

JD Shotwell Invitational - 4/4/2009
 University of Puget Sound
 Baker Stadium, Tacoma, WA
 Results

Women 100 Meter Dash

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Stadium: # 12.06 4/17/1999 Christine Axley, PLU
Meet: * 12.06 4/17/1999 Christine Axley, PLU
AUTO II: 11.65
AUTO III: 12.00
PROVO II: 12.10
PROVO III: 12.12
NWC: 13.61
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Name	Year	School	Finals	Wind	H#	Points
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Finals						
1 James, Chanel		Unattached	X12.22	0.7	1	
2 Sims, Catherine		Mt. Hood	12.64	0.7	1	10
3 Sims, Crystal		Mt. Hood	12.71	-0.3	2	8
4 Arceneaux, Lakia		Pacific Lutheran	12.78	0.7	1	6
5 Zukowski, Megan		WWU	12.84	0.7	1	5
6 LeBrun, Amy		Pacific Lutheran	12.95	0.7	1	4
7 Carie, Gwenna		Central	13.00	-0.3	2	3
8 Peterson, Lisette		Seattle Paci	13.04	0.7	1	2
9 Houplin, Joana		WWU	13.17	-0.3	2	1
10 Putnam, Chelsea		Pacific Lutheran	13.20	-0.3	2	
11 Wells, Tish		Central	13.31	0.7	1	
12 Muri, Callie		WWU	13.51	-0.3	2	
13 Couvelier, Elsa		WWU	13.83	-0.3	2	
14 Schuh, Kristen		WWU	14.61	-0.3	2	
15 Bayer, Clarissa		Skagit Valley Co	14.87	0.7	1	
16 Gold, Kellen		St. Martin's	15.16	-0.5	3	
17 Kuhnly, Gail		Unattached	X15.67	-0.5	3	

Women 200 Meter Dash

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Stadium: # 24.75 4/17/1999 Christine Axley, PLU
Meet: * 24.75 4/17/1999 Christine Axley, PLU
AUTO II: 24.08
AUTO III: 24.57
PROVO II: 24.80
PROVO III: 24.80
NWC: 27.76
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Name	Year	School	Finals	Wind	H#	Points
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1 James, Chanel		Unattached	X24.90	-0.4	1	
2 Siler, Ellie		WWU	25.38	-0.4	1	10
3 Sims, Catherine		Mt. Hood	25.47	-0.4	1	8
4 LeBrun, Amy		Pacific Lutheran	26.10	-0.4	1	6
5 Carie, Gwenna		Central	26.33	-0.4	1	5
6 Zukowski, Megan		WWU	26.57	-0.4	1	4
7 Arceneaux, Lakia		Pacific Lutheran	26.58	-1.0	2	3
8 Feliz, Cheyenne		Lewis & Clark	26.92	-0.4	1	2
9 Havel, Liska		Lewis & Clark	26.94	1.7	3	1
10 Peterson, Lisette		Seattle Paci	26.97	-1.0	2	
11 Houplin, Joana		WWU	27.27	-1.0	2	
12 Hood, Britany		Central	27.37	1.7	3	
13 Leiken, Andrea	FR	Puget Sound	27.38	1.7	3	
14 Gunderson, Callie		Pacific Lutheran	27.80	1.7	3	

15	Putnam, Chelsea	Pacific Lutheran	27.91	-0.4	4
16	Muri, Callie	WWU	27.96	1.7	3
17	Ledtke, Valle	WWU	28.25	1.7	3
18	Couvelier, Elsa	WWU	28.30	-1.0	2
19	Farah, Lindsey	Evergreen	28.58	-0.4	4
20	Heck, Maya	FR Puget Sound	29.36	-0.4	4
21	Gardner, Angela	Pacific Lutheran	29.81	-0.4	4
22	Groesbeck, Katherine	Lewis & Clark	30.17	-0.4	4
23	Bayer, Clarissa	Skagit Valley Co	30.30	1.7	3
24	Schuh, Kristen	WWU	30.49	-0.4	4
25	Kuhnly, Gail	Unattached	X32.83	-0.4	4

Women 400 Meter Dash

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Stadium: # 55.4h 5/3/1980 Rhonda Bell, BCC
 Meet: * 55.4h 5/3/1980 Rhonda Bell, BCC
 AUTO II: 55.00
 AUTO III: 55.90
 PROVO II: 56.60
 PROVO III: 56.80
 NWC: 1:03.23

Name	Year	School	Finals	H#	Points
1	Siler, Ellie	WWU	57.04	1	10
2	Feliz, Cheyenne	Lewis & Clark	1:01.03	1	8
3	Pendon, Jessica	St. Martin's	1:01.29	2	6
4	Walters, Anna	Seattle Paci	1:01.60	1	5
5	Butler, Alex	Seattle Paci	1:01.85	1	4
6	Gunderson, Callie	Pacific Lutheran	1:01.88	2	3
7	Hood, Britany	Central	1:03.02	2	2
8	Eckles, Lydia	WWU	1:03.40	2	1
9	Leiken, Andrea	FR Puget Sound	1:03.69	2	
10	Ledtke, Valle	WWU	1:03.94	2	
11	Bayer, Clarissa	Skagit Valley Co	1:08.88	1	
12	Trask, Morgan	Pacific Lutheran	1:09.28	2	

Women 800 Meter Run

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Stadium: # 2:10.9h 4/25/1987 Laura Johnson, Unattched
 Meet: * 2:10.9h 4/25/1987 Laura Johnson, Unattached
 AUTO II: 2:10.40
 AUTO III: 2:11.50
 PROVO II: 2:15.00
 PROVO III: 2:15.00
 NWC: 2:25.44

Name	Year	School	Finals	Points
1	Anderberg, Lisa	Seattle Paci	2:14.57	10
2	Watson, Cheryl	WWU	2:20.31	8
3	O'Connell, Megan	WWU	2:21.44	6
4	Schmid, Brianna	St. Martin's	2:23.19	5
5	Evans, Nika	FR Puget Sound	2:25.05	4
6	Meisenheimer, Janelle	Pacific Lutheran	2:29.17	3
7	Carlson, Karissa	Evergreen	2:30.47	2
8	Owen, Karissa	St. Martin's	2:32.18	1
9	Olsen, Chelsea	Lewis & Clark	2:32.97	
10	Bassett, Maddy	SR Puget Sound	2:34.12	
11	Fix, Kirsten	Lewis & Clark	2:35.14	
12	Farah, Lindsey	Evergreen	2:35.71	
13	Miller, Kendra	WWU	2:36.83	

14 Grambo, Heather	Pac elite	2:47.09
15 Hilbert, Esther	Mt. Hood	3:04.95

Women 1500 Meter Run

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Stadium: # 4:33.87 4/21/2007 Sarah Zerzan, Willamette
 Meet: * 4:34.30 4/23/1988 Minta Misley, PLU
 AUTO II: 4:31.00
 AUTO III: 4:32.50
 PROVO II: 4:41.00
 PROVO III: 4:38.00
 NWC: 4:59.92

