

2009 NWAACC Multi Championships - 4/27/2009 to 4/28/2009**Heptathlon & Decathlon Championships****Mt. Hood Community College****Results - Heptathlon****Women Heptathlon**

	Points	100H	HJ	SP	200	Day1	LJ	JT	800
1 Sims, Crystal Mt. Hood Community	2696	(755)	(655)	(486)	(800)	2696	(0)	(0)	(0)
2 Holton, Brooklyn Clark College	2594	(754)	(655)	(497)	(688)	2594	(0)	(0)	(0)
3 Sims, Catherine Mt. Hood Community	2521	(738)	(491)	(436)	(856)	2521	(0)	(0)	(0)
4 Cook, Taylor Community Colleges	2323	(649)	(491)	(475)	(708)	2323	(0)	(0)	(0)
5 Nogle, Bailey Clackamas Community	2035	(417)	(621)	(415)	(582)	2035	(0)	(0)	(0)
6 Pitts, Stephany Mt. Hood Community	2034	(414)	(655)	(346)	(619)	2034	(0)	(0)	(0)
7 Chong, Dianne Southwestern Oregon	2017	(527)	(523)	(380)	(587)	2017	(0)	(0)	(0)
8 Runkel, Callie Community Colleges	1933	(506)	(523)	(376)	(528)	1933	(0)	(0)	(0)
9 Heckerorth, Courtney Clackamas Community	1906	(464)	(399)	(510)	(533)	1906	(0)	(0)	(0)
10 Hayward, Annie Lane Community Coll	1745	(243)	(429)	(415)	(658)	1745	(0)	(0)	(0)
11 Salyer, Angelyn Lane Community Coll	1665	(334)	(399)	(333)	(599)	1665	(0)	(0)	(0)

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	Points	100H	HJ	SP	200	Day1	LJ	JT	800
1 Sims, Crystal Mt. Hood Community Team Points: 10	4305	15.67 (755)	1.53m (655)	9.34m (486)	25.97 (800)	2696	5.10m (587)	20.17m (292)	2:27.08 (730)
2 Cook, Taylor C C of Spokane Team Points: 8	4123	16.54 (649)	1.38m (491)	9.17m (475)	27.04 (708)	2323	4.94m (543)	34.37m (560)	2:29.68 (697)
3 Sims, Catherine Mt. Hood Community Team Points: 6	4033	15.81 (738)	1.38m (491)	8.56m (436)	25.34 (856)	2521	4.98m (554)	16.42m (223)	2:26.68 (735)
4 Holton, Brooklyn Clark College Team Points: 5	3789	15.68 (754)	1.53m (655)	9.51m (497)	27.29 (688)	2594	4.58m (448)	18.96m (270)	2:48.67 (477)
5 Chong, Dianne Southwestern Oregon Team Points: 4	3376	17.63 (527)	1.41m (523)	7.70m (380)	28.56 (587)	2017	4.85m (519)	26.10m (403)	2:52.57 (437)
6 Nogle, Bailey Clackamas Community Team Points: 3	3364	18.72 (417)	1.50m (621)	8.24m (415)	28.63 (582)	2035	4.27m (371)	28.66m (451)	2:45.87 (507)
7 Runkel, Callie C C of Spokane Team Points: 2	3284	17.83 (506)	1.41m (523)	7.64m (376)	29.35 (528)	1933	4.80m (506)	21.19m (311)	2:43.41 (534)
8 Pitts, Stephany Mt. Hood Community Team Points: 0.5	3239	18.75 (414)	1.53m (655)	7.17m (346)	28.15 (619)	2034	4.47m (421)	17.64m (245)	2:42.95 (539)
8 Heckerorth, Courtney Clackamas Community Team Points: 0.5	3239	18.24 (464)	1.29m (399)	9.70m (510)	29.29 (533)	1906	4.69m (477)	25.79m (397)	2:50.44 (459)
10 Salyer, Angelyn Lane Community Coll	3125	19.63 (334)	1.29m (399)	6.97m (333)	28.41 (599)	1665	3.67m (235)	28.96m (457)	2:24.16 (768)
11 Hayward, Annie Lane Community Coll	3087	20.75 (243)	1.32m (429)	8.24m (415)	27.66 (658)	1745	4.19m (352)	19.83m (286)	2:29.13 (704)