter Run

Name	Year School	Finals	
1	Banker, Travis	Western Oregon	9:23.70
2	Seick, Kyle	Western Oregon	9:28.20
3	Karr, Nik	Western Oregon	9:31.30
4	Raleigh, Brent	Warner Pacific	9:50.30
5	Lopez, Derek	Western Oregon	9:57.80
6	Pengra, Travis	Warner Pacific	10:06.50
7	Fink, Dennis	Warner Pacific	10:21.60
8	Gillies, Thomas	Northwest Christ	10:31.10
9	Lopez, Robert	Warner Pacific	10:36.50
10	Shoemaker, Jason	Evergreen	11:08.30

#### Men 5000 Meter Run

Name	Year School	Finals	
1	Jackson, Braxton	Western Oregon	15:23.10
2	Karr, Nik	Western Oregon	15:25.70
3	Schmidt, Andrew	Cascade College	15:58.60
4	Mammo, Ephrem	Warner Pacific	16:12.20
5	Garcia, Julio	Warner Pacific	16:12.70
6	Lagerstrom, Eric	Warner Pacific	16:14.10
7	Shakalia, Karim	Warner Pacific	16:15.40
8	De La Cruz, Juan	Unattached	16:58.90
9	Lewis, Grant	Clackamas CC	17:55.00
--	Graves, Jonathan	Warner Pacific	X16:03.90

#### Men 110 Meter Hurdles

Name	Year School	Finals	Wind	H#	
1	Gobel, Joseph	Unat-Clackamas C	15.96	NWI	1
<b>2</b>	<b>Howelton, Brian</b>	<b>Mt. Hood CC</b>	<b>15.97</b>	NWI	1
3	Loscutoff, Andy	Western Oregon	16.02	NWI	2
4	Werner, Jordan	Western Oregon	16.03	NWI	2
5	VanAsch, Brett	Warner Pacific	16.06	NWI	1
6	Miller, Shawn	Warner Pacific	16.50	NWI	1

7	Smith, Justin	SW Oregon CC	17.05	NWI	1
8	Kowalko, Caleb	Warner Pacific	17.59	NWI	2
9	Williams, Trevor	Clackamas CC	17.90	NWI	2
--	Bellefeuille, Jed	Clackamas CC	DNF	NWI	2

Men 4x100 Meter Relay

School		Finals	H#
1	Clackamas CC 'A'	42.80	1
	1) Nollan, Robby	2) Tolento, Eric	
	3) Keller, Wesley	4) Garner, Demarcus	
<b>2</b>	<b>Mt. Hood CC 'A'</b>	<b>43.04</b>	1
	1) Faber, Brandon	2) Strong, Micah	
	3) Lindstrom, Travis	4) Hope, Nathan	
3	Warner Pacific 'A'	44.02	1
	1) Moore, Cody	2) Fisher, Curtis	
	3) Hamilton, Cameron	4) Baskett, Bobby	
4	Cascade College 'A'	45.30	2
	1) Bicknell, Aaron	2) Bradley, Benjamin	
	3) Mendoza, Adam	4) Smerke, Chris	
5	Corban 'A'	45.42	2
	1) Anderson, David	2) Christensen, Josh	
	3) Shields, Cory	4) St. Peter, Beau	

Men 4x800 Meter Relay

School		Finals
1	Willamette 'A'	7:56.37
	1) Gilbertson, Reid	2) Winger, Paul
	3) McLaughlin, Ryan	4) Kotaich, Kyle
2	Willamette 'B'	8:03.92
	1) Lanning, Jonathan	2) Parker, Matt
	3) Lackman, Drew	4) Grabman, Bart
3	Warner Pacific 'A'	8:10.08
	1) Garcia, Julio	2) Graves, Jonathan
	3) Shakalia, Karim	4) Lockard, Curt
4	Corban 'A'	8:16.22
	1) Goins, Caleb	2) Search, Ben
	3) Schloemer, Jeffery	4) Coriano, Kevin
5	SW Oregon CC 'A'	8:41.16
	1) Akers, Tyrell	2) Scott, Andrew
	3) Wayrynen, Willie	4) Urias, Emanuel
6	Clackamas CC 'A'	9:36.08
	1) Fund, Zach	2) Walker, Dominick
	3) Williams, Trevor	4) Bellefeuille, Jed

Men 4x1600 Meter Relay

School		Finals
1	Willamette 'A'	17:46.01
	1) Castillo, Leo	2) Platano, Chris
	3) Rebol, Nicholas	4) Redfield, Stefan
2	Willamette 'B'	18:07.67
	1) Donovan, Ben	2) Smith, Nate
	3) Knutson-Lombardo, Tristan	4) Clough, Josh
<b>3</b>	<b>Mt. Hood CC 'A'</b>	<b>19:05.18</b>
	1) Ishenin, Slavic	2) Romey, Matt
	3) Gongora, Gilmer	4) Ellis, Bobby