Name	Year School	Finals	Points
1 Johnson, Rachael	WWU	4:50.78	10
2 Olsen, Courtney	WWU	4:57.05	8
3 Carlson, Krinda	St. Martin's	4:59.78	6
4 Carlson, Karissa	Evergreen	5:01.61	5
5 Plunkett, Natty	Seattle Paci	5:01.62	4
6 Fix, Kirsten	Lewis & Clark	5:04.96	3
7 Hartnett, Phoebe	WWU	5:05.71	2
8 Boyer, Jessica	WWU	5:06.13	1
9 Oleska, Alayna	Lewis & Clark	5:15.80	
10 Payment, Whitney	Mt. Hood	5:23.34	
11 Baker, Amanda	Mt. Hood	5:26.50	
12 Hilbert, Esther	Mt. Hood	6:37.47	

Women 5000 Meter Run

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Stadium: # 16:45.5h 4/26/1986 Debbie Myra, PSU
 Meet: * 16:45.5h 4/26/1986 Debbie Myra, PSU
 AUTO II: 17:05.00
 AUTO III: 16:55.00
 PROVO II: 17:50.00
 PROVO III: 17:35.00
 NWC: 19:21.63

Name	Year School	Finals	Points
1 Porter, Sarah	WWU	17:01.94	10
2 Briehof, Lauren	WWU	17:32.76	8
3 Mullen, Marcie	Central	18:04.35	6
4 Hall, Megan	Everett CC	19:09.85	5
5 Palmer, Hannah	Lewis & Clark	19:31.43	4
6 Smith, Tameka	SR Puget Sound	19:42.71	3
7 Pecha, Kaitlyn	St. Martin's	19:49.64	2
8 Costigan, Jessica	Everett CC	20:14.65	1
9 Payment, Whitney	Mt. Hood	20:26.09	
10 Peaden, Brooke	FR Puget Sound	20:29.37	
11 Brisky, Sierra	WWU	20:33.44	
12 Bakeman, Mary	Central	20:34.62	
13 Attwood, Candace	Pacific Lutheran	20:35.28	
14 Kiracofe, Stephanie	Seattle Paci	20:49.03	
15 Blakney, Rebekah	Pacific Lutheran	20:58.83	
16 Minor, Jolene	Everett CC	21:20.19	
17 Cotterill, Lacey	Everett CC	21:23.19	
18 Whipple, Kelsey	Everett CC	21:56.87	
19 Hanscom, Margaret	Seattle Paci	22:18.18	
20 McGill, Krissy	Everett CC	22:36.04	

Women 100 Meter Hurdles

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Stadium: # 14.41 4/20/1996 Amy Cameron, WWU
 Meet: * 14.41 4/20/1996 Amy Cameron, WWU
 AUTO II: 14.00
 AUTO III: 14.40
 PROVO II: 14.65
 PROVO III: 14.60
 NWC: 18.08

Name	Year	School	Finals	Wind	H#	Points
1 McGrane, Caitlin	JR	Puget Sound	15.21	-1.1	1	10
2 Araya, Faven		Pacific Lutheran	15.35	-1.1	1	8
3 Schumacher, Terra		Mt. Hood	15.80	-1.1	1	6
4 Pike, Jennifer		Seattle Paci	16.12	-1.1	1	5
5 Herring, Christina		Lewis & Clark	17.68	-0.9	2	4
6 Wong, Ili	SO	Puget Sound	17.94	-0.9	2	3
7 Olsen, Tori		Pacific Lutheran	18.42	-1.1	1	2
8 Courtain, Sam		Lewis & Clark	19.00	-0.9	2	1

Women 400 Meter Hurdles

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Stadium: # 1:02.05 4/24/2004 Carrie Larsen, PLU
 Meet: * 1:02.74 4/10/2004 Carrie Larsen, SPU
 AUTO II: 1:00.75
 AUTO III: 1:02.00
 PROVO II: 1:03.30
 PROVO III: 1:04.00
 NWC: 1:17.38

Name	Year	School	Finals	Points
1 Pike, Jennifer		Seattle Paci	1:03.05	10
2 Araya, Faven		Pacific Lutheran	1:03.14	8
3 Nobbs, Natalie		Seattle Paci	1:06.85	6
4 Sims, Crystal		Mt. Hood	1:09.82	5
5 Wilkins, Kayla		Seattle Paci	1:10.96	4
6 Herring, Christina		Lewis & Clark	1:11.44	3
7 Pitts, Stephany		Mt. Hood	1:11.66	2
8 Courtain, Sam		Lewis & Clark	1:15.76	1

Women 3000 Meter Steeplechase

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Stadium: # 10:38.57 3/8/2008 Sarna Becker, Unattached
 Meet: * 10:59.99 4/5/2008 Brittany Hodgson, Puget Sound
 AUTO II: 10:55.00
 AUTO III: 10:44.00
 PROVO II: 11:27.00
 PROVO III: 11:20.00
 NWC: 12:50.15

Name	Year	School	Finals	Points
1 Krepel, Kayti		Seattle Paci	11:27.1h	10
2 Miller, Lexie		Pacific Lutheran	11:37.7h	8
3 Williams, Mary		Seattle Paci	11:47.3h	6
4 Laweryson, Annie		St. Martin's	12:33.8h	5
5 Innes, Corinnes		Lewis & Clark	12:44.0h	4

Women 4x100 Meter Relay

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Stadium: # 47.50 4/22/1995 Plu, PLU
 Meet: * 47.50 4/22/1995 , PLU

AUTO II: 46.00
 AUTO III: 47.30
 PROVO II: 47.90
 PROVO III: 47.40

School	Finals	Points
1 Mt. Hood Community College 'A'	49.43	10
2 Pacific Lutheran Univ. 'A'	49.92	8
3 Central Washington Univ. 'A'	50.96	6
4 Western Washington Univer 'A'	51.97	5
5 Lewis & Clark College 'A'	52.22	4

Women 4x400 Meter Relay

Stadium: # 3:51.61 4/22/1995 , PLU
 Andrade, Keene, Saathoff, Metzger
 Meet: * 3:51.61 4/22/1995 , PLU
 Andrade, Keene, Saathoff, Metzger

AUTO II: 3:45.00
 AUTO III: 3:49.60
 PROVO II: 3:52.00
 PROVO III: 3:51.00

School	Finals	H#	Points
1 Western Washington Univer 'A'	3:57.35	1	10
2 Seattle Pacific Universit 'A'	3:59.36	1	8
3 Mt. Hood Community College 'A'	4:07.75	1	6
4 University Puget Sound 'A'	4:13.81	2	5
5 St. Martin's University 'A'	4:19.67	1	4
6 Central Washington Univ. 'A'	4:21.13	1	3
7 Western Washington Univer 'B'	x4:22.86	2	
8 Everett CC 'A'	4:55.12	2	2

Women High Jump

Stadium: # 1.73m 4/22/1995 Corrina Wolf, SFU
 Meet: * 1.73m 4/20/1991 Lisa Grey, CNW

AUTO II: 1.75m
 AUTO III: 1.71m
 PROVO II: 1.69m
 PROVO III: 1.68m
 NWC: 1.42m

Name	Year	School	Finals	Points
1 Brodgon, Jenny		Unattached	X1.62m	5-03.75
2 Mattson, Jacquie		Seattle Paci	1.57m	5-01.75 10
3 Adair, Megan		U-Saint Martin's	1.52m	4-11.75 8
4 Mendenhall, Martha		Unattached	XJ1.52m	4-11.75
5 Pitts, Stephany		Mt. Hood	J1.52m	4-11.75 6
6 Berg, Siri		Central	1.47m	4-09.75 5
7 Wong, Ili	SO	Puget Sound	1.42m	4-07.75 4
8 McGrane, Caitlin	JR	Puget Sound	J1.42m	4-07.75 3
9 Dewalt, Melissa		Pacific Lutheran	J1.42m	4-07.75 2
10 Smith, Kelsey		Pacific Lutheran	1.37m	4-06.00 1
-- Olsen, Tori		Pacific Lutheran	NH	

Women Pole Vault

Stadium: # 4.04m 4/5/2008 Jennie Sewell, Club Northwest
 Meet: * 4.04m 4/5/2008 Jennie Sewell, Club Northwest

AUTO II: 3.95m
 AUTO III: 3.82m
 PROVO II: 3.55m
 PROVO III: 3.65m
 NWC: 2.51m

Name	Year	School	Finals	Points
1 Peaslee, Melissa		Seattle Paci	3.60m 11-09.75	10
2 Schumacher, Terra		Mt. Hood	J3.60m 11-09.75	8
3 Miller, Christy		WWU	3.45m 11-03.75	6
4 Allan, Carrie		Seattle Paci	J3.45m 11-03.75	5
5 Mueller, Robin		WWU	3.15m 10-04.00	4
6 Quick, Jennifer		WWU	3.00m 9-10.00	3
7 DiEnno, Amanda		WWU	J3.00m 9-10.00	2
8 Couvelier, Elsa		WWU	J3.00m 9-10.00	1
9 Austin, Sydney		WWU	2.85m 9-04.25	
10 Glenn, Cindy		Central	2.70m 8-10.25	
10 Kreft, Kelsey		Central	2.70m 8-10.25	
10 Anderson, Angela		St. Martin's	2.70m 8-10.25	
10 Herr, Emily	JR	Puget Sound	2.70m 8-10.25	
10 DiMarco, Diana		WWU	2.70m 8-10.25	
15 Mangubat, Alicia		WWU	2.55m 8-04.25	
16 Heck, Maya	FR	Puget Sound	2.40m 7-10.50	
16 Stiever, Bailey	FR	Puget Sound	2.40m 7-10.50	
-- Gedde, Kjersti		Seattle Paci	NH	
-- Gustavson, Annie		Lewis & Clark	NH	
-- Johnson, Jennifer		St. Martin's	NH	
-- Santos-Bishop, Laura		Lewis & Clark	NH	
-- Havel, Liska		Lewis & Clark	NH	

Women Long Jump

Stadium: # 5.84m 4/18/1992 Stephanie Libbyl, WU
 Meet: * 5.84m 4/18/1992 Stephanie Libby, WU
 AUTO II: 5.90m
 AUTO III: 5.80m
 PROVO II: 5.69m
 PROVO III: 5.62m
 NWC: 4.75m

Name	Year	School	Finals	Wind	Points
1 Warman, Emily		WWU	5.48m -0.5	17-11.75	10
2 James, Chanel		Unattached	X5.21m -3.0	17-01.25	
3 Putnam, Chelsea		Pacific Lutheran	5.13m -2.0	16-10.00	8
4 Havel, Liska		Lewis & Clark	4.94m -1.1	16-02.50	6
5 Miller, Christy		WWU	4.88m -1.6	16-00.25	5
6 Wong, Ili	SO	Puget Sound	4.69m -1.8	15-04.75	4
7 Tune, Kim		Mt. Hood	4.67m -1.9	15-04.00	3
8 Butler, Gail		WWU	4.66m -1.9	15-03.50	2
9 McGrane, Caitlin	JR	Puget Sound	4.57m -2.4	15-00.00	0.50
9 Muri, Callie		WWU	4.57m -1.2	15-00.00	0.50
11 Dewalt, Melissa		Pacific Lutheran	4.53m -2.6	14-10.50	
12 Rose, Amanda		Central	4.20m -1.6	13-09.50	
13 Groesbeck, Katherine		Lewis & Clark	4.09m -2.7	13-05.00	
13 Tsukamaki, Brady		Pacific Lutheran	4.09m -2.0	13-05.00	
15 Bird, Stacey		Mt. Hood	4.00m -2.5	13-01.50	

Women Triple Jump

Stadium: # 11.89m 4/17/1999 Jane Wallace, WWU

Meet: * 11.89m 4/17/1999 Jane Wallace, WWU
 AUTO II: 12.15m
 AUTO III: 12.00m
 PROVO II: 11.60m
 PROVO III: 11.55m
 NWC: 9.63m

Name	Year School	Finals	Wind	Points
1 Warman, Emily	WWU	11.40m	-2.4 37-05.00	10
2 Woodke, Jordyn	Unattached	X10.70m	-0.9 35-01.25	
3 Rose, Amanda	Central	10.46m	-0.4 34-04.00	8
4 Muri, Callie	WWU	10.36m	-1.8 34-00.00	6
5 Arceneaux, Lakia	Pacific Lutheran	10.27m	-1.2 33-08.50	5
6 Tune, Kim	Mt. Hood	9.73m	-1.3 31-11.25	4
7 Adair, Megan	U-Saint Martin's	9.60m	-1.7 31-06.00	3
8 Dewalt, Melissa	Pacific Lutheran	9.53m	-0.8 31-03.25	2
9 Nobbs, Natalie	Seattle Paci	9.46m	-1.6 31-00.50	1
10 Putnam, Chelsea	Pacific Lutheran	9.36m	-1.1 30-08.50	
11 Bird, Stacey	Mt. Hood	9.35m	-1.0 30-08.25	
12 Tsukamaki, Brady	Pacific Lutheran	9.19m	-1.8 30-02.00	
13 Groesbeck, Katherine	Lewis & Clark	8.91m	-2.4 29-02.75	

Women Shot Put

Stadium: # 48-06.50 3/21/1981 J. Luebke, WVCC
 Meet: * 14.14m 4/17/1993 Molly Dugan, WOC
 AUTO II: 14.70m
 AUTO III: 14.20m
 PROVO II: 13.26m
 PROVO III: 13.25m
 NWC: 9.78m