4	Corban 'A'	19:09.23
	1) Cook, Kevin	2) Hardrath, Jason
	3) Goins, Caleb	4) Search, Ben
5	Warner Pacific 'A'	19:42.28
	1) Raleigh, Brent	2) Pengra, Travis
	3) Spencer, Brandon	4) Fink, Dennis
6	Clackamas CC 'A'	19:55.94
	1) Correll, Luke	2) Lewis, Grant
	3) Fund, Zach	4) Correll, Jared
7	Willamette 'C'	20:07.91
	1) Donovan, Joe	2) Weisbard, Matt
	3) Manoogian-O'Dell, Brin	4) Gale, William

Men 800 Sprint Medley

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School		Finals	H#
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<b>1</b>	<b>Mt. Hood CC 'A'</b>	<b>1:33.68</b>	1
	1) Faber, Brandon	2) Lindstrom, Travis	
	3) Strong, Micah	4) Hope, Nathan	
2	Warner Pacific 'A'	1:38.10	1
	1) Moore, Cody	2) Fisher, Curtis	
	3) Hamilton, Cameron	4) Baskett, Bobby	
3	Corban 'A'	1:38.35	2
	1) Anderson, David	2) Christensen, Josh	
	3) Shields, Cory	4) St. Peter, Beau	
4	SW Oregon CC 'A'	1:40.17	1
	1) Ragland, Chris	2) Gannon, Justin	
	3) Akers, Tyrell	4) Urias, Emanuel	
5	Cascade College 'A'	1:40.39	1
	1) Bicknell, Aaron	2) Petty, Steven	
	3) Smerke, Chris	4) Mendoza, Adam	
<b>6</b>	<b>Mt. Hood CC 'B'</b>	<b>1:40.58</b>	2
	1) Wallace, Jeremy	2) Espino, Kevin	
	3) Howelton, Brian	4) Stevens, Markus	
7	Clark College 'A'	1:42.64	1
	1) Barrett, Ryan	2) Washington, Nate	
	3) Cramer, Robert	4) Pirkl, Drew	
8	Evergreen College 'A'	1:42.70	2
	1) Jones, Eric	2) Shoemaker, Jason	
	3) Pace, Nick	4) Luce, Tyler	
9	Central Oregon CC 'A'	2:09.68	2
	1) Alexander, Gerhard	2) Clark, Fabian	
	3) Estes, Mike	4) Laubacher, Patrick	
--	Clackamas CC 'A'	DNF	1
	1) Tolento, Eric	2) Moore, Ethan	
	3) Nollan, Robby	4) Garner, Demarcus	

Men Distance Medley

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School		Finals	
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1	Bowerman AC 'A'	10:34.58	
	1) Edson, Josh	2) Sallos, Sol	
	3)	4) Marcus, Jonathan	
2	Warner Pacific 'A'	10:48.53	
	1) Graves, Jonathan	2) VanAsch, Brett	
	3) Lockard, Curt	4) Lagerstrom, Eric	
<b>3</b>	<b>Mt. Hood CC 'A'</b>	<b>10:58.64</b>	
	1) Romey, Matt	2) Lindstrom, Travis	
	3) Hope, Nathan	4) Ishenin, Slavic	

4	Evergreen College 'A'	11:05.38
5	Northwest Christian 'A'	11:15.72
	1) Bell, Jason	2) Aucoin, Jeremy
	3) Aucoin, Cody	4) Kundert, Brandon
6	Northwest Christian 'B'	11:28.00
	1) Rich, Robert	2) Dilla, Aaron
	3) Dieu, Levi	4) Robison, Samuel
7	Corban 'A'	11:37.08
	1) Snell, Ben	2) Hardrath, Jason
	3) Coriano, Kevin	4) St. Peter, Beau
8	Cascade College 'A'	11:40.87
	1) Fisher, Jake	2) Sibold, Shane
	3) Bradley, Benjamin	4) LaFlamme, Alexander
9	Clackamas CC 'A'	11:57.50
	1) Correll, Jared	2) Keller, Wesley
	3) Lair, Josh	4) Correll, Luke
10	Central Oregon CC 'A'	12:14.70
	1) Burris, Sam	2) Benton, Andrew
	3) Clark, Fabian	4) Rowland, Zack