Name	Year School	Finals	Points
1 Tandle, Krissy	Central	14.76m* 48-05.25	10
2 Afoa, Shaina	Central	12.32m 40-05.00	8
3 Self, Torie	Central	12.13m 39-09.75	6
4 Chase, Karen	SR Puget Sound	11.95m 39-02.50	5
5 Strot, Kesley	Mt. Hood	11.93m 39-01.75	4
6 Hacker, Taylor	Pacific Lutheran	11.55m 37-10.75	3
7 Stueckle, Jordan	Central	11.14m 36-06.75	2
8 Ramos, Chelsey	Mt. Hood	10.92m 35-10.00	1
9 Madden, Amy	Lewis & Clark	10.41m 34-02.00	
10 Brown, Robin	WWU	10.09m 33-01.25	
11 Fritts, Melissa	FR Puget Sound	9.32m 30-07.00	
12 Johnson, Elizabeth	Lewis & Clark	9.30m 30-06.25	
13 Wallace, Jasmine	Pacific Lutheran	8.71m 28-07.00	
14 Mahaffey, Emily	Lewis & Clark	8.70m 28-06.50	
15 Keys, Morgan	Unattached	X8.67m 28-05.50	
16 Wong, Ili	SO Puget Sound	7.45m 24-05.50	

Women Discus Throw

Stadium: # 47.48m 5/2/1981 Marcia Mechlenberg, Unattached
 Meet: * 47.48m 5/2/1981 Marcia Mechlenberg, Unattached
 AUTO II: 47.70m
 AUTO III: 46.38m
 PROVO II: 44.00m
 PROVO III: 43.00m
 NWC: 30.13m

Name	Year School	Finals	Points
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1	Afoa, Shaina	Central	38.29m	125-07	10
2	Self, Torie	Central	37.53m	123-01	8
3	Tandle, Krissy	Central	37.20m	122-00	6
4	Strot, Kesley	Mt. Hood	33.35m	109-05	5
5	Hacker, Taylor	Pacific Lutheran	32.79m	107-07	4
6	Johnson, Elizabeth	Lewis & Clark	32.22m	105-08	3
7	Keys, Morgan	Unattached	X31.79m	104-03	
8	Wallace, Jasmine	Pacific Lutheran	30.06m	98-07	2
9	Klee, Maggie	FR Puget Sound	28.77m	94-05	1
10	Landerholm, Katherine	Lewis & Clark	28.37m	93-01	
11	Stueckle, Jordan	Central	27.77m	91-01	
12	Fritts, Melissa	FR Puget Sound	25.95m	85-02	
13	Mahaffey, Emily	Lewis & Clark	18.86m	61-10	

Women Hammer Throw

Stadium: # 49.21m 3/23/2007 Megan Wochnick, PLU
 Meet: * 48.30m 4/5/2008 Taylor Hacker, PLU
 AUTO II: 54.60m
 AUTO III: 52.60m
 PROVO II: 48.75m
 PROVO III: 49.50m
 NWC: 31.40m

Name	Year School	Finals	Points
1	Hacker, Taylor	Pacific Lutheran	54.46m# 178-08 10
	53.01m 52.20m FOUL 49.89m 54.46m 51.24m		
2	Tandle, Krissy	Central	44.63m 146-05 8
	FOUL 44.63m FOUL 41.41m FOUL FOUL		
3	Stueckle, Jordan	Central	42.94m 140-10 6
	FOUL 41.86m 42.94m FOUL FOUL 40.96m		
4	Self, Torie	Central	41.89m 137-05 5
	FOUL 35.79m FOUL 39.56m 38.90m 41.89m		
5	Blake, Jillian	St. Martin's	41.75m 137-00 4
	37.81m FOUL 41.09m 39.46m 39.95m 41.75m		
6	Wallace, Jasmine	Pacific Lutheran	37.27m 122-03 3
	32.51m 35.12m 32.81m 31.97m FOUL 37.27m		
7	Kaligis, Lauren	WWU	34.72m 113-11 2
	FOUL FOUL 34.72m 31.25m FOUL FOUL		
8	Fenton, Kelly	Pacific Lutheran	34.39m 112-10 1
	FOUL 30.66m 33.35m 32.12m FOUL 34.39m		
9	Arceneaux, Lokia	Pacific Lutheran	26.71m 87-07
	FOUL 26.56m 26.71m		
10	Fritts, Melissa	FR Puget Sound	25.80m 84-08
	25.32m 25.80m 24.06m		
--	Klee, Maggie	FR Puget Sound	FOUL
	FOUL FOUL FOUL		

Women Javelin Throw

Stadium: # 50.69m 4/23/1988 Patricia Perry, Puget Sound
 Meet: * 50.68m 4/23/1988 Patricia Perry, Puget Sound
 AUTO II: 45.00m
 AUTO III: 44.20m
 PROVO II: 40.84m
 PROVO III: 41.00m
 NWC: 31.75m

Name	Year School	Finals	Points
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1	Schantin, Jeeni	Seattle Paci	45.42m	149-00	10
2	Kennedy, Lacey	Mt. Hood	39.81m	130-07	8
3	McMeel, Katie	Central	34.79m	114-02	6
4	Fenton, Kelly	Pacific Lutheran	33.24m	109-01	5
5	Cone, Lacey	Pacific Lutheran	32.98m	108-02	4
6	Blake, Jillian	St. Martin's	32.31m	106-00	3
7	McGrane, Caitlin	JR Puget Sound	32.22m	105-08	2
8	Tandle, Krissy	Central	32.18m	105-07	1
9	Ramos, Chelsey	Mt. Hood	31.38m	102-11	
10	Landerholm, Katherine	Lewis & Clark	31.30m	102-08	
11	Andrews, Carly	Seattle Paci	31.01m	101-09	
12	Johnson, Elizabeth	Lewis & Clark	30.01m	98-05	
13	Trujillo, Shanyese	WWU	29.52m	96-10	
14	Marino, Lauryn	WWU	20.19m	66-03	
15	Mahaffey, Emily	Lewis & Clark	15.07m	49-05	

Men 100 Meter Dash

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Stadium: # 10.65 4/18/1998 Ricardo Colon, Clackamas CC
 Meet: * 10.65 4/18/1998 Ricardo Colon, Clackamas CC
 AUTO II: 10.45
 AUTO III: 10.55
 PROVO II: 10.65
 PROVO III: 10.78
 NWC: 11.46

Name	Year	School	Finals	Wind	H#	Points
1		JR Puget Sound	11.20	0.4	1	10
2		WWU	11.28	0.4	1	8
3		Mt. Hood	11.31	1.2	2	6
4		Central	11.33	0.4	1	5
5		WWU	11.35	0.4	1	4
6		Unattached	X11.37	2.2	3	
6		Lewis & Clark	11.37	1.2	2	3
8		Seattle Paci	11.42	1.2	2	2
9		Seattle Paci	11.50	2.2	3	1
10		SR Puget Sound	11.52	1.2	2	
11		WWU	11.59	1.2	2	
12		Central	11.61	2.2	3	
13		Central	11.62	1.2	2	
14		Pacific Lutheran	11.63	2.2	3	
15		WWU	11.64	0.4	1	
16		Central	11.66	1.2	2	
17		WWU	11.78	2.2	3	
18		Unattached	X11.83	-1.3	4	
19		Pacific Lutheran	11.85	-1.3	4	
20		WWU	11.86	2.2	3	
21		Unattached	X11.96	-1.3	4	
22		Unattached	X11.97	-1.3	4	
23		Pacific Lutheran	11.98	0.4	1	
24		SR Puget Sound	12.00	2.2	3	
25		Pacific Lutheran	12.03	-1.3	4	
26		WWU	12.06	-1.8	5	
27		Pacific Lutheran	12.17	-1.3	4	
28		WWU	12.18	-1.3	4	
29		SO Puget Sound	12.21	-1.8	5	
30		WWU	12.24	-1.8	5	
31		Seattle Paci	12.33	-1.3	4	
32		JR Puget Sound	12.37	-1.8	6	
33		Evergreen	12.41	-1.8	5	

33	Paez, Michael	Skagit Valley Co	12.41	-1.8	5
35	Combs-Bachmann, Alex	Evergreen	12.59	-1.8	5
36	Adams, Nolan	Pacific Lutheran	12.63	-1.8	6
37	Engen, Alex	Skagit Valley Co	12.66	0.4	1

Men 200 Meter Dash

=====
 Stadium: # 21.5h 5/1/1982 Erick Krauss, University of Pacific
 Meet: * 21.5h 5/1/1982 Erick Krauss, University of Pacific
 AUTO II: 21.08
 AUTO III: 21.31
 PROVO II: 21.50
 PROVO III: 21.75
 NWC: 23.44

Name	Year	School	Finals	Wind	H#	Points
1 Strong, Micah		Mt. Hood	22.66	NWI	1	10
2 Bennett, Phillip		Unattached	X22.68	NWI	3	
3 Moog, Isaac		Pacific Lutheran	22.87	NWI	1	7
3 Carpenter, Kevin		Lewis & Clark	22.87	-1.2	2	7
5 Faber, Brandon		Mt. Hood	23.00	-1.2	2	5
6 Mann, Trystan		Central	23.02	-1.2	2	4
7 Grounds, Micah		Seattle Paci	23.25	-1.2	2	3
8 Hope, Nate		Mt. Hood	23.31	-1.2	2	2
9 Blum, Isaac	SR	Puget Sound	23.53	-1.2	2	1
10 Toves, Nick		Pacific Lutheran	23.66	-1.4	4	
11 Nupen, Ryan		Pacific Lutheran	23.68	NWI	5	
12 Lindstrom, Travis		Mt. Hood	23.69	-1.2	2	
13 Miura, Joey		WWU	23.79	-1.2	2	
14 Snyder, Maxx		WWU	23.89	NWI	3	
14 Daltoso, Nick		Central	23.89	NWI	3	
16 Lara, Ryan		Evergreen	23.96	-1.4	4	
17 Ramos, Jordan		Pacific Lutheran	24.16	NWI	5	
18 Galvin, Andrew	SR	Puget Sound	24.29	NWI	5	
19 Dye, Alex		WWU	24.31	-1.4	4	
20 Colombini, Neil		Pacific Lutheran	24.61	NWI	5	
21 Pierce-Wright, Chris	SO	Puget Sound	24.67	-3.2	6	
22 Ramirez, Hilario		Seattle Paci	24.97	-1.4	4	
23 Caraballo, Nick		Pacific Lutheran	25.04	NWI	5	
24 Burgoyne, Taylor		Seattle Paci	25.13	-1.4	4	
25 Paez, Michael		Skagit Valley Co	25.28	-3.2	6	
26 Combs-Bachmann, Alex		Evergreen	25.60	-3.2	6	
27 Engen, Alex		Skagit Valley Co	25.93	-3.2	6	

Men 400 Meter Dash

=====
 Stadium: # 46.87 4/17/1999 Derek Prior, Unattached
 Meet: * 46.87 4/17/1999 Derek Prior, Unattached
 AUTO II: 46.80
 AUTO III: 47.35
 PROVO II: 48.00
 PROVO III: 48.50
 NWC: 52.03

Name	Year	School	Finals	H#	Points
1 Hope, Nate		Mt. Hood	49.74	1	10
2 Moog, Isaac		Pacific Lutheran	49.98	1	8
3 O'Connell, Matthew		WWU	50.66	1	6
4 Faber, Brandon		Mt. Hood	51.64	1	5
5 David, Toby		WWU	51.90	2	3.50

5	Lara, Ryan	Evergreen	51.90	1	3.50
7	Toves, Nick	Pacific Lutheran	51.98	2	2
8	Lindstrom, Travis	Mt. Hood	53.35	2	1
9	Nupen, Ryan	Pacific Lutheran	53.52	3	
10	Stevens, Markus	Mt. Hood	53.71	2	
11	Berman, David	Lewis & Clark	54.41	3	
12	Sosa, Frank	Skagit Valley Co	55.34	2	
13	Wall, Brett	Mt. Hood	55.65	3	
14	Burgoyne, Taylor	Seattle Paci	56.29	2	
15	Engen, Alex	Skagit Valley Co	56.51	3	
16	Lawrence, Justin	Everett CC	1:02.66	4	
--	McKiever, Marquis	Central	DNF	1	

Men 800 Meter Run

=====

Stadium: # 1:50.6h 4/20/1991 Ted Hamlin, SPU
 Meet: * 1:50.6h 4/20/1991 Ted Hamlin, SPU
 AUTO II: 1:50.00
 AUTO III: 1:51.30
 PROVO II: 1:53.00
 PROVO III: 1:53.20
 NWC: 2:00.16

Name	Year School	Finals	Points
1	Ramirez, Douglas	Pac elite	1:55.76 10
2	Camron, Will	Unattached	X1:57.14
3	Cronkhite, Corey	Central	1:59.58 7
3	Bedell, Sam	WWU	1:59.58 7
5	Sleight, Nathanael	Seattle Paci	2:00.37 5
6	Andrascik, Sean	Pacific Lutheran	2:00.91 4
7	Phillips, John	Pacific Lutheran	2:01.26 3
8	Trowbridge, Seth	Everett CC	2:01.68 2
9	Santos, Matt	WWU	2:02.18 1
10	Ishenin, Slavic	Mt. Hood	2:02.31
11	Nakano, Cam	JR Puget Sound	2:02.49
12	Cheslik, Josiah	Everett CC	2:02.58
13	Bras, Orion	Pacific Lutheran	2:03.00
14	Snowden, Robert	FR Puget Sound	2:03.53
15	Wahlenmaier, Jacob	Everett CC	2:03.78
16	McDuff, Daniel	Lewis & Clark	2:04.31
17	Spencer, David	WWU	2:04.37
18	Hunt, Spencer	St. Martin's	2:05.14
19	Wall, Casey	FR Puget Sound	2:06.30
20	Sosa, Frank	Skagit Valley Co	2:06.60
21	Elias, Mitch	Everett CC	2:07.02
22	Fitzer, Fritz	Lewis & Clark	2:09.38
23	Caffrey, Noah	St. Martin's	2:10.07
24	Johnson, Keith	Unattached	X2:11.29
25	Warren, Andy	Everett CC	2:11.93
26	Randles, Andy	Unattached	X2:12.37
27	Duchaine, Brian	Unattached	X2:13.67
28	Horde, Nick	Skagit Valley Co	2:21.15

Men 1500 Meter Run

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Stadium: # 3:52.1h 4/23/1988 Todd Beamy, HCC
 Meet: * 3:52.1h 4/23/1988 Todd Beamy, Highline CC
 AUTO II: 3:47.00
 AUTO III: 3:50.60
 PROVO II: 3:54.00