#### Men High Jump

Name	Year School	Finals
1 Johnson, Kyle	Bowerman Athleti	2.09m 6-10.25
2 Wegner, Robert	Western Oregon	1.85m 6-00.75
2 Moore, Ethan	Clackamas CC	1.85m 6-00.75
2 Leman, Tyler	SW Oregon CC	1.85m 6-00.75
5 Smith, Justin	SW Oregon CC	1.80m 5-10.75
<b>6 Stevens, Markus</b>	<b>Mt. Hood CC</b>	<b>1.75m 5-08.75</b>
6 Melum, Trevor	Clackamas CC	1.75m 5-08.75
<b>6 Garrett, Calvin</b>	<b>Mt. Hood CC</b>	<b>1.75m 5-08.75</b>
9 Ojala, Markus	Clackamas CC	1.70m 5-07.00
10 Lara, Ryan	Evergreen	1.65m 5-05.00
10 Baskett, Bobby	Warner Pacific	1.65m 5-05.00
<b>10 Frischman, Beau</b>	<b>Mt. Hood CC</b>	<b>1.65m 5-05.00</b>
-- Gobel, Joseph	Unat-Clackamas C	NH
-- Feemster, Trace	SW Oregon CC	NH
-- VanAsch, Brett	Warner Pacific	NH
-- Miller, Shawn	Warner Pacific	NH

#### Men Pole Vault

Name	Year School	Finals
<b>1 Vaughn, KC</b>	<b>Mt. Hood CC</b>	<b>4.27m 14-00.00</b>
1 Kowalko, Caleb	Warner Pacific	4.27m 14-00.00
3 Takeda, Colby	Willamette	4.12m 13-06.25
3 Nevin, Brandt	Willamette	4.12m 13-06.25
3 Bilbao, Aaron	Willamette	4.12m 13-06.25
3 Streed, Connor	Warner Pacific	4.12m 13-06.25
7 Yaden, Jon	Warner Pacific	3.95m 12-11.50
7 Moore, Cody	Warner Pacific	3.95m 12-11.50
9 Roberts, Austin	Western Oregon	3.80m 12-05.50
10 Clemmer, Spencer	Willamette	3.65m 11-11.75
11 Gold, Joshua	Willamette Strid	3.50m 11-05.75
-- Foley, Conor	Willamette	NH
-- Trump, Jordan	Concordia (Ore.)	NH
-- Lair, Josh	Clackamas CC	NH
-- Winterscheid, Matt	Willamette	NH

## Men Triple Jump

Name	Year School	Finals	Wind
1 Fisher, Curtis	Warner Pacific	13.69m	NWI 44-11.00
2 Lariza, Matt	Western Oregon	13.43m	NWI 44-00.75
<b>3 Howelton, Brian</b>	<b>Mt. Hood CC</b>	<b>13.13m</b>	<b>NWI 43-01.00</b>
4 White, Ray	Willamette	12.99m	NWI 42-07.50
5 Moore, Ethan	Clackamas CC	12.88m	NWI 42-03.25
6 Franceschi, Eric	Unattached	12.78m	NWI 41-11.25
7 Smith, Isaiah	Western Oregon	12.70m	NWI 41-08.00
8 Gannon, Justin	SW Oregon CC	12.32m	NWI 40-05.00
9 Woodland, Jonathan	Willamette	12.08m	NWI 39-07.75
10 Miller, Shawn	Warner Pacific	11.96m	NWI 39-03.00
11 Melum, Trevor	Clackamas CC	11.91m	NWI 39-01.00
12 Leman, Tyler	SW Oregon CC	11.84m	NWI 38-10.25
13 Baertlein, Andrew	Clackamas CC	11.83m	NWI 38-09.75
14 Hamilton, Cameron	Warner Pacific	11.30m	NWI 37-01.00
15 Sibold, Shane	Cascade College	11.14m	NWI 36-06.75
-- Walker, Kermit	Unat-Sw Oregon C	ND	NWI

## Men Shot Put

Name	Year School	Finals
1 Slowey, Jason	Western Oregon	14.07m 46-02.00
<b>2 Velasquez, Jr.</b>	<b>Mt. Hood CC</b>	<b>14.02m 46-00.00</b>
3 Mentzer, Jason	Corban	13.92m 45-08.00
4 Monroe, Jacob	Willamette	13.61m 44-08.00
5 weidemann, kevin	Unattached	13.57m 44-06.25
6 Oppat, David	Willamette	13.49m 44-03.25
7 Barrett, Robert	Western Oregon	13.46m 44-02.00
8 Clothier, Josh	Willamette	13.36m 43-10.00
9 Sather, Craig	Willamette	12.50m 41-00.25
10 Schryvers, Matt	Western Oregon	12.43m 40-09.50
11 VanAsch, Brett	Warner Pacific	12.19m 40-00.00
12 Pike, Luke	Clackamas CC	11.99m 39-04.00
13 Chau, Bryan	Clark College	11.81m 38-09.00
<b>14 Reece, William</b>	<b>Mt. Hood CC</b>	<b>11.44m 37-06.50</b>
15 Reese, Howard	SW Oregon CC	11.29m 37-00.50
16 Havens, Darrell	Cascade College	11.28m 37-00.25
<b>17 Weber, Adrian</b>	<b>Mt. Hood CC</b>	<b>11.24m 36-10.50</b>
18 Carnahan, Ben	SW Oregon CC	11.18m 36-08.25
19 Moore, Cody	Warner Pacific	10.73m 35-02.50
20 Bates, Aaron	Clackamas CC	10.59m 34-09.00
21 Keller, Braden	Clackamas CC	9.93m 32-07.00
21 Kornei, Mark	Willamette	9.93m 32-07.00
<b>23 McNutt, Brett</b>	<b>Mt. Hood CC</b>	<b>9.91m 32-06.25</b>
24 Kowalko, Caleb	Warner Pacific	9.64m 31-07.50