PROVO III: 3:55.80
 NWC: 4:08.51

Name	Year School	Finals	Points
1 Bedell, Sam	WWU	4:05.63	10
2 Brill, Eric	WWU	4:08.69	8
3 Abraham, Nick	WWU	4:09.51	6
4 Hunt, Spencer	St. Martin's	4:09.66	5
5 Kubitz, Greg	WWU	4:10.61	4
6 Ishenin, Slavic	Mt. Hood	4:12.30	3
7 Butler, Cam	JR Puget Sound	4:13.51	2
8 Wall, Casey	FR Puget Sound	4:15.70	1
9 Johnson, Tom	Central	4:19.60	
10 Sosa, Frank	Skagit Valley Co	4:21.06	
11 Caffrey, Noah	St. Martin's	4:22.45	
12 Brown, Jake	WWU	4:25.15	
13 Barnes, Clayton	Unattached	X4:32.33	
14 Fitzer, Fritz	Lewis & Clark	4:34.83	
15 Small, Zach	FR Puget Sound	4:38.10	
16 Horde, Nick	Skagit Valley Co	4:46.19	
17 Pedey, Brian	Pacific Lutheran	4:48.74	
18 Barr, Clinton	St. Martin's	4:57.57	
19 Talmadge, Patrick	St. Martin's	5:19.40	

Men 5000 Meter Run

Stadium: # 14:11.8h 5/18/1974 Jim Johnson, CNW
 Meet: * 14:34.45 4/10/2004 Eric Tolefson, Unattached
 AUTO II: 14:10.00
 AUTO III: 14:28.00
 PROVO II: 14:50.00
 PROVO III: 14:48.00
 NWC: 15:48.32

Name	Year School	Finals	Points
1 Duquette, Corey	Navy/Brookd	14:57.61	10
2 Price, Josiah	St. Martin's	15:08.85	8
3 Fraser, Ian	Unattached	X15:28.87	
4 Nilsen, Tyler	Everett CC	15:38.81	6
5 Bonica, Andrew	JR Puget Sound	15:38.82	5
6 LeDonne, Richie	Lewis & Clark	15:54.05	4
7 Roberts, John	Lewis & Clark	15:54.06	3
8 Carman, Jeff	Lewis & Clark	15:55.42	2
9 Johnson, Kyle	WWU	15:58.54	1
10 Jenkins, Cory	Pac elite	16:01.97	
11 Hamilton, Daniel	Seattle Paci	16:03.23	
12 Jakobsen, Casper	WWU	16:03.38	
13 Meis, Chad	Seattle Paci	16:03.82	
14 Lance, Jordan	Seattle Paci	16:28.11	
15 Harvey, Nick	St. Martin's	16:32.74	
16 Wahlenmaier, Jacob	Everett CC	16:44.30	
17 Wagner, Andy	Everett CC	16:50.03	
18 Mellenberger, Daniel	Everett CC	18:03.12	
19 Horn, TJ	Everett CC	18:24.11	

Men 110 Meter Hurdles

Stadium: # 14.1h 6/3/1967 Bill Roe, UW
 Meet: * 14.4h 4/20/1991 Keith Baker, CWU
 AUTO II: 14.15

AUTO III: 14.42
 PROVO II: 14.75
 PROVO III: 14.95
 NWC: 17.14

Name	Year	School	Finals	Wind	H#	Points
1 Wargo, Ben		WWU	15.80	-2.1	1	10
2 Gray, Andrew		WWU	16.20	-2.1	1	8
3 Howelton, Brian		Mt. Hood	16.29	1.5	2	6
4 Davies, Colby		Pacific Lutheran	16.52	-2.1	1	5
5 Harris, Darnell		Central	16.58	-2.1	1	4
6 Myhre, Kevin		WWU	16.76	-2.1	1	3
7 Williams, Kyle		Central	16.89	-2.1	1	2
8 Wilton, Eric		Lewis & Clark	18.29	1.5	2	1
9 Alexander, Colin		Pacific Lutheran	20.04	1.5	2	

Men 400 Meter Hurdles

Stadium: # 53.11 4/20/1991 Goreal Hudson, CWU
 Meet: * 53.11 4/16/1994 Goreal Hudson, CSU
 AUTO II: 51.65
 AUTO III: 52.70
 PROVO II: 53.30
 PROVO III: 54.50
 NWC: 1:01.70

Name	Year	School	Finals	H#	Points
1 Villanueva, Phillip		WWU	55.23	1	10
2 Myhre, Kevin		WWU	55.38	1	8
3 Wargo, Ben		WWU	56.92	1	6
4 Howelton, Brian		Mt. Hood	1:00.15	1	5
5 Harris, Darnell		Central	1:01.05	1	4
6 Hibbard, Dan		Pacific Lutheran	1:02.07	2	3
7 Demouchet, Christian		Central	1:02.70	1	2
8 Berman, David		Lewis & Clark	1:03.44	2	1
9 Wilton, Eric		Lewis & Clark	1:07.43	2	

Men 3000 Meter Steeplechase

Stadium: # 9:01.0h 4/18/1998 Eric Tollefson, Unattached
 Meet: * 9:01.0h 4/18/1998 Eric Tollefson, Unattached
 AUTO II: 9:09.00
 AUTO III: 9:07.34
 PROVO II: 9:24.00
 PROVO III: 9:23.00
 NWC: 10:40.39

Name	Year	School	Finals	Points
1 Berhe, Yonas		WWU	9:58.1h	10
2 Elias, Mitch		Everett CC	10:06.9h	8
3 Friesen, Daniel		Seattle Paci	10:12.4h	6
4 Romey, Matt		Mt. Hood	10:34.4h	5
5 Gongora, Gilmer		Mt. Hood	10:35.4h	4
6 Hamilton, Andrew		Seattle Paci	10:35.9h	3
7 Kratzer, Josh		Central	10:52.3h	2
8 Martin, Alex		Pacific Lutheran	10:58.1h	1
9 Martin, Austin		Pacific Lutheran	11:15.2h	

Men 4x100 Meter Relay

Stadium: # 41.40 4/17/1993 , Western Oregon State
 Meet: * 41.40 4/17/1993 , Western Oregon College
 AUTO II: 40.25
 AUTO III: 41.10
 PROVO II: 41.15
 PROVO III: 42.00

School	Finals	Points
1 University Puget Sound 'A'	43.97	10
2 Western Washington Univer 'A'	44.38	8
-- Pacific Lutheran Univ. 'A'	DQ	
-- Mt. Hood Community College 'A'	DQ	

Men 4x400 Meter Relay

Stadium: # 3:16.67 4/18/1992 , Central Washington Unive
 Meet: * 3:16.67 4/18/1992 , Central Washington Unive
 AUTO II: 3:11.00
 AUTO III: 3:13.00
 PROVO II: 3:13.30
 PROVO III: 3:17.00