## Men Discus Throw

Name	Year School	Finals
1 Slowey, Jason	Western Oregon	43.78m 143-08
2 Monroe, Jacob	Willamette	43.13m 141-06
3 Oppat, David	Willamette	43.00m 141-01
<b>4 Velasquez, Jr.</b>	<b>Mt. Hood CC</b>	<b>39.28m 128-10</b>
5 Clothier, Josh	Willamette	38.80m 127-03
6 Schryvers, Matt	Western Oregon	38.63m 126-09
7 Bates, Aaron	Clackamas CC	37.77m 123-11

<b>8</b>	<b>Weber, Adrian</b>	<b>Mt. Hood CC</b>	<b>36.09m</b>	<b>118-05</b>
9	Mentzer, Jason	Corban	35.85m	117-07
10	Carnagey, Carl	Central Oregon C	34.49m	113-02
11	Chau, Bryan	Clark College	34.29m	112-06
12	Moore, Cody	Warner Pacific	33.54m	110-00
13	Pike, Luke	Clackamas CC	32.76m	107-06
14	Barrett, Robert	Western Oregon	31.44m	103-02
15	Carnahan, Ben	SW Oregon CC	31.37m	102-11
16	Reavis, Kody	Western Oregon	30.55m	100-03
17	Keller, Braden	Clackamas CC	30.33m	99-06
18	Reese, Howard	SW Oregon CC	28.25m	92-08
19	Fisher, Curtis	Warner Pacific	27.48m	90-02
20	Kowalko, Caleb	Warner Pacific	27.00m	88-07

Men Hammer Throw

Name	Year	School	Finals	
1	Monroe, Jacob	Willamette	53.66m	176-00
2	Crews, Arthur	Unattached	50.52m	165-09
3	Slowey, Jason	Western Oregon	47.03m	154-03
4	Sather, Craig	Willamette	45.54m	149-05
5	Collins, Steve	Willamette	44.11m	144-09
6	Schryvers, Matt	Western Oregon	43.76m	143-07
7	Bassett-Smith, Trevor	Willamette	43.33m	142-02
8	Oppat, David	Willamette	42.76m	140-03
9	Barrett, Robert	Western Oregon	42.51m	139-06
10	Mentzer, Jason	Corban	39.31m	129-00
11	Reavis, Kody	Western Oregon	37.20m	122-00
<b>12</b>	<b>Velasquez, Jr.</b>	<b>Mt. Hood CC</b>	<b>35.56m</b>	<b>116-08</b>
13	Kornei, Mark	Willamette	33.37m	109-06
14	Caster, Garret	Western Oregon	33.07m	108-06
15	Kee, Tatsuya	Clark College	27.19m	89-02

Men Javelin Throw

Name	Year	School	Finals	
1	Keller, Braden	Clackamas CC	57.39m	188-03
2	Nevin, Brandt	Willamette	57.17m	187-07
3	Guffy, Paul	SW Oregon CC	56.42m	185-01
<b>4</b>	<b>Robinson, Kyle</b>	<b>Mt. Hood CC</b>	<b>53.48m</b>	<b>175-05</b>
5	Hughes, Alex	Clark College	51.34m	168-05
<b>6</b>	<b>Weber, Adrian</b>	<b>Mt. Hood CC</b>	<b>50.76m</b>	<b>166-06</b>
7	Reavis, Kody	Western Oregon	50.27m	164-11
8	Fugere, Kyle	Clark College	48.96m	160-07
9	Gannon, Justin	SW Oregon CC	48.93m	160-06
<b>10</b>	<b>Vaughn, KC</b>	<b>Mt. Hood CC</b>	<b>45.35m</b>	<b>148-09</b>
11	Nicola, Jacob	Western Oregon	44.59m	146-03
12	Moore, Cody	Warner Pacific	43.50m	142-08
13	Bellefeuille, Jed	Clackamas CC	43.14m	141-06
14	Kowalko, Caleb	Warner Pacific	39.28m	128-10
15	Fisher, Curtis	Warner Pacific	36.40m	119-05