School	Finals	H#	Points
1 Pacific Lutheran Univ. 'A'	3:24.07	1	10
2 Western Washington Univer 'A'	3:24.52	1	8
3 Mt. Hood Community College 'A'	3:27.55	1	6
4 Western Washington Univer 'B'	x3:27.94	2	
5 Mt. Hood Community College 'B'	x3:35.23	1	
6 Central Washington Univ. 'A'	3:36.74	1	5
7 Western Washington Univer 'C'	x3:39.35	2	
8 Everett CC 'A'	3:39.62	2	4
9 University Puget Sound 'A'	3:39.68	1	3
10 Western Washington Univer 'D'	x3:46.20	2	
11 University Puget Sound 'B'	x3:52.32	2	

Men High Jump

Stadium: # 2.10m 4/10/2004 Jeff Skiba, Unattached
 Meet: * 2.10m 4/10/2004 Jeff Skiba, Linfield
 AUTO II: 2.12m
 AUTO III: 2.11m
 PROVO II: 2.08m
 PROVO III: 2.01m
 NWC: 1.80m

Name	Year School	Finals	Points
1 Bailey, Cameron	Central	1.97m	6-05.50 10
2 Richardson, Bill	St. Martin's	1.92m	6-03.50 8
3 Faust, Tyler	Pacific Lutheran	1.87m	6-01.50 6
4 Wagner, Nathan	Seattle Paci	1.82m	5-11.50 5
5 Wilton, Eric	Lewis & Clark	1.72m	5-07.75 4
6 Adams, Nolan	Pacific Lutheran	1.67m	5-05.75 2.50
6 Howelton, Brian	Mt. Hood	1.67m	5-05.75 2.50
8 Alexander, Colin	Pacific Lutheran	1.62m	5-03.75 0.50
8 Speetjens, Frank	JR Puget Sound	1.62m	5-03.75 0.50
-- Pedey, Brian	Pacific Lutheran	NH	

Men Pole Vault

Stadium: # 5.03m 4/18/1992 Curt Heywood, Linfield

Meet: * 5.03m 4/18/1992 Curt Heywood, Linfield
 AUTO II: 5.05m
 AUTO III: 5.04m
 PROVO II: 4.80m
 PROVO III: 4.70m
 NWC: 3.94m

Name	Year	School	Finals	Points
1 McCoy, Scott		Club Northwe	X4.75m	15-07.00
2 Winters, Josh		WWU	4.30m	14-01.25 10
3 Holt, Chester		Pacific Lutheran	4.15m	13-07.25 8
4 Woodard, Hayden		WWU	J4.15m	13-07.25 6
5 Cronenwett, Nick	SR	Puget Sound	4.00m	13-01.50 5
6 Hoza, Nic		WWU	J4.00m	13-01.50 4
7 Lloyd, Will		WWU	3.85m	12-07.50 3
8 Millson, Michael		WWU	J3.85m	12-07.50 2
9 Chavez, Ismael		WWU	J3.85m	12-07.50 1
10 Schulz, Andy	FR	Puget Sound	3.55m	11-07.75
-- Vaughn, KC		Mt. Hood	NH	
-- Brown, Ryan		WWU	NH	

Men Long Jump

Stadium: # 7.30m 4/22/1995 Rob Rising, CWU
 Meet: * 7.30m 4/22/1995 Rob Rising, CWU
 AUTO II: 7.50m
 AUTO III: 7.30m
 PROVO II: 7.21m
 PROVO III: 6.96m
 NWC: 6.28m

Name	Year	School	Finals	Wind	Points
1 Felt, Justin		Seattle Paci	6.74m	-1.0	22-01.50 10
2 Williams, Kyle		Central	6.52m	-1.2	21-04.75 8
3 Gruger, Shane		WWU	6.31m	-2.2	20-08.50 6
4 DiMario, Alec	FR	Puget Sound	6.27m	-0.3	20-07.00 5
5 Mann, Trystan		Central	6.16m	-2.0	20-02.50 4
6 Orji, Lionel		Central	5.94m	-2.2	19-06.00 3
7 Schmidt, Karl		Seattle Paci	5.59m	-2.8	18-04.25 2
8 Howelton, Brian		Mt. Hood	J5.59m	-2.7	18-04.25 1
9 Speetjens, Frank	JR	Puget Sound	5.43m	-2.0	17-09.75
10 Wagner, Nathan		Seattle Paci	5.40m	-1.7	17-08.75
11 Satterwhite, Tim		WWU	5.38m	-1.1	17-08.00
12 Frischman, Beau		Mt. Hood	5.14m	-0.3	16-10.50
13 Wallace, Jeremy		Mt. Hood	5.06m	-1.7	16-07.25
-- Davies, Colby		Pacific Lutheran	ND	NWI	

Men Triple Jump

Stadium: # 50-05 4/17/1993 James McCann, WOC
 Meet: * 50-05 4/17/1993 James McCann, WOC
 AUTO II: 15.30m
 AUTO III: 14.80m
 PROVO II: 14.55m
 PROVO III: 14.00m
 NWC: 12.17m

Name	Year	School	Finals	Wind	Points
1 Bailey, Cameron		Central	13.20m	-1.1	43-03.75 10
2 Satterwhite, Tim		WWU	13.03m	+0.0	42-09.00 8

3	Howelton, Brian	Mt. Hood	13.01m	-0.8	42-08.25	6
4	Moog, Isaac	Pacific Lutheran	12.88m	-0.5	42-03.25	5
5	DiMario, Alec	FR Puget Sound	12.35m	+0.0	40-06.25	4
--	Schmidt, Karl	Seattle Paci	ND	NWI		

Men Shot Put

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 Stadium: # 57-04 6/3/1967 John Allamano, UW
 Meet: * 16.94m 4/22/1995 Scott Easley, WWU
 AUTO II: 16.90m
 AUTO III: 17.25m
 PROVO II: 16.00m
 PROVO III: 15.55m
 NWC: 12.68m

Name	Year School	Finals	Points
1 Fischer, Tyler	Central	15.03m 49-03.75	10
2 Kayhan, Dincer	WWU	14.78m 48-06.00	8
3 Middleton, AJ	SR Puget Sound	14.50m 47-07.00	6
4 Cunningham, Donovan	WWU	13.96m 45-09.75	5
5 Velasquez, JR	Mt. Hood	13.90m 45-07.25	4
6 Varkevisser, Brandon	WWU	13.66m 44-09.75	3
7 Elder, Ben	WWU	13.58m 44-06.75	2
8 Swanson, Victor	Pacific Lutheran	13.25m 43-05.75	1
9 McNeill, Conor	Pacific Lutheran	12.93m 42-05.25	
10 Nielsen, Jeff	Pacific Lutheran	12.53m 41-01.50	
11 Ramirez, Daniel	Central	12.44m 40-09.75	
12 Larson, Neil	Central	11.87m 38-11.50	
13 Skogsberg, Nik	WWU	11.76m 38-07.00	
14 Smith, Curtis	Lewis & Clark	11.61m 38-01.25	
15 Clark, Cody	Pacific Lutheran	11.58m 38-00.00	
16 Ford, Mycal	Pacific Lutheran	11.17m 36-07.75	
17 Reece, Will	Mt. Hood	11.15m 36-07.00	
18 Orji, Lionel	Central	10.97m 36-00.00	
19 Smith, Grant	Lewis & Clark	10.86m 35-07.75	
20 Anselmi, Nigel	Pacific Lutheran	10.75m 35-03.25	
21 Nichols, Tyler	WWU	10.74m 35-03.00	
22 Weber, Adrian	Mt. Hood	10.72m 35-02.00	
23 Derwin, Jace	Seattle Paci	10.27m 33-08.50	
24 Ostler, Mychal	Central	10.19m 33-05.25	
25 Volk, Tim	Seattle Paci	10.09m 33-01.25	
26 McNutt, Brett	Mt. Hood	9.81m 32-02.25	
27 Foster, Stephen	WWU	9.80m 32-02.00	
28 Speetjens, Frank	JR Puget Sound	9.10m 29-10.25	

Men Discus Throw

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 Stadium: # 52.84m 6/4/1966 Al Pemberton, UW
 Meet: * 50.44m 4/17/1999 Tony Hoiby, CWU
 AUTO II: 53.00m
 AUTO III: 52.50m
 PROVO II: 49.08m
 PROVO III: 47.50m
 NWC: 39.77m

Name	Year School	Finals	Points
1 Fischer, Tyler	Central	49.15m 161-03	10
2 Elder, Ben	WWU	47.64m 156-03	8
3 Ford, Mycal	Pacific Lutheran	46.86m 153-09	6
4 Cunningham, Donovan	WWU	45.44m 149-01	5

5	Washington, Sam	St. Martin's	42.31m	138-10	4
6	Ramirez, Daniel	Central	41.22m	135-03	3
7	Anselmi, Nigel	Pacific Lutheran	40.50m	132-10	2
8	Ostler, Mychal	Central	39.87m	130-10	1
9	Velasquez, JR	Mt. Hood	38.77m	127-02	
10	Bailey, Greg	SR Puget Sound	37.36m	122-07	
11	Michaelson, Bryant	WWU	37.28m	122-04	
12	Weber, Adrian	Mt. Hood	37.01m	121-05	
13	Foster, Stephen	WWU	34.58m	113-05	
14	Swanson, Victor	Pacific Lutheran	33.65m	110-05	
15	Ramos, Joel	Pacific Lutheran	33.42m	109-08	
16	Kayhan, Dincer	WWU	33.15m	108-09	
17	Larson, Neil	Central	31.93m	104-09	
18	Smith, Grant	Lewis & Clark	30.40m	99-09	
19	Nichols, Tyler	WWU	29.08m	95-05	
20	Volk, Tim	Seattle Paci	28.37m	93-01	
21	Derwin, Jace	Seattle Paci	28.05m	92-00	
22	Smith, Curtis	Lewis & Clark	27.64m	90-08	
23	Adams, Nolan	Pacific Lutheran	26.99m	88-06	

Men Hammer Throw

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Stadium: # 64.86m 4/23/1988 Neil Kneip, Unattached
 Meet: * 64.84m 4/23/1988 Neil Kneip, Unattached
 AUTO II: 59.00m
 AUTO III: 57.60m
 PROVO II: 52.42m
 PROVO III: 51.46m
 NWC: 39.88m

Name	Year	School	Finals	Points
1	Fischer, Tyler	Central	54.55m	179-00 10
	48.80m 51.58m 50.74m 51.12m 51.75m 54.55m			
2	McNeill, Conor	Pacific Lutheran	51.33m	168-05 8
	51.33m 49.78m 49.96m 50.50m FOUL 48.68m			
3	Bailey, Greg	SR Puget Sound	50.65m	166-02 6
	FOUL 47.49m 50.65m 49.01m FOUL 48.77m			
4	Hoffman, Michael	Unattached	49.86m	163-07
	FOUL 49.86m FOUL 47.51m 47.88m FOUL			
5	Middleton, AJ	SR Puget Sound	47.85m	157-00 5
	FOUL 46.23m FOUL 47.85m FOUL FOUL			
6	Washington, Sam	St. Martin's	46.45m	152-05 4
	43.37m 46.31m 45.64m 46.45m FOUL FOUL			
7	Ostler, Mychal	Central	46.27m	151-10 3
	46.00m FOUL FOUL FOUL FOUL 46.27m			
8	Elder, Ben	WWU	44.14m	144-10 2
	44.14m FOUL 42.22m 43.80m 42.46m FOUL			
9	Anselmi, Nigel	Pacific Lutheran	42.07m	138-00 1
	35.45m 39.20m 42.07m			
10	Nielsen, Jeff	Pacific Lutheran	41.69m	136-09
	41.69m FOUL FOUL			
11	Price, Brian	Pacific Lutheran	39.84m	130-08
	38.93m 39.84m FOUL			
12	Ramos, Joel	Pacific Lutheran	38.88m	127-07
	38.88m FOUL FOUL			
13	Berkedal, Bjorn	Pacific Lutheran	37.46m	122-11
	FOUL 37.46m FOUL			
14	Ramirez, Daniel	Central	35.49m	116-05
	FOUL 35.49m FOUL			
15	Michaelson, Bryant	WWU	33.77m	110-09

	31.80m	32.03m	33.77m			
16	Larson, Neil			Central	32.47m	106-06
	32.47m	FOUL	FOUL			
17	Nichols, Tyler			WWU	32.20m	105-08
	32.20m	FOUL	FOUL			
18	Clark, Cody			Pacific Lutheran	25.16m	82-06
	FOUL	25.16m	FOUL			

Men Javelin Throw

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Stadium: #	64.32m	4/18/1992	Ken Weinberg, Linfield		
Meet: *	64.32m	4/18/1992	Ken Weinberg, Linfield		
AUTO II:	63.50m				
AUTO III:	62.50m				
PROVO II:	58.84m				
PROVO III:	57.30m				
NWC:	51.17m				

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Name	Year	School	Finals	Points
1 Brewer, Justin		Unattached	X60.43m	198-03
2 Lucke, Kenton		Central	54.40m	178-06 10
3 Robinson, Kyle		Mt. Hood	53.89m	176-10 8
4 Wilhelmy, Steven		WWU	52.76m	173-01 6
5 Kinderman, Jacob		St. Martin's	49.54m	162-06 5
6 Dekock, Ben		WWU	48.78m	160-00 4
7 Lloyd, Will		WWU	46.33m	152-00 3
7 McCormick, Patrick		Unattached	X46.33m	152-00
9 Vaughn, KC		Mt. Hood	45.22m	148-04 2
10 Speetjens, Frank	JR	Puget Sound	45.04m	147-09 1
11 Price, Brian		Pacific Lutheran	44.65m	146-06
12 Beck, Kyle		Pacific Lutheran	44.56m	146-02
13 Valentine, Bob		WWU	43.80m	143-08
14 Hudson, Kevin		St. Martin's	43.48m	142-08
15 Weber, Adrian		Mt. Hood	42.77m	140-04
16 Loquvam, Jacob		St. Martin's	42.47m	139-04
17 Smith, Grant		Lewis & Clark	38.46m	126-02
18 Berkedal, Bjorn		Pacific Lutheran	37.41m	122-09